



Saydel High School

Big City Opportunities, Small Town Commitment for Students

October 2015 Newsletter

Upcoming Events

Saydel High School

OCTOBER 22

Senior Class Meeting in Auditorium,
9:20 AM

OCTOBER 26

Volleyball Regionals in Saydel South
Gym, 7 PM

OCTOBER 27

- College Planning Night in Library,
6 PM
- Financial Planning for Post-
Secondary Education in Library,
7 PM

OCTOBER 29

College Fair at Saydel High School,
7:45 AM

OCTOBER 31

Spook Run at High School, 10:30 AM

NOVEMBER 4

Music Boosters in Library, 6:30 PM

NOVEMBER 9

Girls Basketball Begins

NOVEMBER 13

High School Play in Auditorium

NOVEMBER 14

High School Play in Auditorium

NOVEMBER 16

Wrestling & Boys Basketball Begins

School Hours

SAYDEL HIGH SCHOOL

7:45 AM - 2:46 PM

Wed.: 8:45 AM - 2:45 PM

*NOTE: Each Wednesday school
begins one hour later for teacher
in-service.*

**MISSION: Serving the
Unique Learning Needs of
Each & Every Student**

Principal's Message

We have had a great start to the school year with a great deal of student and staff success. This success is continuing the efforts of last year that resulted in achieving the highest average ACT score in at least the last 10 years. We continue to push even higher as we look to reach two school-wide goals:

- **All students will demonstrate at least one year's growth in math** with 21 students that are close to proficiency moving to proficient resulting in 76.0% of 9th-11th grade students being proficient or above on the Spring 2016 Iowa Assessments. In addition, students who are currently proficient will maintain at least proficiency with 16 proficient students moving to advanced.

- **All students will demonstrate at least one year's growth in reading** with 17 students that are close to proficiency moving to proficient resulting in 82.7% of 9th-11th grade students being proficient or above on the Spring 2016 Iowa Assessments. In addition, students who are currently proficient will maintain at least proficiency with 16 proficient students moving to advanced.

Teachers are engaging in professional learning to introduce strategies for students to use in order to become more effective readers, thinkers and problem solvers. While these goals focus on math and reading we know that there are many other aspects of learning that we are engaging our students in.

In October, we added another opportunity for students to develop leadership skills and have their voice be heard. I will be working with this group of students on a regular basis to accomplish two goals, develop leadership skills within each student and implement student generated ideas to enhance the Saydel student experience. As we continue to grow as a school, our student's voice will play an integral role.

The new high school bell schedule has been an effective adjustment. The block days have allowed teachers to engage in activities that they haven't done before and also enhance previous practices. We have also been able to embed academic support time into the school day on both Thursdays and Fridays. This has provided opportunities for students to get content specific help from any teacher in the building. Our calculated reduction from three lunch periods to two has helped with consistency among classes and has helped maximize our learning time with students.

You will read about a few of our new student opportunities in the following pages of this newsletter. Each of these opportunities has helped to enhance our already robust course options. We continue to explore future course offerings to meet our student needs. Our social studies department is exploring possible AP options and student needs for graduation.

With both a need and high student demand in health occupations the science department is evaluating their offerings. Knowing that computer science is a field of continual growth we are looking at increasing our opportunities for students with an interest in this field. We also will continue to expand our opportunities in English as we look to add AP language and composition next fall.

Parents, please continue to have meaningful conversations with your student about post-secondary plans and high school classes that will lead to their success.



Principal Kevin Schulte

Saydel Athletic Booster Memberships

Special thanks to the following businesses and individuals who support the Saydel Athletic Boosters through membership.

BUSINESS PLATINUM EAGLE

Chemorse
Rasmussen Group
Walker Construction & Painting
Goode Greenhouses
Power Systems
All Iowa Products
Rising Star Wholesale
Jason's Lawn & Tree Care
Karl Chevrolet
A+ Flat Top Concrete Business
Teddell Electric
Wee's Tee's

BUSINESS GOLD EAGLE

Iowa State Bank
Capital City Equipment
Affinity Credit Union

BUSINESS SILVER EAGLE

Baker Group
Casey's General Store
Telesupport, Ic.

INDIVIDUAL GOLD EAGLE

Doug & Lisa Wheeler
Kevin & Kelly Schulte
Brett Hersom
Randy & Joleen Stephenson
Rob & Shelli Stephenson
R.C. Madison
Dorothy Walter
Briand & Lori Bowman

INDIVIDUAL SILVER EAGLE

Zeke & Colette Philipson
Judy Gustafson

STAFF DUAL ATHLETIC & MUSIC MEMBERS

Penny Smith
Dia Fenton
Sherry Keegan-Bayeur
Cheri Tingley
Eric Layden
Shawn Pavlik
Joshua Heyer
Linda Reid
Melissa Sensor
Michael Puffett

Eagle Success Goes Beyond The Classroom

By Adam Busch, Activities Director & Assistant Principal

This fall season has been a special one for the Saydel High School Activities Department. The Eagles have shown a ton of improvement on the football field and volleyball court and continue their success on the cross country course as well.

The Saydel Marching Band has continued their tradition of success by winning best overall drum line, best overall marching, and overall grand champion placing 1st in 3A at the North Central Marching Invitational in Fort Dodge. They continued that success by scoring the highest score in over 10 years the following week in Cedar Rapids! The Eagles recently completed the season with Valleyfest, the IHSMA State Contest, and the Mid-Iowa Championships. Director Eric Layden has done a fine job with our young Eagles on a fantastic season.

On the gridiron, the Eagles have shown signs of progress each game this season. Even against one of the toughest schedules in 3A football, the Eagles have closed the gap and stayed competitive in nearly every game throughout 2015. The Eagles will finish the year on the road at East Marshall with their sights set on finishing the 2015 season on the winning side. The Eagles have been led offensively by the legs of senior fullback Dylan Coffin and his over 500 yards rushing and four touchdowns. On the defensive side, sophomore Trevor Sprague is currently 4th in tackles and leads the district in tackles for a loss. The Eagles have built upon a strong young nucleus of players and look to continue building toward the future as they close out this successful season.

On the volleyball court, the Eagles have a very young team with three seniors leading the charge. Melanie Gustafson, Taylor Tague, and Tayler Garrison lead a team that has grown throughout the year, finishing in the final four of

the Saydel Varsity Invitational. The Eagles have battled against a tough schedule and continue to play hard. Senior Melanie Gustafson recorded 9 kills against PCM and 7 blocks against CMB for the season high in one match. Sophomore Hannah Bowman had 12 digs against Pella Christian along with 7 assists against Des Moines East. The Eagles host PCM for the first round of Regional play on October 26, starting at 7 PM. Come out and support your Eagles!



The Saydel Cross Country team has built upon last year's successes and continues to get better each day. The Eagles are led on the boys side by returning state qualifier David Parker and sophomore Nathen Nelson. The Eagles recently finished 7th in the HOIAC meet with a reduced squad due to injuries. On the girls

side, freshman Darian Garcia, junior Lyndsay Bianchi, and senior Lesa Wicks all finished in the top 50 on their way to an 8th place finish overall at the conference meet. The Eagles finished their regular season at home on October 15 before heading to the state qualifying meet in Glenwood on October 22.

The Saydel Cheerleaders have been very busy this year getting our crowd pumped up and showcasing the positive sportsmanship we all expect out of the Saydel Community. The Cheerleaders are strong in numbers and even stronger in ability as they have grown under the direction of new head coach Sherri Swanson and assistants Melissa Sensor and Katee Sandquist. The cheerleaders have done a fantastic job this fall and look to continue to grow as the busy winter season approaches.

There are a ton of great things happening at Saydel each and every week. If you haven't had the chance to come out and catch an event please make time to do so and support our Eagles!

Eagles Have Heart : December 8th, 2015

to benefit the American Heart Association & fight the leading cause of death in Iowa.



SHIRT OPTIONS & PRICING:

- A) Short-sleeved t-shirt: \$10
- B) Short-sleeved dri-fit shirt: \$15
- C) Long-sleeved hoodie \$20

All shirts are available in sizes Youth Small thru Adult XXXL.

**Additional \$3 donation:
"what's your why" bracelet**



SHIRT TYPE (A,B or C) Or \$3 bracelet	SIZE (youth S-Adult XXXL) *Specify youth or adult sizing	Quantity	Price (\$10, \$15 or \$20)
Ex: C	Ex: youth large	Ex: 1	Ex: \$20

All orders and payments are due back to the high school activities office no later than **Wednesday, November 11th**. Exact cash or checks payable to American Heart Association. Contact: sensormelissa@saydel.net

TOTAL

Building Business Minded Students

By Becky Knowler, Business Teacher

High School of Business™ is currently offering two courses this school year the courses are Principles of Business and Business Economics. These are project-based business courses. High School of Business™ builds advanced business and 21st Century Skills of participating students. The program also has a positive educational impact on other students at participating schools.

By offering rigorous courses, college-level learning outcomes, and accountability through third-party exams Saydel will be creating a powerful combination that will lead to many benefits for our students.

The Principles of Business class develops student understanding and skills in such areas as business law, economics, financial analysis, human resources management, information management, marketing, operations, and strategic management. Through the use of three projects, students acquire an understanding and appreciation of the business world.

In Business Economics students expand their understanding that businesses are influenced by external factors that are often beyond their control. Consumer spending, government policies, economic conditions, legal issues, and global competition are addressed through practical, current applications to everyday societal and business life. Throughout the course, students will be presented with current economic problems for which they are asked to determine solutions, often through the application of decision matrices.



Ms. Knowler's Principles of Business students were engaging in activities to learn teamwork needed for successful collaboration.

Our program at Saydel encourages students to become involved with business problems and concepts, which fosters enthusiasm and interest in business. Our students are also engaging in problem solving based on local businesses.

Finally local businesses owners will be invited into the classroom to speak about different topics to students. At Saydel we are just beginning to tap in the possibilities of High School of Business™.

PINK OUT Memories....



Developing The Thinking of an Engineer

By Zach Antle, Math & Engineering Teacher

Students are off to an exciting start in their Project Lead the Way course. Introduction to Engineering Design students have wrapped up their design and sketching unit and will be heading into the Puzzle Cube challenge.

Whereas Principles of Engineering (POE) students have finished their compound machine projects and are moving into power sources. POE students are extremely excited about getting into the robotics portion of our class which follows our current unit.

In that unit students will learn about the fundamentals of coding, create robots to perform a simple task, and will create a marble sorter.



Zach McKee and Jackson Jarrell are working on their compound machine during Principles of Engineering Class.

Join in the 2nd Annual Saydel Spook Run

Saturday, Oct. 31
10:30 am at Saydel High School



Proceeds go to the
Woodside PTO, Cornell PTO
& Eagle Endowment Fund

Sign up using Spook Run Link on Saydel's Web site,
www.saydel.k12.ia.us

How Do I Plan for Life After High School?

By Shannon Larson, Guidance Counselor & Life & Leadership Teacher

The Saydel Guidance Department has several events scheduled for students and parents during the month of October.

On October 14 sophomores and juniors had the opportunity to take the PSAT test at 8:45 AM in the high school library. Juniors who take the test are eligible for the National Merit competition.

On October 27, parents and students are encouraged to attend two informational sessions in regards to college planning. The first event begins at 6 PM in the high school library and the focus will be on college planning. The second session will begin at 7 PM and will focus on the financial aid process.

On October 29, Saydel students have the opportunity to attend the high school's college fair. Over 50 colleges will be represented and students will attend three out of the 36 different break-out sessions.

During the months of October and November, Ms. Larson will be meeting with seniors individually to go over post-secondary plans, the college application process, financial aid and scholarship information. If parents/guardians would like to meet with Ms. Larson to go over this information please contact her at (515) 262-9325 ext. 1222 and she will set up an appointment.

Finally, it's that time of year for juniors and seniors to sign up to take DMACC classes for the spring semester. This is a great opportunity for students to get a head start on the whole college experience plus it's free! Students can start taking core college courses now and can begin their college career. The deadline for enrollment is November 20. Students may schedule an appointment with Ms. Larson in the guidance office.



It's Time to Sink Your Teeth Into a Delicious ButterBraid

The high school music department has launched this fundraiser with orders being taken until October 30. The funds for this fundraiser, which is sponsored by the Saydel Music Boosters, will be used to offset the expenses for opportunities that are brought to the music students through guest clinicians, festivals, and travel.

The cost for each ButterBraid is \$14 and will serve several people. Orders will be delivered on November 11th – just in time for family gatherings at Thanksgiving.

If you would prefer that 100% of your financial support goes to the music students, please consider one of the membership levels of the Saydel Music Boosters.

Thanks for your efforts to bring exciting opportunities to the Saydel High School music students!

Saydel Community School Food Services

Save Money: Eat School Lunch

On average it costs less to buy a school lunch than to bring a lunch from home.

School Lunch vs. Bagged Lunch

\$2.40 \$3.43

(based on national average)



Start your day the right way

School Breakfast
The fuel for school

Served in all schools!

Saydel High School Recognized with Silver HealthierUS Challenge Award

The USDA established the HealthierUS School Challenge (HUSSC) to recognize schools participating in the National School Lunch Program that create healthier school. In order to qualify for the Silver award, nutritional requirements had to meet on an on-going basis, menus had to feature variety of healthier foods, fruits, vegetables, lean proteins, whole grains and fat-free or low-fat milk and milk products. Saydel High School was recognized during the academic assembly held on September 10th.



National School Lunch Week 2015

Every year, more than 500 billion school lunches are served nationwide via the National School Lunch Program. The Saydel Community School District recognized National School Lunch Week from October 12th-16th. The theme, "School Lunch Snapshot" featured events and activities that promoted the importance of balancing healthy eating with physical activity and exercise.



Please take the time to thank the Saydel Food Service staff who works hard to provide your children with nutritionally balanced, healthy meals and for their dedication to serving the district.

High School

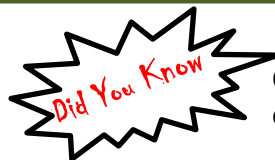
Shila Love-Torres
Samantha Phillips
Janet Kimrey
Koren Moss
Lila Capehart

Woodside

Sheryl Hayden
Amanda Stone
Tena Gaskill

Cornell

Cheryl Porter
MJ Swanberg
Julie Steemken
Mowi Boggess
Andi Olopwi



October 31 is just one day of 365 but 4% of all candy consumption occurs on that day.

HAVE A Healthy HALLOWEEN

Reminder-- phone call reminders are once again active. Reduced or paid students will receive phone calls if an account balance is below \$3.00. Negative balance phone calls go out to all students regarding of eligibility status: Free, Reduced and Paid. Please use these as a friendly reminder as we work hard to keep all accounts current.

Foodservice Office:

Visit www.saydel.k12.ia.us for menus and more information

Email: sadlerjessy@saydel.net

Phone: 515.264.0866

Fax: 515.264.0869

Follow us on Twitter: @saydeldining

Build a Healthy Lunch



MTSS: A Structure for Success

By Alex Stubbers, Academic & Behavioral Interventionist

As the first semester of school is well under way, Saydel High School continues to hold all students to high academic and behavioral standards.

To support each student's unique learning and behavioral needs, the high school has continued to develop our Multi-Tiered System of Support (MTSS). My role is to oversee this program as the high school's Academic and Behavioral Interventionist.

Multi-Tiered System of Support is designed to help identify students who have skill deficiencies not already identified. Once students

have been identified, intervention strategies are established to help students improve their knowledge, skills, and behavior in school. To begin the identification process, our grade level teams have been meeting weekly to discuss concerns regarding students' achievement, behavior and attendance. These teams have then been working toward developing and implementing strategies to help students with their academic and behavioral concerns.

Additionally, analyzing our building's Iowa Assessment data and MAP data has allowed Mrs. Brown and Mr. Stubbers to identify students for reading interventions. Mrs. Fenton

also has an established intervention through her Power Algebra course. Both of these interventions aim to help students bridge academic gaps, which will allow for their continued success.

At the end of October, the district MTSS team will attend a national conference in Minneapolis to learn more about the development and implementation of this program.

The team looks forward to bringing back new learning to the high school to further support our students. Together, the high school staff is committed to helping all students achieve at the highest possible level.

National School Lunch Week 2015



The Saydel Community School District recognized in its own way National School Lunch Week from October 12th -16th which promoted the importance of balancing healthy eating with physical activity and exercise.



Congratulations to Caitlynn Topp on winning the Sony Camera



SAYDEL ACTIVITIES DEPARTMENT ACTIVITY PASS

All passes include admission for home games
(excluding tournaments) for the 2015-16 sports season.

STUDENT PASS - \$25 grades K-12th

SINGLE PASS - \$75

FAMILY PASS - \$150 parents/guardians, school-aged children, including college

SENIOR NON-RESIDENT - \$50 65+ non-residents to Saydel School District

SENIOR RESIDENT - FREE 65+ Saydel School District resident with proof of residency

ACTIVITY PASS ORDER FORM

Make checks payable to SAYDEL HIGH SCHOOL

NAME(S)	PASS TYPE	QTY.	AMOUNT
	<input type="checkbox"/> Student, \$25		
	<input type="checkbox"/> Single, \$75		
	<input type="checkbox"/> Senior, \$50 non-resident of Saydel		
	<input type="checkbox"/> Family, \$150		
	<input type="checkbox"/> Senior, FREE resident of Saydel		

Submit to: **Saydel High School, 5601 NE 7th Street, Des Moines IA 50313**

Staff Spotlight: Mr. Craig Wederquist

In the staff spotlight this month is Success Teacher Mr. Craig Wederquist!

Mr. Wederquist began his education career at another level. He was a college football coach for 22 years working at 10 different universities and colleges. The levels ranged from NCAA Division I to NAIA II. At five of those institutions, he was a non-tenured instructor.

Mr. Wederquist joined Saydel High School in 2006 and in his tenth year at Saydel. He has served hundreds of students in Success.

He is a graduate of Urbandale High School and earned a Bachelor's of Science in Education with a History focus.

When asked to describe the best thing about working at Saydel, he responded, "The best thing about working at Saydel is the students and staff. It's all about the relationships! This is a community with passion and a sense of pride in their community and school. Over the course of 10 years at Saydel High School, the culture and expectations have changed dramatically, in a positive way. I continue to witness young people striving to improve themselves on a daily bases. Each year has brought new faces to the school and that is always a great adventure!"

When not serving students at Saydel, Mr. Wederquist is an avid reader and enjoys traveling. He also loves the time he gets to spend with his three children and three grandchildren.

"Mr. Wederquist is the coolest teacher here. He gets students in gear and helps them get it going."

–Patrick Sutton

"If you are having a bad day he (Mr. Wederquist) will lift you up. He helps you see the positive in what you do and he sees success in everyone. He also has a lot of quotes that I don't know what they mean, like, 'Being a track is hard work.' He is one of the best teachers at Saydel."

–Lyndsay Bianchi

Saydel To Begin Text Messaging

Saydel Schools is adding the ability to send text messages to its parent and guardian notification system. We will be releasing this feature soon. To begin the process, send the word "Yes" in a text message to the number 68453 so we have record that you would like to receive text messages on your cell phone from Saydel's parent notification system, SchoolMessenger.

Saydel Gear Orders

Want to order Saydel gear for holiday gifts? You can place orders by calling Jennifer McKee at 515-250-9276 or email mckeejennifer@saydel.net. Order forms will also go out in the Eagle Express! These are great gift ideas!

SAYDEL BOARD OF EDUCATION

Brian Bowman, Board President
Jennifer Van Houten, Vice-President
Melissa Sassman, Board of Director
Henry Wood, Board of Director
Chad Vitiritto, Board of Director
Doug Kayser, Board of Director
Roland Kouski, Jr., Board of Director

Superintendent: Mr. Douglas Wheeler
Board Secretary: Beth Vitiritto



School Board meetings are held at the Saydel District Office on the second Monday of each month at 6 PM

EDUCATION FOR
LEADERSHIP;
LEARNING FOR LIFE

Saydel High School
5601 NE 7th Street
Des Moines, IA 50313
515-262-9325

We're on the Web:
www.saydel.k12.ia.us

It is the policy of the Saydel Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination.

If you have questions or a grievance related to this policy, please contact the district's **Equity Coordinator, Julie McKibben, Director of Student Services, 5740 NE 14th Street, Des Moines, IA 50313; mckibbenjulie@saydel.net**. Office for Civil Rights, Citigroup Center, 500 W. Madison Street, Suite 1475, Chicago, IL 60661.