

## Upcoming Events

## Cornell Elementary

MAY 11, 2018
Music Concert at Saydel High School, 5:30 PM

MAY 14, 2018

- Regular School Board Meeting, 6 PM
- Saydel Retirement Reception at Saydel District Office, 5-6 PM

MAY 17 \& 18, 2018
Preschool End-of-Year Celebrations
MAY 21, 2018
4th Grade Track \& Field Day
MAY 22, 2018
K-4 Field Trip to Big Creek State Park
MAY 25, 2018
Last Day of School
MAY 30, 2018
Eagle's Nest Summer Program Begins at Cornell Elementary
JUNE 4, 2018
Summer Food Program Begins at Cornell
JUNE 11, 2018
Regular School Board Meeting, 6 PM


## School Hours

CORNELL ELEMENTARY
8:35 AM - 3:30 PM
Wed.: 9:35 AM - 3:30 PM
NOTE: Each Wednesday school begins one hour later for teacher in-service.

> MISSION: Serving the
> Unique Learning Needs of Each \& Every Student

# Cornell Elementary School 

Big City Opportunities, Small Town Commitment for Students

May 2018 Newsletter

## Principal's Message

I can't believe that May is already upon us and that I am about to finish my third year as your proud principal of Cornell Elementary. I have learned so much in the last few years from our students, families, and staff, and I am excited for our future together. We will continue to grow and strengthen the supports we all provide to our kids on a daily basis together.

With that, I would like to give you our monthly 360-degree look around our school. As I type this,


Principal Brian Vaughan Cornell just finished up our third Instructional Round of the year. This may be something that you are unfamiliar with. Instructional Rounds are a process for school improvement that are based on the medical rounds model. It brings a group of our Saydel teachers and administrators together to look at what is happening in our schools, develop a collaborative learning environment, and improve student learning. Rounds are about understanding what's happening in classrooms, how we as a system produce those effects, and how we can move closer to producing the learning we want to see. This time has validated many of the positive aspects that are happening in our classrooms on a daily basis. We know through the data that Cornell students are growing as thinkers and problem-solvers, they are highly engaged in their work, and teachers are providing our students with choices that challenge them at their levels of learning.

A couple weeks ago we held our annual Cornell Family Fluency Night. Again this year we had over 300 students and family members attend. Thank you to all who participated. I hope you found this time to be valuable and that it provided you with the opportunity to be "unplugged" so you could spend time with your children. It was awesome that every singe student who attended was able to spend time with their family and go home with a brand new book!

Finally, I would like to give a shout-out to our fourth graders. Each year I talk to our fourth graders about being the leaders of our school. This is a huge responsibility that all of them carry as the oldest kids in our school. We talk at the beginning of the year about leading by example in all you do. This year's class has been great role models for the rest of our students and have come to school ready to learn and lead every day. I could not be more proud of them and the work they put in this year!

In closing, thank you to all of you for the trust and support you provide our great school every single day. Our partnership in educating our students goes hand-in-hand. I hope that you have a great month and summer ahead.

Go Eagles! ~ BE AWESOME TODAY!

## SAYDEL BOOSTER MEMBERSHIPS

Thanks to the following businesses and individuals who support the Saydel Athletic Boosters through membership.

## BUSINESS PLATINUM EAGLE

Rising Star Wholesale -- All lowa Stone \& Gutter
The Results Group, L.L.C.
R Rogers Septic LLC
Jason's Lawn \& Tree Care
Goode Greenhouses
Tesdell Electric
Wee's Tees
Power Systems
The Rasmussen Group, Inc.
Complete Plumbing Services

## BUSINESS GOLD EAGLE

Heartland Chiropractic \& Wellness Ctr. Capital City Equipment Co.
Iowa State Bank
Wicks Homes LLC
Sassman Glass \& Mirror
Walker Construction \& Painting

## BUSINESS GREEN EAGLE

North Ankeny HyVee

## BUSINESS SILVER EAGLE

Schneider Graphics
Struther Brothers Kawasaki-Suzuki American Rolloffs Inc.
Pearson Dirtwork \& Trucking Inc.
Pizza Ranch (Ankeny)
Ferrellgas

## INDIVIDUAL GOLD EAGLE

Doug \& Sue Cline
Kelly \& Mary Scott
Kevin \& Kelly Schulte
Rollie C. Madison
Brian \& Lori Bowman
Doug \& Lisa Wheeler

## INDIVIDUAL PLATINUM EAGLE

Corey Myers
Scott Myers
Mark \& Beth Shelton

## Preschoolers Finish Pet Study

By the Preschool Team

Preschool students learned about pets in the month of April using our Creative Curriculum Pet Study! Morning three-year-old students created their own Harry the Dirty Dog after listening to the story. Afternoon four-year-old students turned letter D into a Dalmatian dog. All students enjoyed sharing pictures of their own pets from home and telling us about them. We also made graphs about what our favorite pet was and drew a picture of which pet we would like to have if we could choose any pet!

We are ready to celebrate a great year
 of learning in preschool at our year-end Preschool Celebration in May! All sections of preschool will celebrate by singing songs and having an ice cream social. Dates and times for celebrations are as follows: Mrs. Byrd's and Mrs. Singletary's three-year-old morning students will have their celebration on May 17 at 9:30 AM. Mrs. Bader's four-year-old students (both AM and PM sections) will celebrate on May 18 at 9:30 AM. Mrs. Byrd and Mrs. Singletary's four-year-old afternoon students will celebrate on May 18 at 2:15 PM.


# KEEP your car, 

 GHANGE YOUR LOAN.
## AND WE'LL DONATE (1) 50 TO SAYDEL SCHOOLS



## Kindergarten Students Celebrate The Alphabet

## By the Kindergarten Team

Kindergartners are wrapping up the year by celebrating the Alphabet! Each day we have been enjoying a special activity that starts with the corresponding letter of the alphabet. For example, "F" day was spent reading with Flashlights, " S " day will be Saydel and Sunglasses day, on " T " day we will have the fire trucks visit Cornell and plant a tree, and on " Z " day we will be taking our year-end field trip to the zoo.

Each student will be receiving a free book from Scholastic, courtesy of Cornell PTO. Students looked through the book orders and picked a "just right" book that they will be bringing home. We have worked so hard on our reading this year, and we hope families will make time each day during the summer to read to and with their children.


## End OfYear English Language Learner Recap

By Nicole Temeyer, ELL Teacher

|t seems like it's always at this time of the year where I find myself (and my students) thinking, "Where has the Itime gone?" It has been a full and eventful year for our English Language Learners (ELLs), and we are working hard through the final push of the school year and looking forward to celebrating our growth and successes. With our older students (third and fourth graders), we have been working on vocabulary development and learning about prefixes, suffixes, homophones, and other fun language nuances. Ask your student if they knew the new term "homophones" prior to this past month and if they can explain it to you now.
Many of our younger students have been continuing to work hard on foundational literacy skills, and we are starting to see it reflect in their Spring testing scores. We are still awaiting the results of our English Language Proficiency test (ELPA21) that all students completed in March and are hoping to receive those results from the state before the end of the school year. If you are the parent of an English Language Learner, I will let you know as soon as I receive the results through a printed copy of the results and a note sent home as well as a phone call. Thanks for all you do as parents, families, and community members. I hope you all are enjoying the nice weather and are looking forward to summer.


# Summer Meals for Kids \& Teens 

 Open to ALL Children 18 \& Younger
*Adults may eat for a fee.

## June 4 - August 10 Monday - Friday

Cornell Elementary School

5817 NE 3rd Street, Des Moines
Breakfast: 8 AM - 9 AM
Lunch: 11:30 AM - 12:15 PM

## Questions?

Contact Jessy Sadler, Director of Food Services, at 515-264-0866 or sadlerjessy@saydel.net

USDA is an equal opportunity provider \& employer.

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## First Grade Academic Update

## By the First Grade Team

The first grade students have been busy reading and writing this month. We have enhanced our writing and have made sure the students know what to look for and do as they become better writers. The goal is to make sure they are comfortable with the skills needed to produce good writing and to help them get ready for second grade. Along with being a good writer comes reading and using the strategies needed to figure out what is being read. As
 teachers, we want them to move on and be able to read and understand what is in front of them. We will continue to work on both reading and writing up until our last day of school.

In math, we have become really good at reading data and being able to answer questions about what we see. We used various types of graphs to answer questions about data to share with our peers.

As summer break gets closer we would like to tell you we have enjoyed having your child with us in first grade on a daily basis. We have watched them grow and develop skills needed to continue in life. It makes us happy to be a part of that process. Please, find the time during the summer for your child(ren) to read and write, even if it is for only a short time in the day. The more they practice and keep their skills up the better they will be when they walk into the door again next fall as second graders. We wish you all a happy and relaxing summer.

# Jump Rope For Heart News 

By Liz Mashek, PE Teacher

Congratulations to Aksel Lund from Mrs. Rusher's first grade class. Askel was presented with a certificate and medal for earning the title of top fundrasier at Cornell Elementary this year during the Jump Rope for Heart event. Askel raised \$425! Thank you to everyone who participated in this event which helps save lives.


## SAYDEL 3-Year \& 4-Year-Old Pre-school Pre-registration Is Now Open

## Online at www.saydel.k12.ia.us <br> Walk-in at Saydel District Office, 5740 NE 14th Street, Des Moines, IA

3-Year-Old Opening A.M. Requirements

- Must be 3 by 9/15/18
- Toilet trained preferred

4-Year-Old Opening A.M. \& P.M. Requirements

- Must be 4 by 9/15/18
- Toilet trained preferred

Saydel Residents Take Priority; All Others Welcome If Room Permits (First Come, First Served) Limited Space Available

# Notes From The Music Room 

By Jeffrey Johannsen, Music Teacher

The year is wrapping up quickly at Cornell Elementary. The fourth
 grade students were able to meet the middle school and high school band directors this past week. They were introduced to the instruments that play in concert band. They were able to try out a few instruments that they were interested in.

Mark you calendar for the third and fourth grade concert at the high school on May 11 at 5:30 PM. I hope to see you there.

Second grade students have been learning about the four instrument families and have been introduced to the instruments that belong in each family. First graders are wrapping up their unit on music around the world while kindergarteners are finishing the year with keeping a steady beat and beginning to read introductory rhythms.

| SHAPE America $\begin{gathered}\text { AND PHYCATORSAL } \\ \text { EOUCA }\end{gathered}$ |  | Elementary Physical Activity Calendar |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| National Health <br> National PE \& Sport Week National Physical Fitness Mental Health Month National Teen Pregnancy | Observances <br> (May 1-7) and Sports Month Pevention Month | 1 Line Jumps <br> Put a piece of tape on the ground and jump back and forth side-toside as quick as you can for 30 seconds. | 2 How Fast Can You Go? <br> Pick a distance and see how fast you can run the distance. | 3 Freeze Dance Have someone start and stop music. When the music is on dance, when it's off strike a crazy pose. | 4 Sidewalk Slide <br> Down a sidewalk slide with your right foot leading. Switch feet and go back. Repeat 10 times ( 5 on the right, 5 on the left) | 5 Target <br> Practice <br> Hang up some targets and try and hit them with a ball, Hit it? Move farther away. Hit it? Keeping moving back! |
| 6 Mini Dance <br> 8 jumping fist pumps <br> 4 grapevine to the right <br> 4 grapevine to the left <br> 8 jumping fist pumps <br> Repeat <br> Suggested song: "Party <br> Rock" by LMFAO | 7 Stork Tag <br> Play tag while hopping on one leg like a stork. Stay inside a small boundary. | 8 You're a Frog! <br> Practice your frog jumps by traveling as far as you can in 30 sec . Repeat 5 times trying to get farther each time. | 9 Mummy Kicks <br> Criss-cross arms from left to right while lightly hopping \& kicking your feet from left to right. | 10 Toe-To-Toe Jump Rope Hop on the left foot and touch the right toe, then hop on the right foot and touch the left toe. Hint: keep body over weighted foot | 11Scissor Jumps Jump with right leg forward and left leg back alternating the lead foot. Make sure your arms are moving opposite of your legs. Complete 3 sets of 10 . | 12 Around the House <br> See how many times you can run around the outside of your house without stopping. Check your pulse when you finish. |
| 13 Couch Potato <br> Circuit <br> Complete this while watching your favorite TV show. <br> 10 Chair Dips <br> 10 Sit Ups (feet under <br> the couch for help) <br> 10 Squats | 14 Soccer <br> Dribble <br> Dribble a ball 100 times with your feet. Trap the ball and do 100 toe taps on the top of your ball. | 15 Everybody IT Tag <br> Everybody's it! If you get tagged sit down. You're still it. Tag people as they run by. Last one up wins! | 16 Star Jumps <br> Jump up with your arms and legs spread out like a star. Do 10 then rest and repeat. | 174 Walls <br> Face each wall in a room and do a different exercise for 30 seconds -side shuffle <br> -grapevine to left then right <br> -wide stance punches -vertical jumps | 18 Family Adventure Go for a walk with your family. Keep track of where you walk and name the path to walk on it again. | 19 Cardio <br> Speed walk, jog, or run for at least 10 minutes today. Cool down by doing some calf stretches, quad stretches, and pike stretches. |
| 20 Balancing Act <br> Practice balancing on one foot on a step, curb or balance beam at a park. Try bringing your free knee up to a 90 degree angle. Switch sides. | 21 Step Jumps <br> Find a step or a bench and jump up and down 50 times. Be careful. Take a break if you need to. | 22 Eagle Pose Hold eagle pose two times on each leg for 20 seconds each. | 23 Stairs <br> Run up the stairs in your house/apartment as fast as you can. Walk down and repeat. Try skipping a step for a challenge. | 24 Kick City 20 side kicks 20 front kicks 20 back kicks | 25 Pendulum Stretches Stand facing a fence and swing one leg at a time back and forth in front of you like a clock saying "tick, tock" each time. | 26 Freestyle Dance <br> Make a playlist of 3-5 of your favorite songs or listen to the radio. Dance or keep moving to the music for the entire time. |
| 27 Stuck in Mud <br> Tag with a twist! When a person gets tagged, he/she is "stuck in the mud." To get unstuck, another player must crawl through his/her legs. | 28 Just play! <br> Hide-and-seek, tag, hopscotch, hula hoop, pogo stick, it's up to you! | 29 Crab Walk <br> Try crab walking around your living room. Gather family members or friends and have a race. | 30 Wake and Shake <br> As soon as you get out of bed shake your body any way you like for 10 seconds. Are you up now? Good! Now jump up and down 10 times. | 31 Bridge Pose <br> Lie on your back; place your hands and feet on the ground. Push your stomach up towards the sky. | SHAPE America recomm accumulate at least 60 mi hours of physical activity physical activity should be stretches that help reduce injury. Happy exercising! | s school-age children es and up to several day. Each bout of lowed by cool-down reness and avoid |



## Cornell Students Enjoy Camp Read-A-Lot

Cornell Elementary recently celebrated Family Literacy Night with a Camp Read-A-Lot theme. Families were able to read under the stars, enjoy a variety of literacy activities, and make their own s'more treat. In addition, every student was able to chose a free book for summer reading. The school was buzzing with camping adventures and everyone had a great time. Pictured are Madison Gavin and Stella White.

## Notes From The Guidance Counselor

By Katelyn Neil, Guidance Counselor

Guidance this year has covered a wide range of topics from managing impulsivity to mindfulness to working with others. Hopefully students have gained some skills that they have been able to use outside of the guidance room and even used at home.

As we wrap up the year, students will be reviewing coping strategies that they can use over the summer. Some coping strategies you can encourage your student to try at home are deep breaths, positive affirmations or positive self-talk, journaling, talking to a friend or adult, and exercise.

Have a fun-filled, relaxing, and fantastic summer!

## Second Grade Academic Update

By the Second Grade Team

Our focus in reading has shifted to summarizing a story in order of events, as well as how the character's feelings are changing throughout the story. We are continuing to focus on monitoring for meaning while reading during "read-to-self" time.

In math, students are solving addition and subtraction word problems with 2 two-digit numbers. A couple of strategies that we have been learning to use include "using tens and ones" and "keeping one number whole." our next unit focuses on shapes and their attributes. Second grade students will learn about the features of 2 D and 3 D shapes and the features of rectangles.

Our final units in science include "Loco Beans" and "Freezing and Melting." Students will learn about the changes that loco beans undergo as they age and how certain substances can change between a solid and liquid.


## Cornell Students Love To Read

Students at Cornell Elementary School are enjoying the great books that are available in the library. Pictured here checking out books from front to back are: Mazxyah Lo, Journie Webb, Bailey Stephens, and Heidi Lillibridge.

## Third Grade Celebrates A Fantastic Year

By the Third Grade Team

Third grade has had a wonderful year! We have worked so hard learning new math concepts such as multiplication, division, and fractions. We will spend the remainder of the year finishing addition and subtraction, as well as reviewing concepts that need to be touched on again.

Students' reading growth has also been phenomenal. Students have worked to become "real readers" by using new strategies, expanding their interests in books, and working toward harder chapter books. It has been exciting to watch their hard work pay off.

Thank you all for making your child's education a priority. It's so helpful when we have parent support! It will be exciting to see what these students do in fourth grade.


## Fourth Graders Attend Exercising Your Character Event

Exercising Your Character is a program for fourth and fifth graders that combines physical activity with motivational messages. This year's motivational speakers included Minnesota Vikings' wide receiver, Stefon Diggs, USA women's hockey team Olympic gold medalist, Hannah Brandt, five-time WNBA champion and Minnesota Lynx forward, Rebekkah Brunson, and 12-year-old motivational speaker, King Nahh. These role models shared their personal stories of perseverance and determination to help education students about the importance of having good character. Fourth grade students from Cornell Elementary attended this event in April and then enjoyed lunch at the Robert D. Ray Asian Gardens Downtown Des Moines.

## Fourth Grade Gets Ready For Move To Woodside

## By the Fourth Grade Team

Welcome to the month of May! The fourth graders have been working hard all year, and they did a great job focusing on the lowa Assessments. We can't wait to see all the growth on aReading and aMath.

Fourth graders are getting ready for the move to Woodside.
 The teachers and students did a great job of giving tours and answering questions. They made our fourth graders really excited to start their adventure at Woodside. Thanks to everyone who made this possible.

Another great opportunity the fourth graders have experienced is getting a glimpse of band. Mr. Young, the middle school band director, has been taking students to the high school to show what band can be like. Thanks to the Woodside students and Mr. Young for playing for us and answering questions. The next exciting step was for Mr. Young and Mr. Layden to bring instruments over to Woodside for the students to try to play. It made for some excited kids and some interesting noises in fourth grade.

We are looking forward to ending the year with continued great learning and some fun thrown in. We will be having the fourth grade track and field meet at the high school track on May 21, in the morning. Then we will be having the all school field day at Big Creek State Park on May 22. The fourth grade students are looking forward to these events. Thanks to our parents and students for a great year.


## Employee \& Family Resources

 Student Assistance Program (SAP) Service SummaryEmployee \& Family Resources is dedicated to helping students and their families manage life's challenges so they can reach their full potential.

Licensed mental health counselors and clinical workers are available to assist all students and family members experiencing the stress of life's ups and downs. Services are free and are strictly confidential.

Concerns may include:

- Stress
- Anxiety
- Emotional or mental health
- Family or relationships
- Bullying or peer conflict
- Substance abuse



## EFR EmPLOYEE \& FAmILY RESOURCES

## Convenient In-Person Appointments

Up to three (3) visits per year, per separate issue with qualified counselors. Referrals to additional services if needed. SAP offers services in Spanish and interpreting as needed at no cost to the student or family.

## 24 Hour Support

For immediate support from counselors, call 800.327.4692
Day \& evening appointments are available Monday-Friday

## Cornell Technology Update

By Stacy Lindahl, Technology Teacher

A
s we near the end of the school year, I want to remind everyone to manage screen time. I found this article on https://www.becomingminimalist.com/how-to-limit-your-childs-screen-time/ which included 12 tips to help you limit screen time. As I read through the list, I realized that I, too, need to limit my screen time.

- Set the example.
- Be the parent.
- Set limited viewing times.
- Encourage other activities.
- Play with your kids.
- Be involved in their lives.
- Cut your cable / remove the television completely.
- Observe your child's behavioral changes.
- Don't worry if they miss out on parts of the conversation.
- Value family meals and car rides.
- No TVs in bedrooms.
- Find your mantra.


While some of these seem a little extreme for my family, there are some very easy ones that I am going to challenge myself and family to try this summer.

Another resource to visit with suggestions and book, movie and app reviews for children is https://www. commonsensemedia.org/


## Nurse Notes

By Dianne Breitbarth, Cornell Nurse

Thank you to all the volunteers who have helped in the nurse's office and for all the donated clothes this past year. Your generosity is greatly appreciated. The nurse's office can always use adjustable waist pants/shorts and new underwear (sizes 6-8) for both boys and girls.

Prepare now for the 2018-19 school. Please schedule doctor/dentist/eye specialist exams now for summer appointments. Requirements for students entering these grades are:

1. Immunizations - Preschool \& Kindergarten
2. Current physical exam (dated after Sept. 1, 2017) Preschool \& Kindergarten
3. Lead screening - Kindergarten
4. Dental certificate - Kindergarten
5. Vision screening - Kindergarten \& Third Grade

If you have any questions regarding these documents, please contact the Cornell nurse's office. All documentation is needed to begin the first day of school. The nurse can be reached by email during summer break at breitbarthdianne@saydel.net
*Please be sure to complete the health information when registering online next fall.


## Fun Moments at Carnival!




SAYDEL EAGLES<br>ATHLETIC BOOSTER CLUB<br>SAYDEL HIGH SCHOOL 5601 NE $7^{\text {th }}$ St, DES MOINES, IA 50313

## Annual Four Person Best Ball Golf Outing

## Terrace Hills Golf Course

Saturday, June ${ }^{9}$, 2018 7:45am Shotgun Start [Check-In: 6:30-7:30am]

Registration: $\$ 60$ per player. Includes 18 holes, cart, lunch and 2 drink tickets.

| Captain: | Email: |
| :--- | :--- |
| Player 2: | Email: |
| Player 3: | Email: |
| Player 4: | Email: |

## Prizes:

Men and Women; Winning Team, Longest Drive, Longest Putt, Closest to the Pin and others.
Sponsorship Opportunities:

|  | $\$ 100$ | Longest Drive |
| :--- | :--- | :--- |
|  | $\$ 100$ | Longest Putt |
|  | $\$ 100$ | Closest to the Pin |
|  | $\$ 200$ | Tee Box Sponsor |
|  | $\$ 500$ | Free Foursome and Tee Box Sponsor |
|  |  | Other - If you have another idea for a sponsorship opportunity, please contact Rob. |

Make checks payable to: Saydel Eagles Athletic Booster Club
Mail forms to: Saydel Eagles Athletic Booster Club, 5601 NE $7^{\text {th }}$ St, Des Moines, IA 50313 by June $\mathbf{6}^{\text {th }}$.
Questions? Email saydelathletics@gmail.com or call, text us:

| Rob Stephenson 770-7445 | Shannon Riddlebarger 681-3978 | Scott Hecker 720-9861 |
| :--- | :--- | :--- |
| Jeremy Lowe 240-2141 | Jennifer Garrison 419-6000 |  |

For more information and forms go to our Facebook Page: www.facebook.com/saydelathletics

## Terrace Hill's Rain Policy:

As long as the golf course is playable the group can play regardless of weather conditions. If inclement weather is possible we want to make a decision $11 / 2$ hours before start time. We look at local radar and make the decision to start play on time, delay up to one hour or cancel event. If event is cancelled we try and find an alternative date. If we begin play and inclement weather moves in for a period of time, we have a 1 hour rule; if golfers can begin play after 1 hour of suspension they finish their round. If this is not possible we work with the event organizer to determine satisfactory outcome.

## Cornell Physical Education Update

By Liz Mashek, PE Teacher

As the year comes to an end, students have worked really hard to SOAR in PE by being safe, open-minded, accountable and respectful. Our focus for the rest of the year will be on sportsmanship.

## UPCOMING EVENTS:

The fourth grade track and field event is scheduled for Monday, May 21 at the Saydel High School track (rain date is Wednesday, May 23). All fourth grade students will participate in two running events and one field event of their choosing. The event will take place in the morning and will finish with lunch before heading back to Cornell for the afternoon.

This year's school-wide field day will be at Big Creek State Park on Tuesday, May 22. Grades third and fourth will go in the morning and grades kindergarten through second will go in the afternoon. All groups will participate in four stations, including a nature walk, arts and crafts, activities in the grass
 and playground fun.

## Saydel Publishes E-newsletters

If you would like to receive the school newsletters that feature what is happening at Cornell Elementary School, Woodside Middle School \& Saydel High School, you can subscribe by emailing newsletter@saydel.net. Just e-mail which newsletters you would like to receive and then watch for them in your Inbox! We do not share your email address with outside parties.


## Saydel Parent Involvement Matrix



## SUPPORT YOUR CHILD AT HOME

- Keep books, magazines and newspapers in your home.
- Read with your child and let them see you read.
- Take educational trips (museums, libraries, etc).
- Look for things to do with your child.
- Participate in Community Education.


## SUPPORT YOUR

 CHILD AT SCHOOL- Take part in after school activities.
- Attend parent meetings.
- Become a school volunteer.
- Get involved in the Parent Teacher Organizations and Booster Clubs.
- Understand Special Services


## SUPPORT YOUR CHILD WITH SCHOOL

- Check your child's grades/attendance on PowerSchool.
- Speak positively about your child's school.
- Ask your child what he/she learned at school and require a thoughtful response.
- Attend conferences and family fun nights at school.
- Talk to your child about the benefits of education.
- Keep in contact with your child's teachers.
- Ask your child about assignments and grades.
- Celebrate your child's successes.
- Direct concerns and questions to school staff.
- Talk to your child about school safety.


## COMMUNITY TOOLBOX

- Childcare Resources
- Healthcare Resources
- Grief \& Loss Resources
- Housing Resources
- Mental Health Resources
- General Community Resources
- Free \& Reduced Lunch Application


## FOUNDATION OF SUPPORT

- Praise and encourage your child.
- Ensure your child arrives at school well rested.
- Ensure your child has transportation and arrives to school and events on time.
- Meet and communicate with your child's friends and acquaintances.
- Ensure your child is eating a proper diet (breakfast, lunch and dinner).
- Set limits on time with friends, technology use, and work/part-time job schedules.
- Ensure your child's health care needs are met.


## Creativity in the Cornell Art Room!

By Jessica Calhoun, Art Teacher

This month in the art room, we are finishing up the year strong with all sorts of great projects.

Kindergarten is learning about symmetry, creating butterflies whose wings are symmetrical, with both shapes and color.

Second grade has been learning about color value and how to use it in their drawings. To go with our value cupcakes, we read Pete the Cat and the Missing Cupcakes for inspiration.

First grade has been having a bunch of creative fun working on two different flower still life drawings. One is in colored pencil, and in the other, they are using mixed media with black glue and will add color with chalk pastel.


## SAYDEL BOARD OF EDUCATION

Brian Bowman, Board President
Jennifer Van Houten, Vice-President Julie Jennings, Board of Director Doug Kayser, Board of Director
Roland Kouski, Jr., Board of Director Rob Strickler, Board of Director Chad Vitiritto, Board of Director

Superintendent: Dr. Douglas Wheeler Board Secretary: Beth Vitiritto


School Board meetings are held at the Saydel District Office on the second Monday of each month at 6 PM

# EDUCATION FOR LEADERSHIP; LEARNING FOR LIFE <br> Cornell Elementary School 5817 NE 3rd Street <br> Des Moines, IA 50313 <br> 515-244-8173 FAX 244-0084 <br> We're on the Web: <br> www.saydel.k12.ia.us 

It is the policy of the Saydel Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination.

If you have questions or a grievance related to this policy, please contact the district's Equity Coordinator, Julie McKibben, Director of Student Services, 5740 NE 14th Street. Des Moines, IA 50313; mckibbenjulie@saydel.net. Office for Civil Rights, Citigroup Center, 500 W. Madison Street, Suite 1475, Chicago, IL 60661; 515-264-0866.


[^0]:    "It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the lowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the lowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: https://icrc.iowa.gov/."

