Principal’s Message

Technology Usage Expectations at Woodside Middle School

A recent report titled “Kids and Tech: The Evolution of Today’s Digital Natives” suggests the average age a child receives their first Smartphone is age 10.3. This number is supported with my own antidotal data collected at Woodside. It seems more than 75% of students bring some sort of device for various purposes each day. These figures may be pleasing or unsettling depending on which research you read on technology usage in school.

For me, I would like to take this opportunity to revisit how Woodside is teaching students to be 21st century consumers of technology, technology usage expectations, and how students can utilize the technology they have at their fingertips for academic purposes.

Digital technology usage has become part of our daily lives. It seems everyone has a means and desires right now information. As a school, we want to teach students how they can utilize technology to improve their lives by becoming efficient consumers of their devices. Some research indicates schools should imbed technology into their standard school day so students can create, collaborate, communicate, and become critical thinkers.

Over the last few years, the School Board has supported the goal of technology usage in the school by implementing 1:1 computer efforts in all three buildings in the Saydel Community School District. Woodside received new Chromebook computers at the beginning of the 2015-16 school year. The increase usage of computers in our teacher’s daily instruction is being observed. A recent evaluation of Woodside classrooms suggests students are using the computers more than we have in the past. The 1:1 computer initiative is allowing our teachers and students an avenue to becoming 21st century creators, collaborators, communicators, and critical thinkers.

With each Woodside student having a computer at school, cell phone usage for educational purposes is becoming more obsolete. There are times when cell phones can be a resource for students, but in my experience they are becoming more of a distraction to the education experience and commonly used as a form of entertainment. The expectation for Woodside students is cell phones will not be used from 7:45 AM to 2:45 PM unless a teacher gives consent. Students are also allowed to use cell phones during their lunch hour. If a student brings a cell phone to school, it is recommended that the cell phone be secured in the student’s locker to ensure proper security.

Principal Joshua Heyer

School Hours

WOODSIDE MIDDLE SCHOOL
7:45 AM - 2:45 PM
Wed.: 8:45 AM - 2:45 PM
NOTE: Each Wednesday school begins one hour later for teacher in-service.

MISSION: Serving the Unique Learning Needs of Each & Every Student

Upcoming Events

Woodside Middle School
FEBRUARY 27, 2017
Honor Choir at DC Grimes HS, 7:00 PM
FEBRUARY 28, 2017
Solo Contest at Woodside, 4:00 PM
MARCH 2, 2017
K-12 Art Show at Ankeny Art Center, 5:00 PM - 7:00 PM
MARCH 2 & 7, 2017
Parent Teacher Conferences, 4:00 PM - 8:00 PM
MARCH 9, 2017
PTO Meeting in Woodside Library, 6:30 PM
MARCH 10-17, 2017
Spring Break; NO SCHOOL
MARCH 20, 2017
• School Resumes
• School Board Meeting at Saydel District Office, 6:00 PM
• Middle School Track Begins
MARCH 22, 2017
End of 3rd Quarter

SAYDEL COMMUNITY SCHOOL DISTRICT
Woodside Middle School
Big City Opportunities, Small Town Commitment for Students
February 2017 Newsletter

Continued on page 2...
Principal’s Letter continued from page 1...

In closing, I want to emphasize the importance technology has in educating the students at Woodside. Technology is not going away! We want to make sure we are preparing each student for their tomorrow.

To reach this goal we want all students to be efficient and tech-savvy consumers of the resources they have and prepare them to be 21st century creators, collaborators, communicators, and critical thinkers.

By “disconnecting” from cell phone usage during school hours, students can have the opportunity to “connect” to the learning experiences being provided at Woodside each day.

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Life Skills Update

By Colleen Babcock, Vocal Music Instructor

The seventh graders have been covering different aspects of 21st century skills, including financial literacy, health, and service learning. Two of the classes put together service learning projects and used our First Annual Craft and Vendor show as a funding vehicle to help support their efforts. Payton Ballard and Gabe Smith made a proposal to the Woodside PTO for a donation to kick off their fundraising efforts, which supported two causes: the Animal Rescue League and Situational Shelters. Each group had a table at the Craft Show, and students were there all day to promote their cause.

The ARL group chose “P.A.W.S - Pets As Woodside’s Service Project” as their slogan, and sold handmade pet toys and dog and cat treats (which the students stayed after school several nights and made by hand). The second group was “Change for a Change” and offered handmade craft items. Each booth also had a donation space. It was a successful endeavor with many positive learning outcomes!

In addition, we hosted an “Early Entrepreneurs” table, where students were able to vend items made by them, as beginning promoters of their interests. Jason Nuckolls and Ali Sandoval had artwork, Ziggy Olopwi had hand-decorated Saydel Cookies (they were delicious!) and Maci Lowe offered jar mixes. We are looking forward to the future of activities such as these to introduce different aspects of Life Skills.

Woodside Middle School....Back in 1925!

There is a rich history of approximately 100 years of learning at Woodside Middle School. A few years ago someone was cleaning out an attic nearby and found a photo of Woodside, the students, and staff from 1925. The photo is in rough shape, but Mr. Dennis managed to scan it and restore it digitally to some extent. He is preserving and reframing the original to hang in the building. The photo attached is from February 23, 1925. Mr. Dennis said, “Someday we will be the ones being looked back upon. The staff should be proud to work at Woodside and students should do their best to make each day count.”
**The Promise of Iowa Campaign**

Each year as the legislature comes into session and the topic of education funding arises, the media is flooded with information about our Iowa Public Schools. Iowa Schools serve over 480,000 young people in 333 school districts. The Iowa Association of School Boards launched The Promise of Iowa campaign to tell the story of Iowa’s public education system. In Saydel and across the state our students achieve at high levels under the supervision of caring staff. The Saydel School Board has signed on to support this effort to tell the true story of our schools and our children. You are encouraged to get involved by finding more information at www.promiseofiowa.org.

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**Nurse’s Notes:**

Dear Woodside Parents/Guardians:

The winter flu bug has been rearing its ugly head at Woodside. Please remind your student to wash with soap and water prior to eating or touching their face and to cough into their elbows to help prevent the spread of germs. Twenty five people in Iowa have died from influenza this winter.

**To Sixth Grade Parents:**

The Iowa Department of Public Health has made changes to the Iowa Immunization law for the start of the 2017/18 school year. This change requires that all students entering seventh grade have both a Meningococcal vaccine and a Tdap (Tetanus, Diphtheria, and Pertussis/whooping cough) booster before school starts this fall.

The Tdap requirement has been put in place since the 2013/14 school year and requires a booster dose of Tetanus, Diphtheria, and acellular Pertussis containing vaccine for students entering seventh grade. Pertussis (whooping cough) is a very contagious disease that causes violent coughing fits that make it hard to breathe.

Meningococcal disease is a life threatening illness that is caused by bacteria that infects the brain, blood, and spinal cord. It easily spreads in crowded settings. The vaccine will be required prior to both the seventh and twelfth grades.

All students entering seventh grade must have proof of having both the Meningococcal and the Tdap vaccines before school starts in August, unless the student has a Certificate of Immunization Exemption. If your student has a medical exemption-they will need a new 2017 exemption form filled out by their physician.

**There will be NO grace/extension period for the implementation of this requirement.** This means the paperwork needs turned prior to the first day of school.

Now is a great time for your child to receive these immunization requirements and beat the back-to-school rush by making an appointment for your incoming seventh grader.

If you have questions, please call either myself, Vonda Mosher RN at 515-265-3451 or Polk County Health Department at 515-286-3244. Thank you for your cooperation in this matter.

Vonda Mosher, RN
Woodside Middle School
515-265-3451

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**Saydel Booster Memberships**

Thanks to the following businesses and individuals who support the Saydel Athletic Boosters through membership.

**BUSINESS PLATINUM EAGLE**
- Chemorse
- Rising Star/All Iowa Stone & Gutter
- The Results Group, L.L.C.
- Iowa Demolition Inc.
- R Rogers Septic LLC
- Jason’s Lawn & Tree Care
- Goode Greenhouses
- Tesdell Electric

**BUSINESS GOLD EAGLE**
- Heartland Chiropractic & Wellness Ctr.
- Capital City Equipment Co.
- Iowa State Bank
- Affinity Credit Union

**BUSINESS GREEN EAGLE**
- Struthers Brothers Kawasaki-Suzuki, Inc.

**BUSINESS SILVER EAGLE**
- Walker Construction & Painting
- John Sandin Painting
- Decarlo Demolition Company
- Seth Wicks Construction
- Schneider Graphics
- Xtreme Liners of Central Iowa

**INDIVIDUAL GOLD EAGLE**
- Doug & Lisa Wheeler
- Kevin & Kelly Schulte
- Roland & Shari Kouski
- Randy & Joleen Stephenson
- Kevin Farnsley
- Doug & Susan Cline
- Rollie Madison
- Bret Hersom
- Ric Powell

**INDIVIDUAL SILVER EAGLE**
- Missy Burr
- Joshua & Denna Heyer
- Ruth Kouski

**INDIVIDUAL GREEN EAGLE**
- Roland & Shari Kouski
- Brian & Diba VanHouten

**INDIVIDUAL PLATINUM EAGLE**
- Corey Myers
- Scott Myers
- Kelly & Tana Sprague

**STAFF DUAL ATHLETIC & MUSIC MEMBERS**
- Jerry Young
- Penny Smith
- Cheri Tingley
- Caleb Hales
- Dia Fenton
- Melissa Sensor
- Kyle Luttenegger
- Julie Rolf
Students Learn The GIST Strategy

Seventh and eighth graders in Ms. Jungman’s room are working on the standard of Summarization. While exploring a new website containing current events, students are learning the GIST strategy. Seventh grade students pictured are Allie Herron, Claire Miller, Haley Salazar, Hailie Gumm, Dylan Hill, Jason Nuckolls, Jamison Boehler, and Caleb Hecker.

SUGGEST BOOKS FROM MOVIES!

If your child has seen a movie they enjoyed, suggest getting the book to read. They will find out more details about the characters and plot!

“What A Veteran Means To Me” VFW Essay Winners

The fifth grade classes at Woodside Middle School recently participated in an essay competition for the Veterans of Foreign Wars Auxiliary, District 5, Department of Iowa. Students wrote their essays on the topic of “What A Veteran Means To Me.”

Winners were announced recently during an assembly, where they were awarded cash prizes. All the essays were also entered into the District-wide competition. Lawson Langford won third place honors from the District and Hannah Rizzo won second place from the District.

Jones served in the Army for 10 years and after the assembly, the fifth grade students enjoyed shaking her hand and thanking her for her service.
The seventh grade literacy students are learning about survival in the wild. They recently read a short story by Jack London called *To Build a Fire* and will soon also read his novel called *The Call of the Wild*. Both are adventure and survival stories that take place around the time of the Klondike Gold Rush.

In math, students just finished Topic B, which includes understanding equations, solving equations, angle problems, solving inequalities, and graphing solutions to inequalities. Their next topic is geometry! Students will explore the most famous ratio of all, the area of a circle, and volume and surface area of three-dimensional shapes.

Global studies students are working on a unit about Asia and talking about the population of the countries in Asia, including the complications of China having over a billion people and Japan not having enough physical space for a growing population.

Students in science class are learning about water quality and how it affects its environment.

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**ACADEMIC UPDATE**

**By the Seventh Grade Team**

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**GOALS**

Set Goals!

With conferences coming up in March, talk with your child about their progress. Discuss one or two goals for your child to accomplish by then.

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**Youth Art**

*Please join us for the OPENING RECEPTION*  
**Thursday, March 2nd • 5-7PM**

Ankeny Art Center  
1520 Southwest Ordnance Rd.  
Ankeny, IA 50023

The show will be up for viewing until March 7th, 2015.  

**SAYDEL COMMUNITY SCHOOL DISTRICT'S K-12 ART SHOW**
Woodside Singers Have Been Busy Performers

By Colleen Babcock, Vocal Music Instructor

I am fortunate to have been blessed with an amazing group of young people in Vocal Music this year. Currently, 22 students are enrolled in sixth grade choir and 35 are participating in seventh and eighth grade choir. At the beginning of the second semester, we added a brand new class for fifth grade choir. We are excited to add to our existing choirs!

We began our performance season with several students being selected to attend the Central College Singfest Honor Choir in October. They were Jerrie Gering, Elena Gomez, Samantha Calkins, Courtney Goolsby and James Carolus. These students are pictured to the left.

Our seventh and eighth grade choir performed the National Anthem at the Iowa Wild hockey game on October 28. It was a great experience for our students.

Our Winter Concert saw the introduction of some choreography into the sixth grade choir, and many students were featured as soloists in the seventh and eighth grade choir.

Over 400 students were nominated for the South Central Iowa Choral Directors Honor Choir, and 300 were selected to perform in the ensemble, which will be held on February 27 at Dallas Center-Grimes. Students selected to participate are Ziggy Olopwi, Samantha Calkins, Rachel Barton, Claire Miller, Rachel Lile, Ashley Dobson, Ali Herron, Faith Krowpman, Alana Banner, Ben Kayser, Tommy Johnson, Jake Jennings, Chelsea Webb, Kendrik Baker, and James Carolus.

Our students will perform again on May 11 for the Woodside’s Spring Music Concert.

Woodside Drama Club Update

By Colleen Babcock, Vocal Music Instructor

Woodside students Ziggy Olopwi, James Carolus, Taylor Kouski, Payton Ballard, and Gabe Smith were able to participate in the Iowa Thespian Festival in November with the help of Cammy Newton. They traveled to the University of Northern Iowa and were able to go to theater workshops, see High School Mainstage performances of “Twelfth Night” and “Sweeney Todd,” and experience some of the best elements of Iowa High School Theater! We look forward to attending again next year.

Flex groups came to the Band Room to enjoy some pre-holiday drama performances before Winter Break.

- “Santa’s Diet” was performed by seventh graders Dorian Packard and Chloe Faux, sixth graders Katy Van Houten, Jaden Tennant, Lexi Wallis, Grace Cady and Amber Schippers, and fifth graders Liberty Chally, McKayla Wood, Hannah Rizzo, and Araya Sanders.
- “Leaping Kings” was presented by eighth grader James Carolus, seventh graders Ziggy Olopwi and our “star,” Gabe Smith, and fifth grader SaraBeth Calkins.
- “Deck the Halls” was performed by seventh grader Payton Ballard, sixth graders Naomi Doanetto and Lexi Wallis, and fifth grader Elijah Moore.
- “The Cookie Job” was presented by seventh graders Payton Ballard, Rachel Lile and Jake Jennings, sixth graders Maci Lowe, and Alyssa Neddermeyer, and fifth graders Liberty Chally, Ozias Butler, Linley Johnson, and Elijah Moore.
- “The Tree Monologue” was performed by seventh grader Taylor Kouski and sixth grader Kyrah Strickler.

Our next big Drama Adventure will be the performance of our Spring Musical, entitled “Thwacked,” which will be held at Saydel High School on April 21 & 22.
Woodside Middle School 8th grade U.S. history and civics students, under the direction of Douglas Cline, recently held their 4th Annual History Day for theSaydel Community School District. Students created some amazing displays ranging from Rosa Parks to Abraham Lincoln. This year’s theme was “Taking a Stand in History.” Twelve students were chosen to move on to district competition, which will take place at Grandview University on Saturday, April 8.

The National History Day program drives students to engage in important literacy skills and encourages them in the use and understanding of museum and library resources as they develop annotative bibliographies and creative exhibits.

The program challenges students to expand their thinking and apply knowledge of local events to the national or even worldwide scene. It also teaches them to become technologically literate through the use of computer and Internet research methods, and the use of technologically advanced applications in their presentations.

Through NHD, students learn the writing, analytical understanding, and reading comprehension skills that will make them a success in the 21st Century, no matter what their career.

Pictured front row, from left: Douglas Cline, Dayanara Hernandez, Emily Lowe, Ben Kayser, Cole Jaschke. Pictured back row from left: Emily Riley, Jerrie Gering, Elena Gomez, Gentry Jacobs, Lia Iverson, Justin Scott, Kassidy Thurman. (not pictured, Alexis Johnson).

**Individual Winners**
Deborah Sampson by Emily Lowe
Edith Cavell by Kassidy Thurman
Amelia Earhart by Justin Scott
Franklin Kameny by Alexis Johnson

**Group Winners**
Lilly Ledbetter by Jerrie Gerring & Elena Gomez
RSPCA WWI Horses by Ben Kayser & Cole Jaschke
Kwame Nkrumah by Emily Riley & Dayanara Hernandez
Hughie Lee-Smith by Gentry Jacobs & Lia Iverson

**The following exhibits all received honorable mention:**
The Holocaust: Hatred Against Difference by Katelyn Comer
Thomas Andrews: The Sinking of the RMS Titanic by Kaleb Jaschke
Sophie Scholl: The White Rose Project by Paige Pinegar
Abraham Lincoln’s Last Days by Chase Stone
Rosalind Franklin by Jaedyn Gill
Robin Williams by Jenna Boozell
Lorenz Hackenholt by Taylor Clark & Olivia McClure
The Anti-Stand by Courtney Goolsby & Brooklyn Ruby
Susan B. Anthony by Mallory Vandersluis & Kandice Sotter
Sitting to Take a Stand: by Rosa Parks Deleany Shinn & Kendal Hemry
Martin Luther King, Jr. by Jarrett Vitiritto & William Bown
Woodside Middle School Introduces 1st Annual Dodgeball and Talon Challenge Intramurals

Woodside Middle School used the 1305 Grant awards to promote nutrition education activities and physical fitness activities. The Wellness Team and the PE teacher collaborated activities to promote Physical Activity outside of school. Woodside MS offered its one-of-a-kind intramurals for two weeks: Dodgeball and Obstacle Course Challenge.

Congratulations to the Dodgeball and Talon challenge winners

Colton Edwards, Dominic Edwards, Madison Rogers, Trever Lewellin, Willie LeClair

Deric VanHouten, Dakota Sprague, Isacc McClure, Kevin Martin, Jaden Cardova

Caleb Hecker, Payton Ballar, Blayne Agan

Landon Leach, Jarrett Vitiritto, Brett Reese, Nicholas Aagesen, JD Elefson

This project was made possible by a 1305 CDC Sub-Grant Award sponsored by the Iowa Department of Public Health and the Iowa Department of Education.

Foodservice Office:
Visit www.saydel.k12.ia.us for menus and more information
Email: sadlerjessy@saydel.net
Phone: 515.264.0866
Fax: 515.264.0869
Follow us on Twitter: @saydeldining

Build a Healthy Lunch

- Fruits
- Vegetables
- Grains
- Fluid Milk
- Most of Your Meals
<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Celebrate Heart Health</td>
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<tr>
<td>Tuesday</td>
<td>Yoga Zoo Animals</td>
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<tr>
<td>Wednesday</td>
<td>Visit every window in your home, and when you get there try to jump over it as you sing your favorite song.</td>
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<tr>
<td>Thursday</td>
<td>Visit every doorway in your home, and when you get there try to do a movement that you think would be more difficult for you to do.</td>
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<tr>
<td>Friday</td>
<td>Visit every window in your home, and when you get there try to jump over it as you sing your favorite song.</td>
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<tr>
<td>Saturday</td>
<td>Visit every window in your home, and when you get there try to jump over it as you sing your favorite song.</td>
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**ACTIVITY CALENDAR**

**February**

**Get Moving Today!**

**Start today with jumping jacks.** Is your heart healthy? Do this three times. Feel your heart when the song is over. Now lay down and feel your heart again. Turn on some music and dance. Make your heart happy! Do this three times. Feel your heart when the song is over. Now lay down and feel your heart again.

**Time for a winter rock party.** Turn on the music and have fun, and run in place and feel your heart. What happened? Play catch with someone with a rolled up paper towel and throw it back and forth to each other.

**Make your heart healthy and happy today!** Give away five hugs to make your heart healthy and happy today! Make your heart healthy and happy today! Make your heart healthy and happy today! Make your heart healthy and happy today! Make your heart healthy and happy today!

**Fall in love with a new movement.** Turn on some music and dance. Make your heart happy! Do this three times. Feel your heart when the song is over. Now lay down and feel your heart again.

**Move like things around the house.** Move like things around the house. Move like things around the house.

**Act out the foods that make your heart healthy.** Act out the foods that make your heart healthy. Act out the foods that make your heart healthy.

**Read a book with someone and act out the story.** Read a book with someone and act out the story. Read a book with someone and act out the story.

**Yoga Ball Roll**

- Using a ball, such as a beach ball, work on rolling the ball around your body. Stand up, sit down, Go around the world, and big jumps and small jumps?

**Body Ball Roll**

- Using a laundry basket and recycled paper, make a bunch of paper balls and practice throwing into the basket from different distances.

**Get outside and work on your throwing skills.** Get outside and work on your throwing skills. Get outside and work on your throwing skills.

**Sweep the floor, working pulling and pushing motions.** Sweep the floor, working pulling and pushing motions.

**Make your heart healthy and happy!** Make your heart healthy and happy! Make your heart healthy and happy!

**Dust – reach high, low, and in between.** Dust – reach high, low, and in between.

**Shut down your body and get really calm.** Shut down your body and get really calm.

**Time to get outside and enjoy the sun.** Time to get outside and enjoy the sun.

**Make a circle on the floor with your hands.** Make a circle on the floor with your hands. Make a circle on the floor with your hands.

**Visit every window in your home, and when you get there try to jump over it as you sing your favorite song.** Visit every window in your home, and when you get there try to jump over it as you sing your favorite song.

**Be a clean machine!** Be a clean machine! Be a clean machine!

**Run like a bear with your hands on paper plates and your feet on the ground.** Run like a bear with your hands on paper plates and your feet on the ground. Run like a bear with your hands on paper plates and your feet on the ground.

**Stand up, sit down, kneel or lay down.** Stand up, sit down, kneel or lay down.

**Body Ball Roll**

- Using a ball, such as a beach ball, work on rolling the ball around your body. Stand up, sit down, Go around the world, and big jumps and small jumps?

**Get outside and work on your throwing skills.** Get outside and work on your throwing skills. Get outside and work on your throwing skills.

**Sweep the floor, working pulling and pushing motions.** Sweep the floor, working pulling and pushing motions.

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Name: Alan Moritz

Position at Woodside: Behavioral Interventionist

Family: “My wife is Aley and she is a nurse at Methodist Hospital. I have two children, Jackson, who is a senior, and Will, who is a junior. Both go to Valley High School in West Des Moines.”

Previous work/college experience: “I have worked in education for 19 years (in Cedar Rapids, IA, Missouri Valley, IA, Omaha, NE, West Des Moines, IA). Three of those years, I worked in instructional support (special education classroom associate, student one-on-one, success room facilitator). For nine of those years I worked as a classroom teacher. I taught fifth grade, fourth grade, kindergarten and seventh grade, respectively. I also worked for seven years in administration. I have been a Dean of Students, a middle school principal and a PK-8 principal. As for college, I received my AA degree in education from Kirkwood Community College and my BA degree in elementary education from Coe College. I earned my MA degree in educational administration from the University of Iowa.”

One thing you have enjoyed about working at Woodside: “I enjoy interacting with adolescent kids who are transitioning from children to teenagers. It’s a time of huge growth and maturation.”

One thing you did not realize about Saydel before starting this position: “I did not realize that Saydel is a district uniquely nestled in the Des Moines metro.”

One thing you want others in the community to know about Woodside: “Woodside regularly uses professional development opportunities. The staff at Woodside Middle School is continuously seeking new and innovative ways to deliver subject material to the students they serve.”

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