

Eagle Express



07/11/2014

Cross Country

The Saydel Cross Country season is well underway and it is shaping up to be a very successful one for the Eagles! The Eagles return multiple letter winners from last year's boys and girls teams, including team MVPs Casey Roberts and Lyndsay Bianchi.

The girls team is lead by returning seniors Gabby Richards and Emma Bowman. Also returning are letter winners Cassie Chubb, April Knight, Jordan Johnson and Lyndsay Bianchi. Newcomers to the team this year include Mackenzie Pyles, Ada Miklus and Jayda Tolentino.

Emma mentioned, "I'm really excited for another year of XC. We have a great team and always make tons of great memories."

The boys team only loses one senior from last year's team and brings back senior and 2013 state cross country meet participant Casey Roberts.

Casey noted, "We've been putting a lot more miles in per week to start the season this year, which is going help us a lot down the road. It will make the races feel shorter."

Also returning to the team are letter winners David Parker, Joey Hassett, Justin Roepsch, Alex Scott, and Kole Walker, and Joe Smith. The team adds a group of hard working athletes this year as well, including Cody Boozell, Josh Green, Nathan Nelson and Zach McKee

Each year the team has grown larger and stronger. Now at 20 runners between the two teams, Saydel Cross Country is looking to improve and make more and more strides toward a Heart of Iowa Conference Championship, alongside numerous individual goals as well.

Find the Saydel Cross Country Schedule at www.heartofiowaconference.org.

Runners pictured from left to right: Front: Emma Bowman, April Knight. Second row: David Parker, Nathan Nelson, Zach McKee, Joe Smith, Lyndsay Bianchi, Mackenize Pyles. Back: Casey Roberts, Josh Green, Cody Boozell, Alex Scott, Justin Roepsch, Kole Walker, Gabby Richards, Cassie Chubb, Jordan Johnson, Joey Hassett. Not pictured: Ada Miklus, Jayda Tolentino.





FOOTBALL

The 2014 football season is nearly here and the Eagles are preparing daily to take the field. Next Friday the Eagles host Clarke in the first game in the newly remodeled Saydel Stadium. Last year the Eagles and Indians played a hard fought game that ended with a Saydel win. The Eagles look to start the season off on the right foot with another victory over Clarke.

Saydel returns a number of players this season that saw significant time last year. The Eagle offense brings back over 1,500 yards of offense along with 16 touchdowns. Seniors Clayton Sommers, Grant Sherman, Zach McBride, and underclassman Jacob Philipsen, Dylan Coffin, and Devin Porter all bring offensive skill position experience back to the Eagles. Up front the O-line returns Tanner Newell and Brandon Hill to a group that saw great improvement from a year ago. The Eagles will need to continue the improvement if they want to build upon a drastically better offensive performance last season.

Defensively the Eagles spent many hours this summer implementing a new defensive scheme. The Eagles look to improve on this side of the ball as seven of last year's top ten tacklers return, including senior Marshall Anderson who moves from linebacker to the secondary, joining fellow senior Corey Denning.

The Eagles lost a key weapon from a year ago in the leg of punter/kicker Jake Sherman. Younger brother Grant Sherman is hoping to duplicate the efforts that earned Jake All-State and All-American honors last season. The Eagles will need these efforts to continue to change the field position during the game in their favor.

This season looks to be exciting as many Eagles compete for playing time. An athletic group of underclassmen look to push their older teammates. In addition, the opening of a new stadium with turf, press box, bleachers and sound system, make this season one worth checking out. Go Eagles!!



VOLLEYBALL

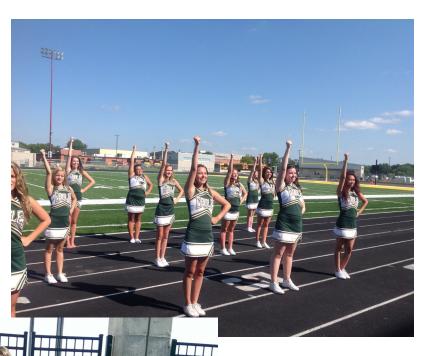
This 2014 season is looking very promising! We have 11 returning seniors with many games under their belt! Finally this year we have a team with great



chemistry and good attitudes! All summer we have been putting forth the effort to rebuild the volleyball program here at Saydel, and with myself being a new coach here believe this is going to be the start of something new! I am so excited to be coaching this group of girls at the high school level, they are showing growth each and every day in the weight room, with speed and agility drills. We are sure to turn heads this year and reconstruct the volleyball mentality in our community! We would love to see packed stands cheering all these girls on during this season! Our first home game is September 4th, hope to see you there!

CHEERLEADING

The cheerleaders have been practicing and getting ready to fire up the Eagle fans at our first game against Clarke. There are 18 girls on the squad. Most of the girls are returning cheerleaders with lots of experience. We have a few new ones that are working hard to know the many cheers that will be performed. The girls have many ideas to make this a great football season for all!



Trivia Question:

How many SENIORS are on the Cheerleading Squad?

(See Answer on Last Page)

Saydel After Prom Can Drive

Sunday September 14, 2014 11am – 2pm

Woodside Middle School Parking Lot

Please feel free to put cash redeemable cans/bottles/plastic out at the end of your driveway by 11am on August 14th, and we will pick them up for you. If you are driving by Woodside and want to drop off, that would be great!!

After Prom is sponsored by the Junior class and their parents. All monies raised will go toward providing an alcohol and drug free After Prom Party following the Junior-Senior Prom.

Any junior student for the 2014-2015 school year and their parent(s) are welcome to come and help.

Call Dianne at 289-2693 for more information.

Thank you for your support!



SAYDEL EAGLES ATHLETIC BOOSTER CLUB

Family Membership Form 2014-2015

Name .		
Address		
City	Zip	
Phone		
Email		
P	latinum Eagle	\$250
Include	s a family pass (admission to all home regular	
season	sporting events). Name listed in all programs.	
G	old Eagle	\$100
\$25 Sa	ydel merchandise credit. Name listed in all programs.	
Si	ilver Eagle \$50	
\$15 Sa	ydel merchandise credit. Name listed in all programs.	
G	reen Eagle	\$25
Name	listed in all programs	
E	agle	\$10
Name	listed in all programs	
2013/201	4 support made possible by your donations & booster	club funds
	Boys track uniforms	
	Boys and girls basketball uniforms	
	Sport team camp fees	
	Volleyball uniforms	
	Wrestling warm ups	







Saydel Music Boosters 2014-2015

Saydel Music Booster sponsorships are available to businesses, individuals, families and organizations interested in providing financial support for the Saydel Community School's Music Program. Donations provide support to the vocal and instrumental programs at Woodside Middle School and Saydel High School. Some of the expenses covered by the Music Boosters include travel for students, clinicians (drum line & color guard instructor, choir & band master classes), accompanists for concerts & contests, honor festival expenses, awards and music camp scholarships.

Continuing the Tradition of Excellence, our performing groups represent our school and community year-round, serving as outstanding examples of student accomplishments and the exceptional educational programs they represent.

All donations to the Saydel Music Booster program are proudly listed in our concert programs and athletic programs for both Woodside and Saydel throughout the school year. Sponsors may elect to remain anonymous at their discretion.

Donations for sponsorships are TAX DEDUCTABLE!

Checks m	ay be made to – Sayde	el Music Boosters	
	Detach and return with che	eck or cash to:	
	Saydel Music Boo.	sters	
	c/o Saydel High Sch	hool	
	5601 NE 7th St.		
	Des Moines, IA 50	313	
Platinum Eagle \$250+	Gold Eagle	\$100 Silv	er Eagle \$50
Green Eagle \$25	Eagle \$10	Other Amount (\$)



Saydel Activities Office

Saydel High School 5601 NE 7th St. Des Moines, IA 50313

Phone: 515-262-9325 Fax: 515-266-8497





Personal

~Responsibility

 $\sim \sim I_{\rm II}$

~~~Daily

~~~Excellence

It is the policy of the Saydel Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices.

There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator,

Julie McKibben, Director of Student Services, 5740 NE 14th Street, Des Moines, IA 50313 mckibbenjulie@saydel.net

Office for Civil Rights, Citigroup Center, 500 W. Madison Street, Suite 1475, Chicago, IL 60661. Consider using the 2013-2014

