



# Cornell Elementary School Menu 2020

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@saydelnutrition

October						
Su	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November						
Su	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Cheese Pizza PB&J & String Cheese Steamed California Medley Rocken Casear Salad Chilled Pineapple	Chicken Nuggets Turkey & Cheese Sandwich Calico Beans Fresh Baby Carrots Fresh Seedless Grapes	No School - Drive Through Closed	Cheese Pizza PB&J & String Cheese Steamed California Medley Rocken Casear Salad Chilled Pineapple	Chicken Nuggets Turkey & Cheese Sandwich Calico Beans Fresh Baby Carrots Fresh Seedless Grapes
<b>Week 2</b>	Fiesta Beef Tators w/ Shredded Lettuce Ritz Crackers with PB Refried Beans Fresh Broccoli Florets Chilled Peaches	French Toast Stick w/ Sausage Patty PB&J & String Cheese Tri Tator Hashbrown Fresh Grape Tomatoes Fresh Orange	School Closed for Cleaning - See Drive Through Menu for details	Fiesta Beef Tators w/ Shredded Lettuce Ritz Crackers with PB Refried Beans Fresh Broccoli Florets Chilled Peaches	French Toast Stick w/ Sausage Patty PB&J & String Cheese Tri Tator Hashbrown Fresh Grape Tomatoes Fresh Orange
<b>Week 3</b>	Mozzarella Sticks Bento Box Steamed Green Beans Fresh Celery Sticks Applesauce	Teriyaki Chicken over Rice Pizza Munchable Steamed Stir Fry Vegetables Fresh Baby Carrots Fresh Banana	School Closed for Cleaning - See Drive Through Menu for details	Mozzarella Sticks Bento Box Steamed Green Beans Fresh Celery Sticks Applesauce	Teriyaki Chicken over Rice Pizza Munchable Steamed Stir Fry Vegetables Fresh Baby Carrots Fresh Banana
<b>Week 4</b>	Chili Hotdog on WG Bun Combo Meat Sandwich Steamed Broccoli Green Pea Salad Mixed Fruit Cocktail	Taco Quesadilla Yogurt Pack w/ Cheese & Goldfish Cooked Carrots Rocken Casear Salad Chilled Pears	School Closed for Cleaning - See Drive Through Menu for details	Chili Hotdog on WG Bun Combo Meat Sandwich Steamed Broccoli Green Pea Salad Mixed Fruit Cocktail	Taco Quesadilla Yogurt Pack w/ Cheese & Goldfish Cooked Carrots Rocken Casear Salad Chilled Pears

## The 5 Components of a School Lunch



Choose all 5 for the best nutrition!

## Offer Vs. Serve

Choose **1/2 cup fruit**,  
or **1/2 cup vegetable**,  
or 1/2 cup **combination**  
and **at least 2 other**  
**components.**

This institution is an equal  
opportunity provider

Menus are subject to  
change due to availability  
of items