



Eagle Express



05/23/2014

HS Track

2014 State Track Meet at Drake University

An exciting season of track and field is culminating in an exciting three days at the state track and field meet held at Drake Stadium in Des Moines. The two athletes qualified are Casey Roberts and Clayton Sommers, and they have done an excellent job so far. Clayton has already high jumped so far, being knocked out of the competition at 5'10". However, he still has two events to go with the 110m high hurdles and 400m low hurdles both today (Friday). Casey Roberts ran a fantastic 3200m race yesterday in 9:49.33, a personal best and new school record! The run was good for ninth place in a field that may end up proving to have indeed produced the best race of the entire meet. Casey has the 800m run and the 1600m run to look forward to on Saturday and will try to build on his strong start to the meet. The Eagles have plenty to look forward to in the following days of the meet. As always you can catch the latest results on Twitter (@coachblake19) or on the Association's website iah-saa.org where they are posting live results from the meet. Thank you for your continued support of Saydel athletics. Go Eagles!

Gabbie Richards yesterday ran in the 100m and 200m Dash. Gabbie ran very well running a 13.34 in the 100m and accomplishing a personal best of 26.93 in the 200m. Emma Bowman runs today at 3:40pm in the 400m hurdles.



Boys Golf

The Saydel Golf season came to a close at Edmundson Golf Course in Oskaloosa, IA. The Eagles played in the sectional meet with 7 other teams with the top two teams advancing. The varsity team finished the year shooting a 379 but was unable to advance to the district round. Senior Trey Newman led the Eagles with a season best 18-hole total of 86 which included a personal best tying 39 on the back. Sophomore Tyler Clark (97), Sophomore Jared Reese (97), and Freshman Joe Boehler (99) also combined for the varsity total. Saydel ended the season with a school record 17 total wins against 14 different teams.



Joe Boehler putts on #7



Tyler Clark tees off on #1



Dylan Hammond chips on #12



Jake Hokanson putts on #8



Trey Newman tees off on #10



Jared Reese tees off on #4

Wednesday night the Saydel Golf team had their banquet at Hilltop Restaurant. All 15 members of this year's team were recognized. Two school records were broken including the school record for wins and the number of pars in a season by a single player. Trey Newman set the record for pars with 43, breaking the previous record of 40 held by Travis Newman. Trey Newman was also recognized for being a medalist in two meets and a runner-up in a third. Rece Martin and Joe Boehler were also recognized for their medalist and runner-up performance against Greene County. The final team awards for the season went to:

Eagle Award – Joe Boehler

Most Improved – Dylan Hammond

MVP – Trey Newman



Today's Trivia Question

As stated above, Casey Roberts set a new school record in the 3200m run. What was the previous school record? *(Answer can be found on the last page of the Eagle Express)*

2014 Marching Band

- Tentative Summer & Fall Dates -

Date	Event	Time
Monday/Tuesday, June 9-10	Color Guard Camp	9 am – 4 pm
Wednesday, July 2	Celebration in Brass (Optional)	7:00 pm
Tuesday, July 8	Music Rehearsal	9 am – 11:30 am
Saturday, July 12	Percussion Camp	8 am - Noon
Monday, July 21	Music Rehearsal	9 am – 11:30 am
Tuesday, July 22	Basics Camp	9 am – 11:30 am
Friday, July 25	Percussion Camp	4 pm – 8 pm
Saturday, July 26	Percussion Camp	8 am – Noon
July 28-August 1	Band Camp	8 am – 4 pm
August 4-5	Retention Camp	5 pm – 8 pm
August 11-12	Retention Camp	5 pm – 8 pm
August 19	School Begins	No Morning Rehearsal
August 20	Morning Rehearsals Begin	Wednesdays: 8:15 a.m. M, T, Th, F: 6:30 a.m.
Friday, August 29	Football Halftime Show	5:30 pm
Friday, September 19	Football Halftime Show	5:30 pm
Saturday, September 27	North Central Marching Invitational (Fort Dodge)	TBA
Saturday, October 4	Urbandale Marching Invitational -or- 5 Seasons Marching Invitational (Cedar Rapids)	TBA
Friday, October 10	Football Halftime Show	5:30 pm
Saturday, October 11	Valleyfest & Showdown	TBA
Saturday, October 18	IHSMA Marching Festival & Mid-Iowa Band Championship (Ankeny)	TBA
Friday, October 24	Football Halftime Show	5:30 pm

This morning, the FCA held a Pancake Breakfast for students and staff at the High School to start off the first day of Finals. Thanks to everyone for the support!



Boys Tennis

The Boys Tennis Team finished the season with a 5-4 winning record but there were no state qualifiers at the district meet in Boone. Alex Gustafson, this years co-captain and MVP, holds the all time record for singles and doubles wins with a career total of 68. Sophomore Jacob Philipsen, this years most improved player, ended the season with 6 singles wins and 14 doubles wins. Senior Hunter White, co-captain of team, was awarded the Eagle Award. Joe Smith, Evan Andrews, Andrew Smith, Max Kayser, and Isaac Matheny received varsity letters. Senior Isaac Matheny ended his season with a 4-0 varsity record.

Upcoming Events



Saydel 2014-2015 Multiple Activities Schedule
(as of 05-23-2014)

Activity	Time	Versus	Location	Dismiss	Leave	Return	Comments
FRIDAY, MAY 23, 2014							
Track: Boys Varsity State Meet	TBD	Away vs. TBA	Drake Stadium				
Track: Girls Varsity State Meet	TBD	Away vs. TBA	Drake Stadium				
Semester Tests							
Soccer: Girls Varsity Match	7:30pm	Away vs. DM East, Saydel, Southeast Polk	DM East High School				Saydel shares girls soccer with DM East.
SATURDAY, MAY 24, 2014							
Track: Boys Varsity State Meet	TBD	Away vs. TBA	Drake Stadium				
Track: Girls Varsity State Meet	TBD	Away vs. TBA	Drake Stadium				
TUESDAY, MAY 27, 2014							
Last Day Of School							
Semester Tests							
Baseball: JV Game	5:30pm	Away vs. Greene County	Greene County High School			3:00pm	
Softball: JV Game	5:30pm	Away vs. Greene County	Greene County High School			3:00pm	
Baseball: Varsity Game	7:30pm	Away vs. Greene County	Greene County High School				
Softball: Varsity Game	7:30pm	Away vs. Greene County	Greene County High School			3:00pm	
WEDNESDAY, MAY 28, 2014							
Baseball: JV Game	4:00pm	Away vs. Collins-Maxwell-Baxter	Collins-Maxwell-Baxter - Collins Fields			2:30pm	
Softball: JV Game	5:30pm	Away vs. Collins-Maxwell-Baxter	Collins-Maxwell-Baxter - Collins Fields			4:00pm	
Baseball: Varsity Game	6:00pm	Away vs. Collins-Maxwell-Baxter	Collins-Maxwell-Baxter - Collins Fields				
Softball: Varsity Game	7:30pm	Away vs. Collins-Maxwell-Baxter	Collins-Maxwell-Baxter (Maxwell) - Collins Fields			4:00pm	
THURSDAY, MAY 29, 2014							
Baseball: 8th Game	10:00am	Roland-Story Middle School	Woodside Middle School, Little League Fields				
Softball: 8th Game	10:00am	Roland-Story Middle School	Saydel High School, Field- Softball				
Baseball: 7th Game	10:00am	Away vs. Roland-Story	Story City - H.S. Baseball Field in Story City			8:15am	
Baseball: JV Game	5:30pm	Away vs. Ankeny	Ankeny High School			4:10pm	
Baseball: Varsity Game	7:30pm	Away vs. Ankeny	Ankeny High School				
FRIDAY, MAY 30, 2014							
Baseball: 9th Game	10:00am	Roland-Story	Saydel High School, Field- Baseball				
Baseball: JV Game	5:30pm	South Hamilton	Saydel High School, Field- Baseball				
Softball: JV Game	5:30pm	South Hamilton	Saydel High School, Field- Softball				
Baseball: Varsity Game	7:30pm	South Hamilton	Saydel High School, Field- Baseball				
Softball: Varsity Game	7:30pm	South Hamilton	Saydel High School, Field- Softball				

Volleyball Skills Camp

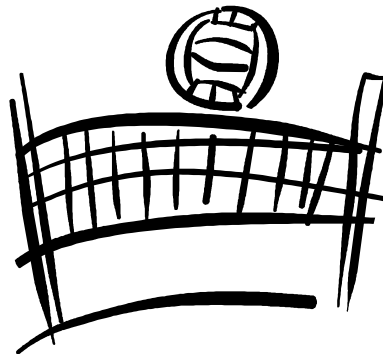
For Girls, starting grades 5-8 in 2014

Dates: June 14, 21, 28, July 12 and 19, 1-2:30 PM, gym will open
at 12:45

Location: Woodside Middle School Gym

Cost: FREE

Coach Pavlik, Head MS Volleyball Coach, with assistance from
Varsity VB



Softball Apparel

Saydel Softball apparel can be purchased on the Wees Tees website.

www.weestees.com

click Specialty Store

Saydel Softball

order deadline end of day **Friday - May 23rd**

Thanks for your support!

Saydel Girls Basketball Can Drive Fundraiser

WHEN: May 31st (Saturday)

TIME: 10-1

**WHERE: Woodside Middle
School Parking Lot**

The Saydel GBB Team is trying to raise money and would love to pick up those cans. Please feel free to put cans out at the end of your driveway on the 31st, and we will pick them up for you. If you are driving by Woodside and want to drop off some cans that would be great!!

GO EAGLES!!!!!!



2014 SUMMER SCHEDULE

PLAYBOOK DEVELOPMENT (GRADES 7-12)

- TUESDAYS & THURSDAYS
- 6:00 – 7:30 PM
- STARTING TUESDAY, JUNE 3
- LEARN OFFENSIVE AND DEFENSIVE SCHEMES
- OFFENSIVE AND DEFENSIVE POSITION TRAINING

WEIGHT ROOM HOURS

- MONDAY – FRIDAY
 - 8:00 – 10:00 AM
 - 4:00 – 6:00 PM

7-ON-7 PASSING LEAGUES (GRADES 9-12)

- JULY 16-17 @ VAN METER
- JULY 20 & 27 @ URBAN DALE

TEAM CAMPS

- SIMPSON COLLEGE (GRADES 10-12)
 - JULY 23-24
- EAGLE CAMP (GRADES 7-12) @ HIGH SCHOOL
 - AUGUST 4-8

LOOK FOR UPDATES ON THE CALENDAR AT OUR TEAM WEBSITE:

<https://sites.google.com/a/saydel.net/saydel-football/>

CONTACT COACH ALONS WITH QUESTIONS: alonsjason@saydel.net



SUMMER WEIGHT ROOM HOURS

SAYDEL HIGH SCHOOL

OPEN TO ALL ATHLETES OF ALL AGES

WEIGHT TRAINING – SPEED AND AGILITY

IN-SEASON AND OFF-SEASON WORKOUTS

MONDAY – FRIDAY

8:00 – 10:00 AM

4:00 – 6:00 PM



BASEBALL CHEERLEADING CROSS COUNTRY GOLF

FOOTBALL SOFTBALL TENNIS SOCCER TRACK AND FIELD

VOLLEYBALL WRESTLING





SAYDEL EAGLES ATHLETIC BOOSTERS CLUB

Saydel High School
5601 NE 7th Des Moines, IA 50313

Four Person Best Ball Golf Outing June 7, 2014 * 8 a.m. Shotgun (Rain date June 14, 2014) 7 – 7:30 a.m. Check-In Time Woodland Hills Golf Course

Before May 25 - Cost \$60 per person, \$240 per team (after May 25, subject to availability)
Includes golf/cart and lunch after golf

Prizes: Men/Women – Longest Drive, Longest Putt, Closest to the Pin Shortest Drive,
Flights, Mulligans - \$5 each (2 max person)

* SILENT AUCTION, RAFFLE, 50/50 *

Registration

Captain		
Email		
Team 1 - \$60	PLAYERS	Email ADDRESS:
2 - \$60		Email ADDRESS:
3 - \$60		Email ADDRESS:
4 - \$60		Email ADDRESS:
Total	\$240	

Contact:

Kelly 201-4439; 266-7943

Paul 669-1443; 289-1343

Dale 289-1952

TIM 202-7230

Mail: Sponsorship request to: 5601 NE 7th, Des Moines, IA 50313

Make Check payable to: Saydel Athletic Booster Club

For additional copies of form go to www.saydel.k12.ia.us

Saydel High School Athletics and Activities

Join our Facebook page Saydel Eagles Annual Golf Outing

Not able to participate? Please consider a donation.





**SAYDEL EAGLES
ATHLETIC BOOSTERS CLUB**

Saydel High School
5601 NE 7th Des Moines, IA 50313

**Four Person Best Ball Golf Outing
June 7, 2014 * 8 a.m. Shotgun
(Rain date - June 14, 2014)
7 - 7:30 a.m. Check-In Time
Woodland Hills Golf Course**

Name of Company
Address
Phone
Fax
Email

Sponsorship Opportunities

	I would like to donate pin prizes and/or door prizes
\$100	I would like to sponsor the Longest Drive Contest (2 available)
\$100	I would like to sponsor the Longest Putt Contest (2 available)
\$100	I would like to sponsor the Closest to the Pin Contest (2 available)
\$100	I would like to sponsor the Shortest Drive Contest (1 available)
\$100	I would like to be a Tee Box Sponsor
\$500	Free Foursome and Tee Sponsor
\$800	Lunch Sponsor, includes Free Foursome

Contact:

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SAYDEL EAGLES NEST

SUMMER PROGRAM

June 2, 2014 -August 8, 2014

Summer Weekly Themes

**The One & Only You *Sports Superstars*

** Sensational Safari * Beach Bums * Under the Sea*

**Space Invaders *Hawaiian Holiday *Diggin Dinosaurs*

**Billions of Bubbles *Celebrate Back to School*

***Field Trips *Arts & /Crafts *Hot Lunch Served Daily *Academic support daily * Cooking* Water Activities *Daily Outdoor Play * Adventureland *Cubs Game *Museum * Zoo * Science Center *
Fun! Fun! Fun!**

100.00 per week (discounts available for addition siblings)

No Extra charge for field trips or Lunch

Enrollment Packets are available at Cornell or Woodside Middle School

Sign ups are on a first come first serve basis.

We do accept state assistance.

If you are in need of financial assistance ,please speak with any Eagles Nest Staff Member.

Age 4 through 14



United States Department of Agriculture

Summer Food Rocks!

Find Sites Serving Summer Meals



SAYDEL SUMMER LUNCH PROGRAM

Monday – Friday, June 2nd – August 1st

Lunch at 11 a.m. – 12 noon

Snack at 3 p.m. – 3:30 p.m.

FREE FOR ALL STUDENTS UNDER THE AGE OF 18

Located at Woodside Middle School Cafeteria, 5810 NE 14th Street, Des Moines, IA 50313

USDA is an equal opportunity provider and employer



Saydel Activities Office

Saydel High School

5601 NE 7th St.

Des Moines, IA

50313

Phone: 515-262-9325

Fax: 515-266-8497

E-mail: eagleexpress@saydel.net

A yellow rectangular graphic with two yellow stars at the top. The text "SAYDEL P.R.I.D.E." is written in bold, black, sans-serif font. Below the text, the words "Personal", "Responsibility", "In", "Daily", and "Excellence" are listed vertically, each preceded by a wavy line symbol. To the right of the text is a small photograph of a Saydel High School sign on a pole, featuring the eagle logo and the word "SAYDEL".

**SAYDEL
P.R.I.D.E.**

Personal
~Responsibility
~In
~Daily
~Excellence

It is the policy of the Saydel Community School District to not discriminate in its educational activities on the basis of race, creed, color, national origin, religion, sex, disability, gender identity, sexual orientation, socioeconomic status, or marital status. Inquiries regarding compliance with Title IX, Title VI, Section 504, or ADA may be directed to Lora Rasey, Saydel Equity Coordinator, in care of the Saydel District Office, 5740 NE 14th Street, Des Moines, Iowa 50313

