

The Saydelphic



Issue 3, Volume 60
April 16, 2018

Saydel High School

www.saydel.k12.ia.us | 5601 NE 7th. Street Des Moines, IA 50313



by Alyssa Monroe

Come dance all night long!

Prom is coming soon so here are some important details. This year prom will be held at Grandview Student Center (2811 E 14th St, Des Moines, IA 50316) from 8-11pm. Tickets are \$35 a piece, and will be available for purchase during lunch on April 10-13; then ticket prices will be \$35. Lifetouch will be at prom taking pictures, and photo packages will be available. Prom will have refreshments such as water, cookies, and lots of candy. Jackson Jarrell from the prom committee says, "Be prepared to have some fun."

After Prom is at the high school and starts at 11pm and continues until 4am. There will be inflatables, a hypnotist, a wedding chapel and many more activities! Jeanette Plascencia on the committee for After Prom says, "There will be many gifts for the juniors and seniors, and we have had many places donate gift cards."

A big thanks to everyone who will make Prom and After Prom successful. Also, a big thanks to the junior parents and prom committee members Jayda Tolentino, Hannah Bowman, Jackson Jarrell, Jacob Kuehl, and Katie Schmidt.



 *April 21*
Prom 2018



Shared Sports



A look into the opportunities for Saydel Athletes by Taylor Newell

Since Saydel is a smaller school, it's hard to really explore the full range of sports. Larger, surrounding schools play sports like lacrosse and rugby and you may ask, "Those are high school sports?" They are forgotten due to the fact that Saydel just isn't big enough to have their own teams, so many people in the community don't even know about them. Although, Saydel is lucky enough to offer a shared sports program where athletes can join a different school's sports team in order to play.

One of the most popular shared sports that Saydel offers is soccer. There aren't enough kids in the Saydel community to offer their own team, but they do allow student athletes to play soccer at East High School in Des Moines. Former 2016 Saydel graduate, Mackenzie Pyles, played soccer at East all 4 years while she was in high school. It can be intimidating going from everyone getting a chance to be on any team that they'd like, to having to try out just to make the roster. Pyles had mentioned that there 96 girls signed up to try out and only 18 would be given a spot on the roster. She had said that she was nervous going into tryouts, but that quickly went away when she started to make friends, playing a sport that she loved. "I made friends with people that I still talk to on a daily basis," exclaimed Pyles.

This year Saydel has quite a few athletes going out for boys soccer. Among those athletes are seniors Mario Rodriguez, Jhonelson Delacruz, Jacob Kuehl, junior Manny Mazariegos, sophomore Jesus Ramos Beltran, and freshman Memo Perez. Jhonelson mentioned that having other students that he went to school with, also playing soccer, eased a bit of his nerves as he takes on his first year of soccer. "I wanted to try something new," said Delacruz when asked why he went out for soccer. The number of athletes participating in the shared sports program is continuing to grow, and can only mean good things.

Among the large group of athletes going out for soccer, Saydel has one athlete participating in rugby at Van Meter High School. Senior Trevor Sprague, a multi-sport athlete at Saydel, decided he was going to try a new sport his senior year. "I wrestled a kid from Van Meter my sophomore year and we became good friends and he invited me to come play rugby for them so I thought, why not," explained Sprague when asked how he heard about the opportunity. With Van Meter not being a school that Saydel combines with for sports, it was pretty shocking to hear of such a thing. When asked how flexible Saydel was with the new opportunity Trevor said, "I went to the office and told them that this was something that I was interested in and they gave me the okay."

So many new opportunities are arising in the Saydel community, and it's amazing to see the large amounts of support that the high school can give to the athletes who choose to play sports outside of what is offered. Get involved and have fun!

Get to Know the Yearbook Staff!

Taking a closer look at yearbook

by B'Elanna Trulove

"Fun, optimistic, and creative." These three words are how junior Darian Garcia describes yearbook and newspaper. The Saydel yearbook, the Eagle, and the Saydel newspaper, the Saydelphic, have been around for as long as anyone can remember. Over the years, there have been lots of people who have put in tons of hard work to make the yearbook a reality. Let's get to know your 2017-2018 yearbook and newspaper staff! The yearbook editor is senior Taylor Newell, the photo editor is junior B'Elanna Trulove and the newspaper editor is sophomore Casey Campbell. Other members include juniors Alyssa Monroe, Darian Garcia, and sophomore Carolyn Rose.

The different members have different responsibilities. The yearbook editor, Taylor, describes what she does on a daily basis in yearbook. "I look over pages after they're edited, and I have the power to assign pages. I have a lot of say in what goes on in the yearbook." As someone who doesn't have a set position in yearbook, such as photo editor or newspaper editor, Carolyn works on her spreads and does other things on a daily basis. "I also write articles for newspaper. I think of questions to ask people for the article that I'm assigned."

Darian is the newest member of the yearbook and newspaper staff. She joined in January at the beginning of second semester. Darian explains that she joined because she likes the design aspect of yearbook. "I wanted to have a say in what the yearbook looks like because I buy one every year. These are the memories that you'll have forever. Like you'll show your yearbook to your kids and see the memories you created and I just wanted to be a part of that."

Yearbooks are indeed full of memories. There are a lot of enjoyable aspects in creating them. The yearbook has all kinds of different spreads: activities, sports, senior ads, division pages, the list could go on and on. Carolyn's favorite spreads to create are sports spreads. "I like sports spreads because it's cool to see different sports. Growing up I didn't know about a lot of sports, so it's cool to see the different parts of sports."

While yearbook and newspaper is fun, there are some challenging aspects to it. Taylor describes, "After being in yearbook for three years, you develop a style. I realize that as I look through pages, my style is the same, so the pages look the same. It's hard to keep coming up with something new." Carolyn describes how writing captions is the thing she finds to be the most difficult, "It's hard to not write the same thing over and over again."

The yearbook and newspaper team is always looking for new talent. Taylor believes that if you are on the fence about yearbook, just try it. "You can always drop it. Just give it a shot." Darian believes that yearbook is a great way to get involved. "It's a great way to be involved in something you're passionate about and also something you can grow at. Plus it's just fun."

The yearbook staff is a close-knit group of people who are passionate about design. If you enjoy creating something from nothing, taking pictures of sports, going to choir concerts, being on the sideline at football games, writing articles, designing spreads, or interviewing students and staff, please consider joining!



From left to right:
Junior Darian Garcia,
sophomore Carolyn
Rose, junior Alyssa
Monroe, sophomore
Casey Campbell,
junior B'Elanna
Trulove, and senior
Taylor Newell all
pose for a picture
together.

National Honor Society

What is National Honor Society?

by Carolyn Rose

National Honor Society, also known as NHS, is an organization that recognizes students who excel in the areas of scholarship, leadership, character, and service. Along with those four areas you must have a GPA of 3.25 or higher and be at least a sophomore to be invited into NHS. If you are invited to apply to be in NHS, you receive a letter containing an information form that you have to fill out. In this information form you explain why you feel you excel in the four areas and why you should be a member of NHS. Then a group of teachers and administrators meet to read over these information forms and decide who gets to be in NHS. There is not a certain number of students that have to be chosen, so all or no students could be chosen.

What happens when you become a member in NHS? Members of NHS get to arrange service projects such as 5K runs or easter egg hunts. They also get to do things like homework help for kids at the middle school. There are several benefits to being in NHS. One benefit is scholarship opportunities. "It's [NHS] encouraging kids to lead," mentions Mrs. Smith when talking about the benefits. She also mentioned how a good way to learn how to do something is just to live it and just do it. Overall, NHS is a way for students to expand on their scholarship, leadership, character, and service skills.



National Honor Society members get together for a group photo.



A Step Into the Mind of the Creator

As a bystander many cruise through the gallery and stop at each painting. Some try and understand it. Isn't that the end-all goal for the artists? Other viewers sometimes wonder about the techniques that were used to create such a masterpiece. Either way many of the audience members attempt to look into the artist's mind to answer their own questions. Here is that look.

Starting a piece can sometimes be the hardest part. Senior Trevor Sprague relies on projects assigned whereas senior Aubreigh Shineflew thinks "about things I like at the moment; either music or television." Mrs. Lindsay Dew's motivation "stems from life events from the past, present and the future."

When the final masterpiece is finished certain observers may say to themselves that they could never create something that splendid. Senior Trevor Sprague says, "That is a lie. I am pretty proud of the stuff that I have been able to do with only one year of high school art. I definitely wish I would have been able to take more art classes." Mrs. Dew reminds us that we can't knock it until we try it. Also that we may need to be taught various methods, and most importantly that the masterpieces that we see were created by artists with many years of experience.

by Darian Garcia



"Sun Kissed" Colored Pencil
by Aubreigh Shineflew



"Pursed Lips" 24"x36" Oil on Canvas
by Lindsay Dew
Semi-Finalist in a Miami Painting Competition
<https://www.lcreative.ninja/>



"It" Colored Pencil
by Trevor Sprague

Part of art attempts to relay a message sometimes and other times it is there just to visually entertain. As a viewer many yearn to understand this message and the artists attempt to make the message easy to interpret in their desired way. Senior Aubreigh Shineflew says, "You can't always make a message with your art. Sometimes your art has a message and sometimes it doesn't. Sometimes I kind of get offended if someone interprets the piece wrong or takes a negative meaning to it, and I like to explain my reasoning behind it."

Another point that some audience members do not necessarily think of when they look at the final product is the amount of people who played a role in the chef-d'œuvre. The people who are a part of Aubreigh's pieces are "Mrs. Dew, I go to art friends, I go to non-art-friends -just to see what people think- and of course my parents inspire me and I show them my art as well and get their approval."

Often times as an observer of art there are questions that we cannot find the answers to within the piece. Sometimes there may not be answers to these questions, or we do not have the ability to ask the artist. Hopefully, this inside look into the ideas and minds of the creators of our community has given you a few tools to answer your questions on your next gallery walk.

Sweet Spring Treats

Whether it's sipping coffee or scooping ice cream, everyone has his or her favorite guilty pleasure.

by Casey Campbell

After school, on the weekends, during breaks: these are all ideal times to go hang out at a local, cozy shop and enjoy some free time and good eats. "I love Cafe Diem Coffee Shop, they've got great hot chocolate and their atmosphere is really relaxed," was sophomore Hannah Handeland's reply when asked what was her favorite place to go for some downtime. This local coffee shop, located on 2005 S. Ankeny Boulevard, has been up and running only since 2000. It is a great place for family and friends, with everything from coffee to hot chocolate to muffins to pastries.

But to balance out a yummy drink, you need some oh so delicious ice cream. Another up and coming place is Sweet Swirls Rolled Ice Cream. They started out as a mere trailer, but soon grew into the bustling business it is now. Established in July of 2017, they are located on South West School Street in Ankeny and have a new location soon to open in Johnston.

Rolled ice cream has been the talk of town, everyone wants a piece of the action. "I heard about [rolled ice cream] from Instagram videos and I thought it was very creative," said Hannah Handeland. For Sweet Swirls in particular, you choose an ice cream flavor, 2 mix-ins, and a sauce; the workers then make it right in front of you, starting with only a scoop of liquid ice cream.

When asked what she would recommend ordering, Hannah was quick to reply. "Chocolate ice cream with brownies and strawberries," she said, this being her favorite combo they have to offer.

This new business is rather popular, with the possibility for the line to swing right out the door! It would be recommended to allow yourself plenty of leeway time when choosing to visit Sweet Swirls Rolled Ice Cream, for there is a chance of a wait.



Sweet Swirls own rolled strawberry/ cookie dough vanilla ice cream with caramel syrup.



Rolled strawberry/ brownie chocolate ice cream with chocolate syrup.

Flavors of ice cream:

- Vanilla
- Chocolate
- Peanut Butter
- Coffee
- Hot Chocolate

Mix-ins:

- Fruit (Strawberries, Raspberries, Cherries, Bananas and Coconut)
- Cereal (Fruity Pebbles, Cinnamon Toast Crunch and Cocoa Pebbles)
- Candy Bars (Reese's Cups, Butterfinger, Heath and Twix)
- Cheesecake
- Pretzels
- Brownie Bites
- Cinnamon Rolls
- Ghirardelli Peppermint Bark
- Chocolate Chip Cookie Dough
- Thin Mints
- Oreo's
- Graham Crackers
- Nuts (Cashews, Pecans, Almonds, and Peanuts)

Sauces:

- Raspberry
- Strawberry
- Chocolate
- White Chocolate
- Marshmallow
- Caramel
- Peanut Butter
- Nutella

"ROOKIE" ROBOTICS TEAM

Saydel's Vulcan Eagles earn Highest Ranked Rookie Team at final competition.

by Reilly Agesen, guest columnist

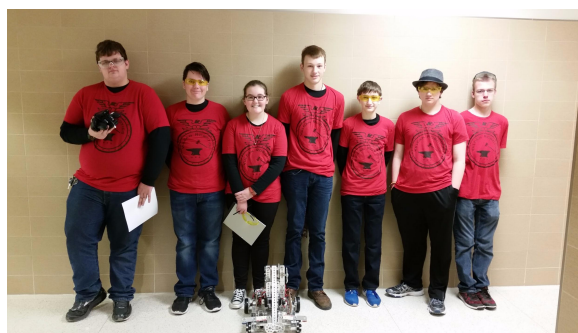
Robot comes from the Czech word "robota" which means "forced work or labor," though for the 10 permanent members of Saydel's Robotics team, the term means nothing but fun and a slight challenge. "We are a group of kids that work together to build robots and compete in competitions," says Megan Ford, a sophomore and the team's business manager. I sat down with Megan to get the inside scoop on a new and unique club at Saydel, one that hasn't been around for a few years but was recently brought back due to student interest. The team has been going strong for 4 or 5 months and there are currently 10 'permanent' members on the Robotics team who have different roles that make everything go smoothly. "We have a build team, programmers, and a business team," says Megan. "We build or modify robots for specific competitions."

You might ask yourself how someone gets into robotics and how exactly everything works. "I was approached by a team member, but it's cool to see the process of the robots being built," Megan told me. "We used to have a team but it fizzled out, and since there was so much interest, we got teachers and we started it back up again," says senior Gabe Condon, along with freshman Justin Scott, told me about what the team uses to make their winning bots. "They are made from metal parts, premade aluminium; it comes in a kit and we modify the parts to fit our robots." As a joke I inquired about whether or not the team named the bots, to which I received a resounding "YES!" from all three members. The robotics team named this year's bot Vulcan.

Competitions are also part of this club. Using the robots they built to do certain tasks like find things or pick things up, the team has had many successes at competitions, one of which they told me was a very fond memory. "One of our favorite robotics moments was at our last competition, when we were the only team that was able to recover the part to finish our task," says the team. "We were so excited and it was a really good day."

So, how can you join robotics? "You can contact someone that you know is in robotics or Mrs. [Jill] Niehaus" explains Megan, "Or you can show up to one of our practices on Monday after school in the library."

The Saydel robotics team, Vulcan Eagle Robotics, experienced great success at their last competition at the UNI Dome on March 22-24. They placed 26th overall out of the 61 teams that competed at the competition, three of which happened to be international. "Teamwork was a huge part of it," says Ben Kayser, a freshman on the team. The Vulcan Eagles also won Highest Ranked Rookie Team out of the 9 rookie teams competing. As Megan Ford puts it: "It was really fun and I cannot wait to continue our success next year."



From left to right: Senior Gabe Condon, freshman Justin Scott, sophomores Megan Ford and Roland Kouski, freshman Ben Kayser, senior Colton Signs and sophomore Makail Brooks all pose together for a team picture.

Saydel Eagle Endowment

The Saydel Eagle Endowment (SEE), formerly known as Saydel Dollars for Scholars, was started in 2001 by a group of parents to raise money to provide scholarships to graduating seniors who were continuing their education at colleges and universities, area colleges, and trade schools. 2017 marked our 15 years of awarding scholarships to all students who completed the application process, which includes a written form and an in-person interview. We have an endowment fund in excess of \$175,000, which continues to grow from ongoing donations and investment growth. This year we received donations from several sources, including the Homecoming Parade, the Monster Dash, and from various individuals. We were especially pleased to work with a donor to honor their mother who graduated from Woodside High School, and another donor the memory of a long time high school teacher who made a positive impact on their children. We also were excited to receive a donation from the mother of a current Cornell teacher.

SEE is a non-profit organization under the laws of Iowa. We provide the same scholarship amount to all students, regardless of academic performance or financial need. The money is sent directly to the college or university after the student confirms his/her registration for fall classes.

If you are interested in volunteering to help SEE, or in making a contribution, please contact Kirk Hartung: Hartung @ipmvs.com or 515-321-8098.



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