

December 15th, 2014



SAYDEL EAGLE ACTIVITIES

Eagle Express

Saydel Community Schools

Eagle Wrestling

The Saydel Wrestling squad is off to a busy start this season thus far. In the first two weeks of competition they've recorded a 3-4 dual record against some good competition. The Eagles are currently 2-0 in official Conference dual competition and had a fun close meet with PCM at home last Thursday. The team placed 3rd overall at the home invitational wrestling 9 Varsity members Saturday. Austin Moen (currently ranked #7) and Grant Sherman (currently ranked #4) were both Champions at 138 and 145, Klayton Keller and Dylan Coffin took runner-up positions at 106 and 160. Devon Van Houten and Trevor Sprague both took 3rd place medals in their brackets. Marshall Anderson placed 5th at 152. Grant Sherman was able to record his 100th win at home during the second round of the tournament.

The team hosts a double header this week versus CMB and Greene County on Thursday. There should be some great competition that night. This Saturday they travel to Waukee for a 16 team dual tournament that will provide some great challenges and opportunities.

Eagles roll past Gilbert

Last Friday saw the Eagles come out and take care of some business against Gilbert. The teams seemed to struggle to find rhythm at the beginning of the game; even though Saydel came out with good intensity they missed some easy baskets. The Eagles got it going at the end of the quarter to hold a 15-4 lead. The second period saw the Eagles extend their lead to 34-14 at half, thanks to some good defense and some timely three point shots by Jordan Johnson and Brooklyn Allgood. The second half went about the same for the Eagles, playing solid defense and controlling the tempo of the game, they were able to win 56-33. Emma Bowman and Katelyn McEachron did a nice job of holding Gilbert's leading scorer to 8 points which caused Gilbert to struggle at times. The Eagles were led in scoring by Brooklyn Allgood with 18, Cassie Chubb had 10, Katelyn McEachron 7, Gabbie Richards and Jordan Johnson 6, Emma Bowman 5, and Liz Miklus and Katie Schmidt each had 2. This win pushes the Eagles record to 4-0 for the year and 3-0 in conference.

The #11 ranked Saydel Girls traveled to #7 Nevada on Tuesday for a big test. The first half saw both teams make runs and the Eagles went on a 6-2 run to even the score at 22-22 at half. The second half saw Nevada inch ahead, only to see Saydel make a run to get back even. Nevada hit a couple of shots right before the 3rd quarter to gain a 4 point advantage. That lead was increased by Nevada with a couple of three point shots and a technical foul given to Coach Johnson. The Eagles made one more charge, as they created turnover after turnover and got the lead down to 6 with 90 seconds left....but Nevada made their free throws at the end to

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Saydel High School 2014-15 Multiple Activities Schedule
(as of 12-15-2014)

Activity	Time	Versus	Location	Location Detail	Comments
MONDAY, DEC 15, 2014					
HS Jazz Band			Capital Square		
Basketball: Boys 8th Game	4:30pm	Saydel Middle School vs. Roland-Story Middle School	Woodside Middle School	Gym	
Basketball: Boys JV Game	4:30pm	Ankeny Christian Academy	Saydel High School	Gym- South	
Basketball: Girls JV Game	4:30pm	Ankeny Christian Academy	Saydel High School	Gym- North	(Cancelled) Ankeny Christian doesn't have a JV team
Basketball: Girls 7th Game	4:30pm	Roland-Story, Saydel Middle School	Roland-Story Middle School		Game will be R-S 7th grade vs Saydel MS team. Game will be 6 quarters.
Little Eagles Wrestling Club	6:00pm-8:00pm		Saydel - Wrestling		
Basketball: Boys 9th Game	6:00pm	Ankeny Christian Academy	Saydel High School	Gym- North	
Basketball: Girls Varsity Game	6:00pm	Ankeny Christian Academy	Saydel High School	Gym- South	
Winter Guard Rehearsal	6:30pm-8:00pm		Auditorium Atrium		
Basketball: Boys Varsity Game	7:30pm	Ankeny Christian Academy	Saydel High School	Gym- South	
TUESDAY, DEC 16, 2014					
Hearing ReChecks	8:00am-3:30pm		Cornell Conference Room		
Basketball: Boys 7th Game	4:30pm	Saydel Middle School vs. Roland-Story Middle School	Woodside Middle School	Gym	
Wrestling: Middle School Meet	4:30pm	Saydel Middle School vs. Bondurant-Farrar, Collins-Maxwell-Baxter, Nevada, South Hamilton, Woodward-Granger, Perry Community School, Carlisle Middle School, West Marshall	Saydel High School	Gym- South	3 Mats
Basketball: Girls Varsity Game	6:00pm	Away vs. Colfax-Mingo	Colfax-Mingo		
Basketball: Girls Varsity Game	6:00pm	Away vs. Colfax-Mingo	Colfax-Mingo High School		
Little Eagles Wrestling Club	6:00pm-8:00pm		Saydel - Wrestling		
Basketball: Boys Varsity Game	7:30pm	Away vs. Colfax-Mingo	Colfax-Mingo High School		

WEDNESDAY, DEC 17, 2014

HS Baseball Pitchers/Catchers	6:00am-7:30am		Saydel - North Gym
Winter Guard Rehearsal	7:15am-8:30am		Saydel - South Gym
Athletic Boosters	6:00pm-7:00pm		Saydel - Library
Little Eagles Wrestling Club	6:00pm-8:00pm		Saydel - Wrestling

THURSDAY, DEC 18, 2014

Read Corps Site Visit	8:00am-12:00pm		Cornell Conference Room
Basketball: Girls 8th Game	4:30pm	Saydel Middle School vs. Colfax-Mingo	Woodside Middle School Gym
Basketball: Boys 8th Game	4:30pm	Colfax-Mingo, Saydel Middle School	Colfax-Mingo Colfax-Mingo Middle School
Basketball: Girls 7th Game	6:00pm	Saydel Middle School vs. Colfax-Mingo	Woodside Middle School Gym
Little Eagles Wrestling Club	6:00pm-8:00pm		Saydel - Wrestling
Wrestling: Varsity Duals	6:00pm	Collins-Maxwell-Baxter, Greene County	Saydel High School Gym- South
Basketball: Boys 7th Game	6:00pm	Colfax-Mingo, Saydel Middle School	Colfax-Mingo

FRIDAY, DEC 19, 2014

HS Vocal ACappella Choir				A Cappella Choir Caroling
Basketball: Girls Varsity Game	6:00pm	Away vs. PCM	PCM	PCM High School Gym
Basketball: Boys Varsity Game	7:30pm	Away vs. PCM	PCM	PCM High School Gym

SATURDAY, DEC 20, 2014

HS Vocal ACappella Choir				A Cappella Choir Caroling - Big Barn Harley Davidson
Wrestling: Varsity Tournament	9:00am	Away vs. Waukee, Saydel High School, Harlan, Johnston, Benton Community, Sioux City North, Des Moines North, Des Moines East, Urbandale, Ballard High School, Perry Community School, Chariton	Waukee High School - Field House	

Saydel Little Eagles Cheerleading Clinic 2015

The Little Eagles Cheer Clinic will be held at Cornell Elementary in the gym after school from 3:30-5:00 p.m. on Wednesday, January 7th. The clinic is open to boys and girls from grades k-4th. Parent/Guardian will need to pick up their child from the cheer clinic at 5:00 p.m. promptly from the gym.

Saydel High School cheerleaders will teach them a variety of fun cheers, chants, and jumps to perform at the basketball game on Friday, January 9th, during the half time of the girls' game that starts at 6:00.

Registration form and payment is to be turned into the child's teacher no later than Friday, December 19th. **The cost is \$15.00 per child.**

No late registrations accepted. **T-shirt and snack are provided with cost.** Any questions or concerns contact rushershari@saydel.net.

Return this portion to the child's teacher by Friday, December 19th.

Checks are accepted and can be made payable to: Saydel Cheerleading

Child's Name: _____ Grade: _____ Teacher: _____

Parent Name: _____ Parent Phone: _____

T-Shirt Size and Quantity (**\$15** per child and any additional t-shirts are \$15 extra)

Size	Youth Small	Youth Med.	Youth Large	Adult Small	Adult Med.	Adult Large	Adult X-Large
Quantity							

I give the above mentioned child my permission to attend and participate in the Saydel Little Eagles Cheerleading Clinic to be held on January 7th and performance January 9th. In the rare event this child would be injured during these two dates. I give my permission for the Saydel Cheer Coach to provide first aid treatment and to make decisions concerning the need for immediate medical referral. I understand that Saydel, Cheer Coach, and Staff are not held accountable for any such injury.

Parent/Guardian Signature: _____ Date: _____

Cheerleading

Winter Cheer has started and the girls have been working hard during their practices and while cheering at basketball games and wrestling meets. The wrestling cheerleaders are: Mackenzie Miklus, Shelby McClure, Jasi Adams, Delaney Marlin, Rayahna Moorhead, Kourtnie Cowles, Molle Sassman, Lacey Brown, Alexzandria Hill, Taylor Dhabolt, Destiny O'Connor, Christine Molana and Esmeralda Ruiz. The basketball cheerleaders are: Casey Brown, Cecilia Guzman, Alexis Kuehl, Esmeral-

da Ruiz, Bailey Hodson, Betsy Breitbarth, Taylor Swank, Keely Woods, Kierra Matheony, Rebecca Frantz, and Ada Miklus. The Cheerleaders will be holding a Little Eagles Cheerleader Clinic on January 7th and perform during the half-time of the varsity girls' game on January 9th.



Girl's Basketball (cont.)

preserve a 62-47 win over the Eagles.

The Eagles were led in scoring by Emma Bowman with 15, Gabbie Richards was close behind with 11, Cassie Chubb chipped in 6, Katelyn McEachron had 5, Brooklyn Allgood 4, and Jordan Johnson and Liz Miklus each had 2.

The game saw the Eagles struggle shooting the ball and had a season high 20 turnovers. Coach Johnson said "the girls played with a lot of energy and never gave up.....very proud of their effort".

The Eagles play Ankeny Christian Academy tonight at Saydel Gym.

The loss drops the Eagles record to 4-1 overall and 3-1 in the conference.

- Put on by Saydel Coaches and Players
- Four weeks of clinics
- T-shirt included



HITTING

You will get the opportunity to work with the Saydel High School coaches and players to learn new techniques and improve upon your hitting skills. Throughout the four weeks, various drills will be set up to help to achieve muscle-memory of your swing.

PITCHING

Throughout the four weeks, you will get the opportunity to work closely with some of the Saydel pitchers and the coaching staff. Pitchers will need to bring their own catchers to throw to so the players can help you to refine your skills and improve upon your strength, accuracy, and speed while pitching.



CATCHING

Catchers will not only get the opportunity to work with pitchers, but will get the chance to work various catching drills with the Saydel coaches and catchers. Throughout the various drills, the catchers can improve upon various aspects of their game including blocking and quick releases for throwing. Catchers will need to bring their own equipment.

Sponsored by:



Marty Van Houten

515.229.1826
Vanhoutenmartin@saydel.net



Saydel Little Eagles Softball Clinic

2015

Pitching, Catching, Hitting

January 24, January 31,
February 14, February 21

Dates:

January 24, January 31,
February 14, February 21



Hitting:

10 and under: 2:00 p.m.-3:00 p.m.

12 and under: 3:00 p.m.-4:00 p.m.

16 and under: 4:00 p.m.-5:00 p.m.

Pitchers and Catchers:

5:00 p.m.-6:00 p.m.

Hitting Only: \$40

Pitching/Catching* Only: \$40

Both Clinics: \$70

**pitchers need to bring their own catchers,
catchers need to bring their own equipment*

Checks payable to

Saydel Softball Boosters

Registration ends: January 10

Registration available until January 10th
Send this form to Saydel Athletic
Department in care of Marty Van Houten

Name: _____

Age: _____

Phone: _____

Email: _____

Please check which clinics you plan to attend:

- Hitting
- Pitching
- Catching

Shirt size (circle one):

Youth- 6-8, 10-12, 14-16

Adult- Small, Medium, Large

PARENTS RELEASE AGREEMENT
WE (I) HEREBY RELEASE THE SAYDEL HIGH SCHOOL ATHLETIC STAFF, SAYDEL HIGH SCHOOL, AND ALL EMPLOYEES AND VOLUNTEERS FOR ALL CLAIMS (PRESENT OR FUTURE) RESULTING FROM ANY INJURIES WHICH MAY BE SUSTAINED BY OUR (MY) DAUGHTER WHILE ATTENDING THE SAYDEL HIGH SCHOOL CLINIC.

Parent/Guardian Signature

Date

Name of Parent Guardian

Boys' Basketball

Shooting Woes Continue to Plague the Eagles

The Boys Basketball team continues to struggle shooting from the floor. These struggles have resulted in the team dropping their first three games of the year. Last Friday the Eagles hosted Heart of Iowa Conference foe Gilbert. The Eagles scored on their first possession as Junior Rece Martin hit a baseline layup and was fouled. Martin connected on the free throw to complete the 3 point play. The Eagles played solid defense during the first four minutes of the game. Following a basket by Senior Justin Carr they held a 5-4 lead with 4 minutes to play in the first half; however, Gilbert would outscore Saydel 16-3 to close the first quarter ahead 20-8. The Tigers continued to build the lead throughout the second and third quarters. Gilbert held their largest lead of the night at 34 (63-29) heading into the fourth quarter.

On Tuesday December 9th the Eagles traveled to Nevada for their first road game of the 2014-2015 season. Once again poor shooting allowed the opponent to build a significant first half lead. The Cubs were able to build a 21 point lead at 32 to 11 with a little over 2 minutes remaining in the second quarter. The boys were able to cut the lead to 17 at 36 to 19 at the half. The Eagles cut the lead to 10 (38-28) just a couple of minutes into the third quarter; however, Nevada hit back to back shots and the lead quickly jumped back to 15. Saydel had several opportunities to cut into the lead over the next 3 minutes but were unable to score.

Saydel is back home on Monday December 15th for an non conference game against Ankeny Christian.

Heart of Iowa Boys Basketball Standings	Conference			Overall		
	W	L	T	W	L	T
Gilbert	3	-	0	3	-	0
Greene County	3	-	0	3	-	0
Nevada	3	-	0	3	-	0
Roland-Story	2	-	1	3	-	1
PCM-Monroe	2	-	1	2	-	2
South Hamilton	1	-	2	1	-	2
North Polk	1	-	2	1	-	2
SAYDEL	0	-	3	0	-	3
Colfax-Mingo	0	-	3	0	-	3
CMB	0	-	3	0	-	4

Boys' Basketball (cont.)

Game 2
12/5/2014

Gilbert	20	22	42	21	12	75
SAYDEL	8	13	21	8	22	51

Players	Min	FGM	FG A	3 M	3A	FT M	FT A	Pts	OR	DR	TR	Ast	Stl	Bl k	C/5	TO	PF
0 - Smith	8	1	1	1	1			3	1		1					2	1
10 - Roberts	26.5	3	8	0	3			6				1				2	1
12 - Seuferer	9.5	2	2	1	1			5		1	1		1			3	1
20 - Walker	17.5	2	5	1	3	2	2	7	1	4	5	1	1			2	4
22 - Sommers	7.5	0	3			1	2	1	1	1	2		1			2	5
24 - McBride	12.5	2	9	0	1			4	3	3	6	1				2	2
30 - Philipsen	18.5	2	5	1	4			5	1	2	3	3				2	3
40 - Reese	6.5	0	3	0	1				1		1		1				1
44 - Carr	20.5	2	8			3	6	7	4	5	9	1		1		2	1
52 - Martin	16	3	4			5	6	11	3	2	5	1		1		2	3
54 - Hill	17	1	5			0	2	2	1	4	5	1	1	1	1	2	2
Totals	160	18	53	4	14	11	18	51	16	22	38	9	5	3	1	21	24
Opponent	160	22	47	9	18	22	32	74	7	18	25	11	11	1	0	9	15

Game 3
12/9/2014

Nevada	14	22	36	15	11	62
SAYDEL	7	12	19	11	10	40

Players	Min	FGM	FG A	3 M	3A	FT M	FT A	Pts	OR	DR	TR	Ast	Stl	Bl k	C/5	TO	PF
0 - Smith	2.5							0			0						
10 - Roberts	25.5	1	6	0	1			2	1	2	3	3			1	5	3
12 - Seuferer	9	0	2			3	5	3	2	3	5		1			1	
20 - Walker	18	2	4	1	2	1	2	6	1	1	2	1	3			2	2
22 - Sommers	21.5	2	5			0	2	4	2	2	4	3	1			1	3
24 - McBride	17	1	5					2	1	2	3	2				5	1
30 - Philipsen	18.5	1	6	0	2	1	1	3	1	3	4	2				3	
40 - Reese	2.5										0						
44 - Carr	19.5	3	7			2	5	8	1	4	5		1			3	3
52 - Martin	11.5	1	3			2	2	4	2	2	4		1				1
54 - Hill	14.5	3	6			2	2	8	1	4	5		2	1		2	1
Totals	160	14	44	1	5	11	19	40	12	23	35	11	9	1	1	22	14
Opponent	160	23	50	7	22	9	13	62	6	23	29	13	12	1	0	14	15



SAYDEL EAGLE ACTIVITIES

5601 NE 7th St.
Des Moines, IA
50313

Phone: 515-262-9325
Fax: 515-266-8497

GO EAGLES!!!

We're on the web!
www.saydel.k12.ia.us

It is the policy of the Saydel Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices.

There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Julie McKibben, Director of Student Services, 5740 NE 14th Street, Des Moines, IA 50313 mckibbenjulie@saydel.net

Office for Civil Rights, Citigroup Center, 500 W. Madison Street, Suite 1475, Chicago, IL 60661. Consider using the 2013-2014

Did you know???

- ◆ Coaches/Sponsors submit articles to the Eagle Express.
- ◆ Saydel is ranked #14 in the IGHSAA Preseason Basketball Poll. HOIAC foes PCM and Nevada are ranked ahead of the Eagles.
- ◆ Sportsmanship starts with YOU! It is OK to be a dedicated fan! **Support your team positively!**
- ◆ Feel free to forward the Eagle Express or invite them to join! Send an email to eagleexpress@saydel.net to get signed up!
- ◆ The Activities Director Advisory Committee (ADAC) is a group of students that help the activities department work toward a brighter future! This group meets monthly and works on promotions and other activities.
- ◆ Saydel has been chosen to host the IAHSAA 2A Sectional Wrestling Tournament this year on February 7th.
- ◆ Saydel has 2 wrestlers ranked in the state rankings Grant Sherman is #4 and Austin Moen is #7.

