

# SAYDELPHIC

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Saydel High School  
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# FALL-STAR ATHLETES

by Destiny Butters

## Cheerleading: Ana Green



**Q:** How do you feel about the new coaching staff?

**A:** “I like all the new coaches, they’re very nice and helpful with the new season.”

**Q:** What cheers are your favorite cheers?

**A:** “Green and Gold Kicks, and the Roof is on Fire.”

## Volleyball: Kenzie Myers



**Q:** How do you feel about the season?

**A:** “It’s going way better than it has in previous years, and I can’t wait to see what happens.”

**Q:** What is your favorite thing about the environment?

**A:** “It’s super upbeat and everyone gets along.”

## Cross Country: Caleb Jurgensen



**Q:** What is your favorite aspect of cross country?

**A:** “Being mentally tough.”

**Q:** What made you want to go out for cross country?

**A:** “Myself, then pushing to reach my goals and being mentally tough.”

# FALL-STAR ATHLETES

by Landon Leach

## Marching Band: Alexis Johnson



**Q: What is the hardest instrument?**

**A: "Saxophone and the trombone."**

**Q: What makes a good band member?**

**A: "Be optimistic and believe in yourself."**

## Football: Noah Walker



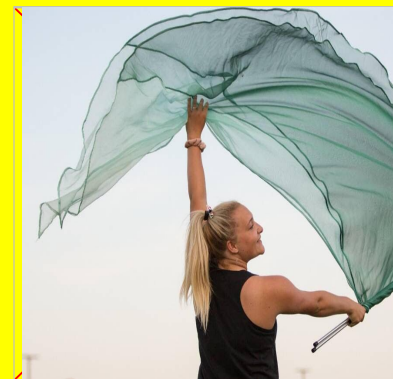
**Q: What is the hardest thing about being a football player?**

**A: "When I get hot and it is near the end of the practice, I take it out on my teammates."**

**Q: What do you think makes a good football player?**

**A: "Athletic, comes to practice, gets along with their teammates."**

## Color Guard: Taylor Conley



**Q: What is your favorite aspect of color guard?**

**A: "Performing with my friends."**

**Q: What is the hardest part of color guard?**

**A: "Dancing because I haven't danced prior to color guard."**

# The Addams Family Comes to Saydel

Saydel, be prepared to be Spooked.

by Reilly Aagesen and Katie Plascencia

The fall drama production at Saydel High School is shaping up to be a spooky one. Students will be portraying the unusual yet oddly charming Addams Family, and all who are participating seem up for the challenge.

The cast for *The Addams Family* has proven to be the biggest musical cast in recent years and for a lot of people that is exciting news and may even make for a better show, especially when you have a myriad of characters with odd and somewhat frightening traits and hobbies. Based on the newspaper cartoons first envisioned by illustrator Charles Addams, the original black and white television series debuted in 1964. The Addams Family, along with their catchy theme song, have become iconic pieces of television history and have received many adaptations in later years. The 1991 movie *The Addams Family* introduced these “cooky and ooky” relatives to a new generation and revamped a whole new love for the unorthodox family. The 1991 film was so popular it spurred two more sequels, occurring in 1993 and 1998.

Bringing one of the most iconic television families in history to life in a high school auditorium is no small task, and though the cast may be large, the behind the scenes crew is nothing short of an army as well. Especially this year’s makeup crew, lead by senior Destiny Butters, who is ready to take on the challenge. “I’m most excited to get to know the new cast and to see the final outcome, but I think time management might be a struggle this year,” says Butters, who did makeup for last year’s *The Brothers Grimm Spectaculathon*. “Everyone needs makeup for this show so we’ll have to make sure that we have everything ready to go for opening night.”

As you can imagine, The Addams Family has a very expansive and elaborate home, and for senior Nick Fagen, head of set building, there is always going to be work for people to do. “I think the most challenging thing of all will be keeping people working and keeping everyone busy... but I’m excited to get to know people because the musical always expands the people I talk to,” says Nick.



All in all, it seems as though this year’s musical will not only be a spooky one but also a memorable experience for all who participate as well as watch. Opening night for *The Addams Family* musical is set for Thursday, November 1, with another show the following evening, Friday, November 2. Be sure to bring your own family to support our drama department in *The Addams Family* musical.



## A special Group Bringing Spirit to Saydel

by Kathryn Paulsen

Do you know what Spirit Squad is? They are a group of people who want to add more spirit to our school community. They started out because Carleigh Heiss and John Seuferer wanted to give more spirit to the school. They had it all planned out last year, but Spirit Squad came into play this year. Carleigh Heiss and Sydney Dhabolt talked with students and encouraged them to join and attend meetings. They reached out, trying to get everyone and anyone to join Spirit Squad to grow their club. Spirit Squad goes to all the school events involving sports. They dress up for all the themes for football, like Spirit Day, and Hawaiian Day. They do tailgates and they go to the volleyball games and show school spirit there too. Overall, they want everyone to show spirit in our school.

“Our main goal is to add more spirit to our community,” says Gracie Bear. They are trying to organize a field day, and they are trying to be able to perform in the Homecoming assembly. Also, they are making senior posters for all the fall sports. They want this program to continue on after the seniors who started it leave this year. Current members are seniors Destiny Butters, Nick Fagen, Sydney Dhabolt, John Seuferer, Manny Mazariegos, Carleigh Heiss, Gracie Bear, and junior Riley Erickson. They encourage anyone to come in and help bring school spirit and fun to Saydel High School.



Gracie Bear and Destiny Butters make senior posters for fall sports.

# Free Lunch Facts

## What's the deal with free lunches?

by Dylan Thompson

I'm sure you have noticed that this year's lunch is free for all students, but why do we have free lunch? With further investigation to find out why lunch is free, I interviewed Jessy Sadler, the current Director of Foods and Nutrition Services. Sadler explained, "It's not a grant, it's actually a food program option called CEP." CEP stands for Community Eligibility Provision. It is provided by the USDA (United States Department of Agriculture).

What kind of requirements do we need to get CEP? Sadler further clarified, "48% of students were registering for free lunches." We needed to have at least 40% of students in the prior year register for free lunches. She also added, "Cornell has had it [CEP] for three years."

We have CEP for the next four years. We can re-register for the food program again after it is up as long as we still fulfill the requirements of the program.



Evan Mundy eats a peach that came with his free lunch.



Jessy Sadler is the Director of Foods and Nutrition Services for Saydel Community Schools.

# FALL FAVORITES

## Toffee Crunch Cake

by Destiny Butters

**Ingredients:** 1 chocolate cake mix, 3 eggs, 1 1/4 cups of milk, 1/2 cup oil, 1 14-oz can sweetened condensed milk, 1 11.5-oz jar salted caramel sauce, 2 cups heavy whipping cream, 2 tablespoons powdered sugar, 1/2 teaspoon vanilla extract, and 1 8-oz bag Heath candy pieces

### **Instructions:**

**Step 1:** Preheat oven to 350°F. Spray a 9x13 inch baking dish with nonstick spray.

**Step 2:** Prepare cake mix according to package directions, *using milk instead of water*. Pour batter into prepared dish and bake according to directions on box.

**Step 3:** Poke holes all over cake. Pour sweetened condensed milk over the cake, making sure to fill the holes.

**Step 4:** With a mixer, whip the heavy whipping cream for about one minute and spread over the cake. Drizzle with remaining caramel sauce and sprinkle with Heath candy pieces.



## Pumpkin Bread

by Emily Chiles

**Ingredients:** 1 can of pumpkin, 4 eggs, 1 cup of vegetable oil, water, flour, baking soda, salt cinnamon, nutmeg, ground clove, ground ginger

### **Instructions:**

**Step 1 :** Preheat oven to 350°F, and spray 2 loaf pans with cooking spray.

**Step 2 :** Mix 1 15-ounce can pumpkin, 4 eggs, and 1 cup vegetable oil.

**Step 3 :** Pour 2/3 cup water and 3 1/2 cups flour in with it.

**Step 4 :** Mix the rest in with it 2 teaspoons baking soda, 1 1/2 teaspoon salt, 1 teaspoon cinnamon, 1 teaspoon of ground nutmeg, 1 teaspoon of ground cloves, and 1/4 teaspoon of ground ginger.

**Step 5 :** Bake for 65 minutes.



# SCHOOL YEARBOOK

## **NEW YEAR MEANS NEW YEARBOOK!**

by Alyssa Monroe

The new school year means new roles for the Yearbook and Newspaper staff! This year's Yearbook Editors are seniors B`Elanna Trulove and Alyssa Monroe. Junior Casey Campbell is Newspaper Editor and senior Reilly Aagesen is Photo Editor. Along with the editors our others members are sophomores Dylan Thompson, Landon Leach, and Natalya Wheeler; Juniors Emma Lane, Kathryn Paulsen, and Carolyn Rose; Seniors Katie Plascencia, Darian Garcia, Gracie Bear, Destiny Butters, and Emily Chiles.

With new staff on board, junior Emma Lane said, "I'm excited to see the end result of the yearbook!" The yearbook staff will spend the whole school year working on the yearbook to produce an end product. Sophomore Landon Leach is excited to "take pictures and put them in the yearbook!" Along with new yearbook staff means new ideas on design. The staff is planning on adding special designs and pops of color everywhere in the yearbook.

**IF THIS INTERESTS YOU, TAKE PUBLICATIONS  
AS AN INTRODUCTION TO THE REAL THING.**

**NEW YEARBOOK AND  
NEWSPAPER STAFF FOR THE  
2018-2019 SCHOOL YEAR!**





# Getting to Know Your New Staff

by Casey Campbell, Emma Lame, and Natalya Wheeler

*Denise Miller*

## Q: Where did you grow up?

Northwest Iowa, a town of 60 people. Had a high school class of thirty-five, five of which were foreign exchange.

## Q: Why did you choose Saydel?

"I loved the school and everything was all neat and new looking... I liked the philosophy of us being a team."

## Q: So far, what is your favorite part about working here?

"The people. Whether it's the students or the adults, they're helpful and friendly."

*Shannon Riddlebarger*

## Q: Why did you choose to work at Saydel?

"I spent all of my free time volunteering for the community and school so, when the position opened, I applied."

## Q: So far, what is your favorite thing about working at Saydel?

"The students. I love seeing how everyone is so different and unique in their own ways."

## Q: Outside of work, what do you enjoy doing?

"I enjoy spending time with family and watching sports."

*Chris Mund*

## Q: What college did you attend?

Started at Iowa State, went to Central College for one year, finished at Grandview University and got a Master's Degree at Morningside.

## Q: Why did you choose to come to Saydel?

He enjoyed his experience as a student at Saydel and wanted to make an impact like his teachers did.

## Q: So far, what is your favorite thing about working at Saydel?

"Seeing the kids everyday and making a difference."

*Steven Fisher*

## Q: What college did you attend?

Simpson for business and secondary education. "I've always wanted to teach."

## Q: Did you participate in any activities in high school?

Football, soccer, basketball, baseball, and student council.

## Q: So far, what is your favorite part about working here?

"The students, the staff, just the school."

# Getting to Know Your New Staff

by Casey Campbell, Emma Lame, and Natalya Wheeler

*Anayolanda Torres Pinto*

## Q: Where did you grow up?

Ecuador, South America. Moved to Ottumwa in 1991.

## Q: Why did you choose Saydel?

"Saydel is a small community, yet close to the metro. It is a good combination."

## Q: What is something you want the students to know?

"I would like for them to take [this language] with them, to be able to use it. Learning this language will give you a better opportunity in your personal life, college, or directly to work."

*Bethany Kula*

## Q: What made you choose Saydel?

"Coming from a small school I felt more comfortable. I could build better relationships with teachers and students."

## Q: What made you interested in teaching?

"I had a lot of friends who were teachers and saw the impact they made in students' lives, and I wanted to be a part of that."

## Q: Where did you grow up?

"I grew up in Anamosa, Iowa. It is near Cedar Rapids. Fun fact, Grant Wood (painter of American Gothic) also lived in Anamosa, Iowa."

*Gilda Figueroa*

## Q: What did you do before teaching at Saydel?

Associate at Ankeny, Interpreter at Southview, Spanish teacher at DSM Christian and volunteer at her church and her children's school

## Q: So far, what is your favorite thing about working at Saydel?

Always loved teaching. Loves seeing kids comprehend what they are being taught, loves seeing that "awe" look in the kids' faces when they understand and are able to communicate in Spanish.

## Q: Outside of work, what do you enjoy doing?

Loves being with her family and cooking with them.

*Julieanne Rogowski*

## Q: How has high school changed?

"There's a lot of newer technology than we had when I was in school. Teachers have also gotten more explicit and go more in depth with lessons."

## Q: What do you enjoy most about Saydel?

"Saydel students are so involved; so many students are involved with everything."

## Q: What do you enjoy about teaching?

"Being an English teacher, you get to know more about the student and start to have a relationship with each individual student."

# SENIOR THOUGHTS

Class of 2019 thoughts on their final year at Saydel

by Gracie Bear and B'Elanna Trulove

## Kyle Johnson



**Q:** At our 10-year reunion where do you think you'll be and where do you think the rest of our class will be?

**A:** "I hope I will be a sergeant or exploring the world. Everyone else will probably have a run-in with the law, have a family, or they will be rich."

**Q:** How do you think people will remember you?

**A:** "Probably by my daily Snapchats."

## Jade Olsen



**Q:** What are your thoughts about it being your last year of high school?

**A:** "I think it's sad that it's our last year. A lot of us have lost good friends from unneeded drama."

**Q:** Who is your favorite teacher here at Saydel, and why are they your favorite?

**A:** "Mr. Dana Accola is my favorite. I can talk to him about anything."

## Andrew Malone



**Q:** What are your goals for the school year?

**A:** "I want to impact the underclassmen in a positive way. Also, I'll hopefully get a scholarship for either track or football."

**Q:** What advice do you have for the freshman class?

**A:** "Don't let fear decide who you're going to be. You can define yourself through hard work and an open mind."

# SENIOR THOUGHTS

Class of 2019 thoughts on their final year at Saydel

by Gracie Bear and B'Elanna Trulove

## Hollie Trogden

Q: How do you think people will remember you?  
A: "Really loud, obnoxious, aggressive, and kind of crazy."

Q: If you could give advice to your freshman self, what would it be?  
A: "Do your homework. Show up to class. School is more important than friendships."



## Nick Fagen

Q: What are your plans for after high school?  
A: "I want to get a 2-year business degree at DMACC and continue working."

Q: What are you most excited about this year?  
A: "Seniors coming together. Like with the Spirit Squad, we've never really had people come together and bond like that."



## Sydney Dhabolt

Q: What's your favorite high school memory?  
A: "Chanting for CJ Bolich sophomore year at the basketball game, because even though we were losing, everyone still had a positive attitude."

Q: Who was your favorite teacher? Why?  
A: "Ms. Drees. She pushed me to do better and taught me I can do better than what I was already doing."



# SPOOKY STORIES

by Gracie Bear and B'Elanna Trulove

"I woke up to hear knocking on glass. At first, I thought it was the window until I heard it come from the mirror again." - Reddit

"My daughter woke me around 11:50 last night. My wife and I had picked her up from her friend Sally's birthday party, brought her home, and put her to bed. My wife went into the bedroom to read while I fell asleep watching the Braves game. "Daddy," she whispered, tugging my shirt sleeve. "Guess how old I'm going to be next month." "I don't know, beauty," I said as I slipped on my glasses. "How old?" She smiled and held up four fingers. It is 7:30 now. My wife and I have been up with her for almost 8 hours. She still refuses to tell us where she got them." - RealScience87

"I always thought my cat had a staring problem, she always seemed fixated on my face. Until one day, I realized that she was always looking just behind me." - Reddit

"I begin tucking him into bed and he tells me, "Daddy, check for monsters under my bed."

I look underneath for his amusement and see him, another him, under the bed, staring back at me quivering.

He whispered to me, "Daddy, there's somebody on my bed." - Reddit



# WELCOME BACK TO SCHOOL!

by Alyssa Monroe



New Year, New Faces

