



Eagle Express



06/06/2014

Supporting our Community!

Come out to support one of our Woodside students, Megan Ford, who was diagnosed with leukemia in February. Community members are putting on a Pancake Breakfast, Bake Sale and Raffle at the Saylor Fire Department on Saturday, June 14th from 8:00-11:00am.

ANNOUNCEMENT

Due to construction that is occurring at the High School, parking patterns have been changed. Please be careful this evening if you are joining us for our Baseball/ Softball Games, along with any other time you come up to the high school.



Softball

The Eagles had a rough start with two losses on the road to Greene County and Collins-Maxwell-Baxter, but came out and beat South Hamilton in their home opener. Annika Hofbauer got the complete game win with 8 strikeouts. The Eagles were up early in the game with help from a Hannah Van Houten two-run homerun. After a long 7th inning, the eagles were down 9-5, and came up with 5 runs for the comeback win. Anneliese Barton had 3 RBIs in the 7th during her 2-for-4 night, and Liz Miklus and Taylor Tague also came up with clutch RBIs to close out the game. MacKenzie Miller lead in hitting and went 3-for-4 on the night with 2 RBIs.

Saydel participated in the Ankeny Centennial Softball Invitational May 31st where they played two top-ranked 5A teams. The Eagles played hard and came out and beat no. 7 Bettendorf. Jenna Jackson led the team going 3-for-4 with 3 RBIs, and



both Liz Miklus and Taylor Tague went 2-for-2 in the 7-4 win. The Eagles later fell to no. 2 Valley, where Annika Hofbauer had the Eagles only RBI.

The Eagles came out with tough loss on the road to Roland-Story, but came out and won at home again when they faced Gilbert. Taylor Steinkamp was the winning pitcher, and Annika Hofbauer received the save. Anneliese Barton and Annika Hofbauer both had solo homeruns which contributed to the 7-3 victory.

Come out to support your Lady Eagles tonight while they play against Nevada. Varsity game starts at 7pm.

Picture of the girls on the bus after their win over Bettendorf

Check out Saydel School District's new website for [Upcoming Events](http://www.saydel.k12.ia.us/).

<http://www.saydel.k12.ia.us/>



Today's Trivia Question

Who holds Saydel Softball's record for number of career homeruns? *(Answer can be found on the last page of the Eagle Express)*

Baseball

Saydel Baseball is off to a great start posting a 6-1 record. They are 5-0 in conference play. Brandon Hodges and Michael Miller are both batting .348. Hodges is 3-0 as a pitcher and has not given up a earned run along with 18 strikeouts. Miller is 2-0 with 2 saves as a pitcher while striking out 22 batters.

Volleyball Skills Camp

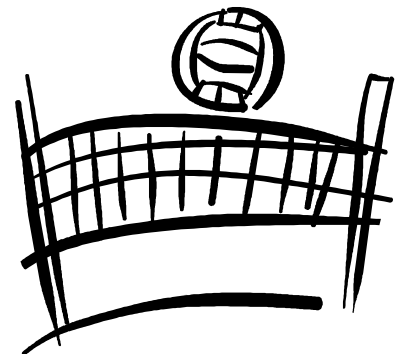
For Girls, starting grades 5-8 in 2014

Dates: June 14, 21, 28, July 12 and 19, 1-2:30 PM, gym will open at 12:45

Location: Woodside Middle School Gym

Cost: FREE

Coach Pavlik, Head MS Volleyball Coach, with assistance from Varsity VB





2014 SUMMER SCHEDULE

PLAYBOOK DEVELOPMENT (GRADES 7-12)

- TUESDAYS & THURSDAYS
- 6:00 – 7:30 PM
- STARTING TUESDAY, JUNE 3
- LEARN OFFENSIVE AND DEFENSIVE SCHEMES
- OFFENSIVE AND DEFENSIVE POSITION TRAINING

WEIGHT ROOM HOURS

- MONDAY – FRIDAY
 - 8:00 – 10:00 AM
 - 4:00 – 6:00 PM

7-ON-7 PASSING LEAGUES (GRADES 9-12)

- JULY 16-17 @ VAN METER
- JULY 20 & 27 @ URBANDALE

TEAM CAMPS

- SIMPSON COLLEGE (GRADES 10-12)
 - JULY 23-24
- EAGLE CAMP (GRADES 7-12) @ HIGH SCHOOL
 - AUGUST 4-8

LOOK FOR UPDATES ON THE CALENDAR AT OUR TEAM WEBSITE:

<https://sites.google.com/a/saydel.net/saydel-football/>

CONTACT COACH ALONS WITH QUESTIONS: alonsjason@saydel.net



SUMMER WEIGHT ROOM HOURS

SAYDEL HIGH SCHOOL

OPEN TO ALL ATHLETES OF ALL AGES

WEIGHT TRAINING – SPEED AND AGILITY

IN-SEASON AND OFF-SEASON WORKOUTS

MONDAY – FRIDAY

8:00 – 10:00 AM

4:00 – 6:00 PM



BASEBALL CHEERLEADING CROSS COUNTRY GOLF

FOOTBALL SOFTBALL TENNIS SOCCER TRACK AND FIELD

VOLLEYBALL WRESTLING



SAYDEL EAGLES NEST

SUMMER PROGRAM

June 2, 2014 -August 8, 2014

Summer Weekly Themes

**The One & Only You *Sports Superstars*

** Sensational Safari * Beach Bums * Under the Sea*

**Space Invaders *Hawaiian Holiday *Diggin Dinosaurs*

**Billions of Bubbles *Celebrate Back to School*

***Field Trips *Arts & /Crafts *Hot Lunch Served Daily *Academic support daily * Cooking* Water Activities *Daily Outdoor Play * Adventureland *Cubs Game *Museum * Zoo * Science Center *
Fun! Fun! Fun!**

100.00 per week (discounts available for addition siblings)

No Extra charge for field trips or Lunch

Enrollment Packets are available at Cornell or Woodside Middle School

Sign ups are on a first come first serve basis.

We do accept state assistance.

If you are in need of financial assistance ,please speak with any Eagles Nest Staff Member.

Age 4 through 14



United States Department of Agriculture

Summer Food Rocks!

Find Sites Serving Summer Meals



SAYDEL SUMMER LUNCH PROGRAM

Monday – Friday, June 2nd – August 1st

Lunch at 11 a.m. – 12 noon

Snack at 3 p.m. – 3:30 p.m.

FREE FOR ALL STUDENTS UNDER THE AGE OF 18

Located at Woodside Middle School Cafeteria, 5810 NE 14th Street, Des Moines, IA 50313

USDA is an equal opportunity provider and employer



Saydel Activities Office

Saydel High School
5601 NE 7th St.
Des Moines, IA
50313
Phone: 515-262-9325
Fax: 515-266-8497

A yellow rectangular graphic with a dashed border. It features two yellow stars at the top. The text "SAYDEL P.R.I.D.E." is written in green, bold, sans-serif font. Below this, the words "Personal", "Responsibility", "In", "Daily", and "Excellence" are listed vertically, each preceded by a wavy line symbol. To the right of the text is a small photograph of a Saydel High School banner hanging from a pole.

It is the policy of the Saydel Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices.

There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator,

Julie McKibben, Director of Student Services, 5740 NE 14th Street, Des Moines, IA 50313
mckibbenjulie@saydel.net

Office for Civil Rights, Citigroup Center, 500 W. Madison Street, Suite 1475, Chicago, IL 60661. Consider using the 2013-2014

