

# THE SAYDEL COMMUNICATOR

Big City Opportunities, Small Town Commitment for Students

## Superintendent's Message

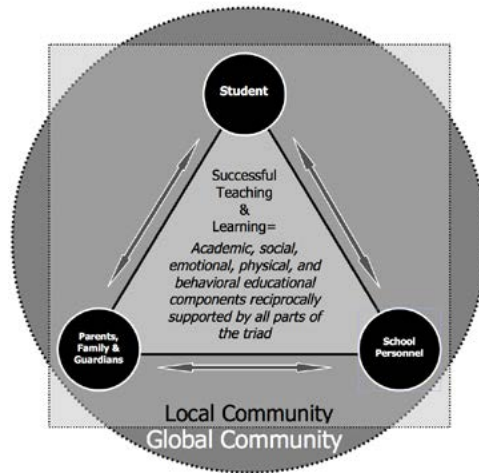
Mr. Todd A. Martin



Saydel Families & Community:

We sincerely hope your holiday season is off to a great start and you find ample time to enjoy family and friends. As we celebrate the holidays, please take the opportunity to reflect upon the amazing things happening in our communities as we have much to be thankful for. Here in the Saydel CSD we are particularly thankful for high levels of support you provide our students, schools and your continued trust as we move toward greater unity across our district. **Together we will, undoubtedly, make a difference in the lives of our youth and in our communities.**

Now that teaching and learning is in full force, please continue to get to know your child's teacher(s) in efforts to fortify this important triad partnership (see graphic). In this partnership, it is imperative school, parents/guardians and students work harmoniously to ensure we get the most out of our time and efforts together, hence one plus year's growth for all learners. At the foundation of this partnership lies relationships, communication and high academic expectations. Additionally, the district recently published a Parent Involvement Matrix, located on our website under the parent tab, offering ideas, tools, and supports to enhance your child's educational experiences. Please see page 3 for further details.



In closing, we have much to be thankful for here at Saydel CSD, and are working hard to continue to improve our organization each and everyday. Make no mistake about it, the world around us is changing, at an ever-increasing rate, and we, like all successful schools and communities, must continue to grow, change, and improve as we navigate through our amazing journey.

This is why our motto this year is **"Our Story."** *In essence, our narrative is changing and we will work hard to honor our rich history while writing the next chapter of our story as we move from "good to Great."* We must also welcome new challenges that we face in efforts to continue to construct our own future and success as an organization. Finally, I want to extend an open invitation for family involvement in this amazing

*Continued on page 2*



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## SCHOOL HOURS

### CORNELL ELEMENTARY

8:35 AM - 3:30 PM  
Wed.: 9:35 AM - 3:30 PM

### WOODSIDE MIDDLE SCHOOL

7:45 AM - 2:45 PM  
Wed.: 8:45 AM - 2:45 PM

### SAYDEL HIGH SCHOOL

7:45 AM - 2:45 PM  
Wed.: 8:45 AM - 2:45 PM

Each Wednesday all schools begin one hour later for teacher in-service.

**MISSION: SERVING THE  
UNIQUE LEARNING NEEDS OF  
EACH & EVERY STUDENT**



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**Superintendent's Message:** *Continued from page 1*

journey. Please feel free to contact your school, for ideas on how you may contribute to your child's experience, as we our doors are always open.

Go out and make it a great year! Go Eagles!

Todd A. Martin  
Superintendent of Schools

## Saydel Community School District Important Calendar Dates

January	3	School Resumes
January	11	WS & HS 2 <sup>nd</sup> Quarter Ends (44 days) WS & HS 1 <sup>st</sup> Semester Ends (89 days)
January	14	WS & HS 3 <sup>rd</sup> Quarter/2 <sup>nd</sup> Semester Begins
February	11	Teacher Professional Development - No School
February	22	CE - 2 <sup>nd</sup> Trimester Ends (59 Days)
February	28	Parent/Teacher Conferences
March	5	Parent/Teacher Conferences
March	14	WS & HS 3 <sup>rd</sup> Quarter Ends (43 days)
March	15	No School
March	18-22	Spring Break
March	25	WS & HS 4 <sup>th</sup> Quarter Begins
April	19	Teacher Professional Development - No School (TQ Day)
May	22	Senior's Last Day
May	25	High School Graduation 1:00 PM
May	27	Memorial Day
May	30	Last Day of School - 2 Hour Early Dismissal CE - 3 <sup>rd</sup> Trimester Ends (59 Days) WS & HS - 4 <sup>th</sup> Quarter Ends (46 days) WS & HS - 2 <sup>nd</sup> Semester Ends (89 days)

**Conferences:**

2 hour early dismissal  
October 16 & 18 and February 28 & March 5  
*Conference Schedule Arranged by Building*

Board Approved: Each Wednesday, every building will begin 1 hour later. Adjusted start time will be used for staff professional development.

**Please Reserve May 31 - June 5 for Weather Cancellation Make-up Days**

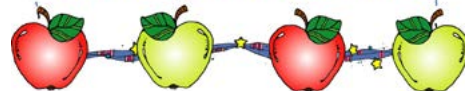
District Office 264-0866  
Cornell Elementary School 244-8173  
Woodside Middle School 265-3451  
Saydel High School 262-9325  
[www.saydel.k12.ia.us](http://www.saydel.k12.ia.us)

## District Recognition from Saydel Schools

Saydel Community School District consistently recognizes community members, volunteers and Saydel staff for their commitment and dedication toward the betterment of the school district. Shown below is School Board Member Rob Strickler with Sandy Burns of Garlands, Inc. Garlands was honored for donating casters for the backdrop of the Woodside School Musical and for also donating casters for carts for the Saydel Marching Eagles band trailer.



### Monthly Newsletters



*If you would like to receive the school newsletters that feature what is happening at Cornell Elementary School, Woodside Middle School & Saydel High School, you can subscribe by emailing [newsletter@saydel.net](mailto:newsletter@saydel.net). Just e-mail which newsletters you would like to receive and then watch for them in your Inbox! We do not share your email address with outside parties.*

# Saydel Parent Involvement Matrix

View Interactive Links at [www.saydel.k12.ia.us](http://www.saydel.k12.ia.us)



## SUPPORT YOUR CHILD AT HOME

- Keep books, magazines and [newspapers](#) in your home.
- [Read with your child and let them see you read.](#)
- Take educational trips ([museums](#), [libraries](#), etc).
- Look for things to do with your child.
- Participate in [Community Education](#).

## SUPPORT YOUR CHILD WITH SCHOOL

- Check your child's grades/attendance on [PowerSchool](#).
- Speak positively about your child's school.
- [Ask your child what he/she learned at school and require a thoughtful response.](#)
- Attend conferences and family fun nights at school.
- Talk to your child about the benefits of education.
- [Keep in contact with your child's teachers.](#)
- Ask your child about [assignments and grades](#).
- Celebrate your child's successes.
- Direct concerns and questions to [school staff](#).
- Talk to your child about [school safety](#).

## FOUNDATION OF SUPPORT

- Praise and encourage your child.
- Ensure your child arrives at school well rested.
- Ensure your child has [transportation](#) and arrives to school and events on time.
- Meet and communicate with your child's friends and acquaintances.
- [Ensure your child is eating a proper diet](#) (breakfast, lunch and dinner).
- Set limits on time with friends, [technology use](#), and work/part-time job schedules.
- Ensure your child's [health care needs](#) are met.

## SUPPORT YOUR CHILD AT SCHOOL

- Take part in [after school activities](#).
- Attend parent meetings.
- Become a school volunteer.
- Get involved in the [Parent Teacher Organizations](#) and [Booster Clubs](#).
- [Understand Special Services](#)

## COMMUNITY TOOLBOX

- [Childcare Resources](#)
- [Healthcare Resources](#)
- [Grief & Loss Resources](#)
- [Housing Resources](#)
- [Mental Health Resources](#)
- [General Community Resources](#)
- [Free & Reduced Lunch Application](#)



## CORNELL ELEMENTARY SCHOOL

# Classroom Updates From Cornell

Principal Brian Vaughan



It is with great enthusiasm that I communicate with you the happenings of Cornell Elementary School. We work every day to live out our school mission: *To serve the unique learning needs of each and every student and to empower them to become a life-long learner that values being Safe, Open-minded, Accountable, and Respectful.* Please enjoy this 360 degree look around our AWESOME school:

Cornell preschool students began class on September 4. They have been busy exploring their classroom, learning expectations and routines, and meeting new friends! In September, we focused on learning what it means to be in preschool. Students learned foundational skills through engaging play, practiced their problem solving skills, and have begun building friendships during center time. Students also get to know their friends better through sharing their All About Me books they create with their families. Preschool students have enjoyed listening to classic stories such as *Brown Bear, Brown Bear What Do You See?* and *The Very Hungry Caterpillar* by Eric Carle.

The kindergarten classes have completed their first units in reading, writing, and math. Students have learned to read pictures and have become experts at retelling a familiar “Old Favorite” storybook, such as *The Three Billy Goats Gruff*. In addition, our kindergarteners have been writing true stories.

First grade has been working hard in reading, writing, and phonics with new resources, which the students seem to be really enjoying. In reading, students are building good reading habits on a daily basis and introducing the importance of books in everyday life. During writing, we have been focused on writing narrative stories. The students have shared many things that have happened to them in life by writing it down to explain to their classmates. We have had fun getting to know all of the students by reading about their events. With all of the classroom learning comes the building expectations. First grade has spent time making sure that all students know what is expected of them on a daily basis. We want to ensure all students understand

what it means to be safe, respectful, accountable, and open-minded while at Cornell (S.O.A.R.).

In our first unit of reading students learned that second graders grow like beanstalks. They are reading more than 20 minutes, using stop and jot, and giving books a sneak peek. They also learned some strategies for what to do when they come to a word they don't know. In writing, the second graders have been doing small moment stories. They are learning how to unfreeze their characters and using craft moves in their own writing. They are all very proud of their final drafts! For math, we have been working on counting, adding and subtracting in story problems, and money. Finally, in science the students are learning about plants and seeds. They know how seeds move around and grow.

Third grade is also off to a great start. They have spent time building relationships with their peers in class, as well as finding time to begin building friendships between classes. Third grade has finished their first units of study. In writing, they wrote personal narratives that focused on small moments. In math, they worked on cementing in addition and subtraction strategies before beginning multiplication. In science, they learned about the impact humans have on sea turtles and how to help them. Finally, we finished up our first reading unit by having a “read out” in the hallway to celebrate all we've already learned as readers and continue to build their reading stamina that allows them to stick with a good book for an extended period of time.

The fourth grade team is excited about the great start they have had this year! They returned this year ready to learn and be the leaders of the school. The teachers and students are excited for all the great things they can accomplish this year. The students have been learning about ducks and worms in science. The fourth graders have figured out many different structures and behaviors that animals have that help them survive. This science unit prepared them for the culminating field trip to Jester Park to learn about animal habitats.

Thank you to all of you for the trust and support you provide our great school every single day. Our partnership in educating our students goes hand-in-hand.

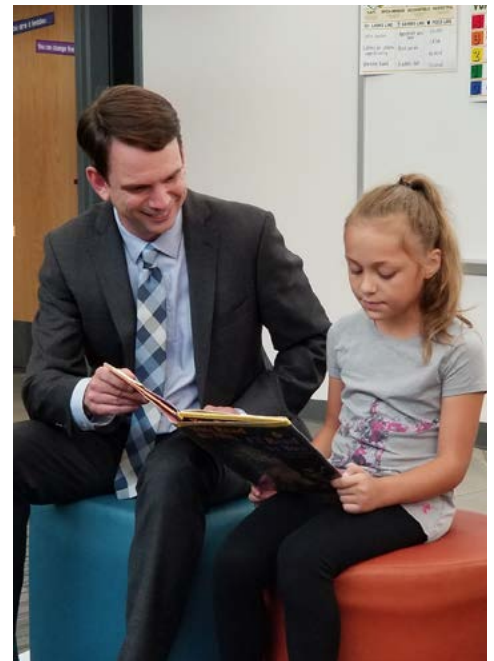
*Go Eagles! ~ Be Awesome Today!*



## **Governor Reynolds Visits Cornell Elementary**

**Governor Kim Reynolds, Lieutenant Governor Adam Gregg, and Iowa Department of Education Director Ryan Wise visited Cornell Elementary School in the Saydel Community School District recently in a celebration of elementary reading gains on statewide assessments. Pictured from left: Saydel School Board Member Roland Kouski, Jr., Saydel Director of Curriculum, Instruction & Assessment Mary Salazar, Cornell Principal Brian Vaughan, Saydel Superintendent Todd Martin, Governor Kim Reynolds, Lieutenant Governor Adam Gregg, Director Ryan Wise, and Saydel TAP Master Teacher Traci Lust.**

**Pictured below: Guadalupe Sanchez, Kaleb Ellsworth and Adalina Bensley participated in shared reading with Governor Kim Reynolds, Director Ryan Wise and Lieutenant Governor Adam Gregg.**





# WOODSIDE MIDDLE SCHOOL

## Woodside Implements Eagle Time

Principal Joshua Heyer



What does it mean to ExCEL? The dictionary states excel means: *to be exceptionally good at or proficient in an activity or subject.* For Woodside students ExCEL is taking on a slightly different meaning based on Gallop Student Poll results. For the last two years the Saydel Community School District has asked students to complete the poll.

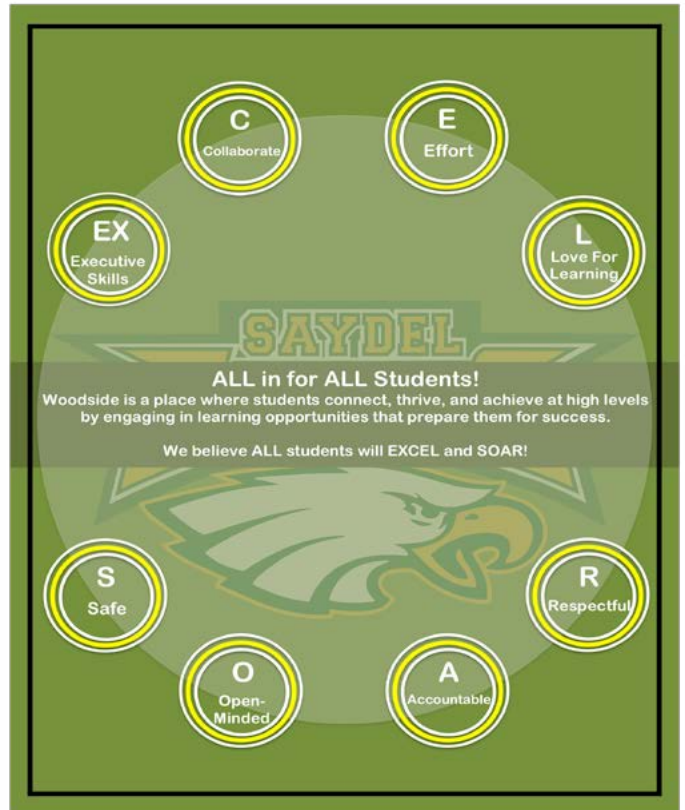
Reviewing the Woodside results suggested our middle school needed to focus on helping students work on essential 21st century skills while building strong relationships with adults in the building. The result was the creation of Eagle Time which provides an opportunity for all students to learn how to ExCEL. ExCEL for a Woodside student means Executive skills, Collaborate, Effort, and Love for Learning.

During Eagle Time our teachers focus on teaching all aspects of ExCEL. On Mondays students focus on accountability, organization, time management, and planning by reviewing their grades in Power School with their Eagle Time teacher and developing a action plan for the week. These are essential **Executive Skills** that we want all students to have prior to high school.

Each Tuesday, teachers ask students to participate in team building activities that require students to **Collaborate** with their peers. This is also a good way for the students to learn more about each other while having fun! Eagle Time is not in the schedule on Wednesday's due to our late start schedule.

Thursday's focus is giving your best **Effort** in everything you engage in during your life. To help our students with this skill, we try to create challenging experiences for them to engage in and let them know it is okay to try something, fail, and try it again. Failure is often the first step to success.

Finally, the focus each Friday is to help each student foster a **Love for Learning** by engaging in activities that help students understand their interest and strengths as a student. Our teachers also lead the students in conversations about their future and show them how



*Eagle Time provides an opportunity for all students to learn how to ExCEL. ExCEL for a Woodside student means Executive Skills, Collaborate, Effort and Love for Learning.*

loving to do something can lead to a satisfying life.

As stated earlier, ExCEL means to be proficient at a skill. The Woodside team is ALL in for ALL students and we have been working very hard during Eagle Time to develop Executive skills, how to Collaborate, ensuring each student is giving their best Effort and encouraging a Love for learning.

We know these skills will allow our students to be exceptionally successful at life after Woodside. I encourage you to hold a conversation with your Woodside student about these skills, and I challenge you to consider creating experiences outside of school for them to apply these skills.



## Woodside Students Perform at Singfest

Students from Woodside Middle School recently participated in the 8th and 9th Grade Singfest at Central College. This was a joint performance between Central College's A Cappella Choir and a festival choir made up of area 8th and 9th graders, directed by Mark Babcock.



## Deric Van Houten Wins Durham School Services Transportation Drawing

Woodside Middle School student Deric Van Houten and his family won the Durham Bus Service transportation contest. Every student who returned their transportation form in before August 6 was entered into a contest to win a family fun pack, consisting of tickets to the Cinemark Theatre in Altoona, plus a \$30 gift card to Culvers, also in Altoona. Pictured from left, Durham Bus Supervisor & Dispatcher Jimmy Tibben, student Deric Van Houten, and Saydel Superintendent Mr. Todd Martin.



# SAYDEL HIGH SCHOOL

## Setting Goals for School-Wide Success

Principal Kevin Schulte



Each year we evaluate our progress and set goals for school-wide success. Goal-setting is an essential driver for our actions throughout the year. As Saydel High School continues to build on previous success, the actions we take to evolve are determined based on student and classroom data.

Throughout the 2018-19 school year we are narrowing in on the following goals:

- Throughout the 2018-19 school year, we will increase the quality and quantity of rigorous learning experiences.
- Throughout the 2018-19 school year, we will increase student engagement both in and out of the classroom.

As we evaluate our progress with these goals we are focusing on several pieces of information:

- Instructional Practices Inventory and the higher order thinking that we are engaging students
- Learning target and quality assessment implementation
- Progress with Measures of Academic Progress (MAP) testing
- Student participation in extracurricular and co-curricular activities
- Students take a yearly Gallup survey, measuring areas of student engagement and hope
- Student attendance
- Student success in classes as measured by grades earned

## Saydel Students Doing Great Things

- Karlee Nelson (12<sup>th</sup> Grade) was selected for the All-State choir.
- The following football players were recognized as all-district: Cash Lee (12<sup>th</sup> Grade)-1<sup>st</sup> team defensive back, Skyler Cardenas (12<sup>th</sup> Grade)-2<sup>nd</sup> team linebacker, Nick Garrison (12<sup>th</sup> Grade)-2<sup>nd</sup> team defensive line, and Colton Myers (12<sup>th</sup> Grade)-2<sup>nd</sup> team receiver
- Caleb McCoy (12<sup>th</sup> Grade) was selected to the Banker's Trust Youth Board.
- The Marching Eagles had an amazing fall: 2 First Place Finishes, Best Color Guard in four competitions, and Best Soloist (Ben Kayser (10<sup>th</sup> Grade)



KARLEE NELSON



BEN KAYSER



CALEB MCCOY



NICK GARRISON



COLTON MYERS



CASH LEE



SKYLER CARDENAS





- Darrian Garcia (12<sup>th</sup> Grade), Andrew Malone (12<sup>th</sup> Grade) and Alyssa Monroe (12<sup>th</sup> Grade) are representing Saydel on the National Council on Youth Leadership.



## SAYDEL BOOSTER SPONSORSHIPS

Thanks to the following businesses and individuals who support the Saydel Athletic Boosters through membership.

**BUSINESS PLATINUM EAGLE**  
 Anania Real Estate Team  
 All Iowa Stone & Gutter  
 Complete Plumbing Services  
 Dee Zee Inc.  
 Goode Greenhouses  
 Hawkeye Truck Equipment  
 Rising Star Wholesale  
 The Results Group, L.L.C.  
 R Rogers Septic LLC  
 Tesdell Electric  
 Wee's Tees

**BUSINESS GOLD EAGLE**  
 Capital City Equipment Co.  
 Mark & Beth Shelton & Family  
 Walker Construction & Painting  
 Wicks Homes, LLC

**BUSINESS SILVER EAGLE**  
 American Rolloffs Inc.  
 Municipal Supply, Inc.  
 Pearson's Dirtwork & Trucking Inc.  
 Resource Services  
 Struthers Brothers Kawasaki-Suzuki  
 Swift's Trails End  
 TeleSupport, Inc.

**GREEN EAGLE**  
 Pizza Ranch (Ankeny)

**FAMILY PLATINUM EAGLE**  
 Doug & Sue Cline  
 Jessica & Jimmy Light & Family  
 Randy Miklus  
 Corey Myers  
 Scott Myers  
 Kevin & Kelly Schulte  
 Kelly & Mary Scott  
 Henry & Angela Wood



- The Saydel Color Guard received Best Color Guard at North Central Marching Innovational, Valleyfest XXXIX, Five Seasons Marching Invitational and the Mid-Iowa Marching Invitational.



## Saydel Students Attend ETS College Visit

Saydel High School students traveled to ISU this week for the ETS College Visit. They toured the university, enjoyed dinner on campus, and attended the ISU vs. Kansas women's volleyball game. Pictured from left: Eddie Delgado, Andrew Malone, Ericka Palapa, Natalya Wheeler, Riley Erickson, Jake Van Houten, Payton Swafford, Nick Garrison, Cody Anderson, and Jarrett Vitiritto.



# It's Time for Winter Sports & Activities

Director of Activities & Community Education Melissa Crosse



Saydel Community School District continues to offer multiple activities, athletics, music programs and community education opportunities, so there is no time like the present to get involved!

### Activities - Clubs

Saydel High School offers several clubs to fit the needs and wants of many students. Check out the list below of the clubs offered and the sponsor.

- Anime Club – Mr. Mata
- Art Club – Mrs. Dew
- Carving Club – Mr. Voss
- Game Club – Mr. Musser
- First Tech Robotics Club – Mr. Fisher
- GSA – Mr. Musser & Mrs. Robinson
- Leadership Academy – Mr. Schulte
- Mock Trial – Mrs. Smith
- NHS – Mrs. Hibbs & Mrs. Smith
- Running Club – Mr. S. Gebhart
- School Spirit Committee – Ms. Crosse
- Science Bowl – Mr. Blake
- Student Government – Mrs. Brown
- Quiz Bowl – Mrs. Smith

### Homecoming

The Saydel Community School District celebrated Homecoming in mid October. The week kicked off with the annual Homecoming Parade, which was re-located inside due to weather and was a huge success. Students continued to celebrate throughout the week dressing in spirit themes, painting the hill and attending both music performances and athletic events. The Saydel 2018 Homecoming Court and the Eagle attended Cornell Elementary on Friday, before the game, and high fived students as they exited the building.



The celebrations continued at the Homecoming Game with Coronation; 2018 Homecoming Court Members Reilly Aagesen, Gracie Bear, Sydney Dhabolt, Lexi Kent, Chris Contreras, Nickolas Fagen, Cash Lee, John Seuferer, Queen Taylor Conley and King Manfredo "Manny" Mazariegos. The week ended with not one, but two Marching Band Invitational events, and the Homecoming Dance late Saturday night. The week's events were filled with spirit, positivity, and community.

### Athletics – Fall

The fall season was packed with opportunities for students to participate in sports and embrace school spirit! The student section was packet at each and every football and volleyball game.

Returning Coach Steve Gebhart, assisted by Marcey Norland, lead the high school cross country team to yet another successful season. The solid off-season mileage and team dedication was evident as the boys cross country team won first place at Woodward-Granger Invitational and Pleasantville Invitational. Coach Gebhart



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also sponsors the Saydel Running Club, hosted at the high school throughout the school year.

## Athletics – Winter

Winter sports programs are ramped up and ready for success. Saydel is proud to announce the new Head Girls Basketball Coach, Jeff Fleming, assisted by Noreen Morrow, Kevin Slaughter and Ashley Gilles. Boys Basketball is also excited to announce new Head Boys Basketball Coach, Phil Hemming, assisted by Mark Core, Luke Den Adel, Andrew Barber and Raymond Jackson. Tyler Wilson will be returning as Head Wrestling Coach, assisted by Bill Taylor and Tyler Zander. All coaches have been working since May in preparation for a successful season. For the detailed schedule, check out the Saydel Activities Calendar; [www.saydel.k12.ia.us](http://www.saydel.k12.ia.us) click on the Activities tab, then select Activities Calendar.

## WINTER SPORTS: Grades 7-12

Boys & Girls Basketball  
Wrestling

## Music & Fine Arts

The Saydel Marching Eagles had a fantastic season! The 2018 show "The Hand You Are Dealt" thrilled audiences and judges alike with the exciting story, formations and sound effects. The Marching Band placed first at the North Central Marching Invitational, first at Valleyfest XXXIX, Division 1 rating at the Iowa High School Music Association State Contest and Color Guard received Best Color Guard at North Central Marching Innovational, Valleyfest XXXIX, Five Seasons Marching Invitational and the Mid-Iowa Marching Invitational. Congratulations on another great season, Marching Eagles!



## Clothing & Apparel!

The Saydel Activities Booster Club has created even more new apparel for students, parents, guardians and alumni. You can view these new styles at all home high school basketball games.

## Drama Production

In early November, the high school Music Department hosted the drama production, *The Addams Family; A New Musical Comedy*. Directed by Mr. Puffett, student crew members built the set, worked the audio booth and participated as actors. The production was a fantastic representation of the wonderful things happening in the Saydel Music Department and a huge success. A job well done to the participants in this year's show!



## Community Education

Community Education opportunities continued to thrive this fall season. The annual Little Eagle Cheer Camp and Clinic was a successful, hosting over 80 participants at the varsity football game. Youth flag football for students in grades 1 & 2 had practices and games on Sundays, in the Saydel Stadium, throughout September and October. Finally, Coach Kelly Scott hosted a volleyball camp for girls in grades 5 & 6. The five day clinic had 35 participants and was a great learning experience!

Current offerings include the Youth Basketball 80/35 League, Youth Wrestling Club, Color Guard Mini Camp, Adult Zumba, Saydel AM Workout and much more. How do you register for Community Education classes? Go to [Saydel.revtrak.net](http://Saydel.revtrak.net) Payments include check or credit/debit. Be on the look out for more Community Ed Opportunities, found on the Saydel home page, under the Community Ed tab.

## Athletic Pass

There are endless expenses in order to successfully host a game, tournament or invitational; therefore, Saydel charges entrance for events. To help reduce the cost for families, Saydel offers an Athletic Pass that can be purchased at the high school main office at any time.

## Parents Get Involved!

The Saydel Athletics Booster Club and The Saydel Music Booster Club need your help! These clubs are never ending in their endeavors to provide students with opportunities, enhance facilities, purchase new equipment and improve our athletic and music programs. If you would like to get involved, email [saydelathletics@gmail.com](mailto:saydelathletics@gmail.com), [saydelmusicboosters@gmail.com](mailto:saydelmusicboosters@gmail.com).



## Annual Notices to Parents for 2018-2019

Each year, various state and federal laws, as well as Saydel School Board policies, require a variety of annual notification to parents. Many of the following notifications can also be found in student/parent handbooks, or on the district website.

### Level 1 Investigator: Abuse

It is the policy of the district that school employees not commit acts of physical or sexual abuse, including inappropriate and intentional sexual behavior, toward students. Any district employee who commits such acts is subject to disciplinary sanctions up to and including discharge.

It is the policy of the district to respond promptly to allegations of abuse of students by district employees by investigating or arranging full investigation of any allegation, and to do so in a reasonably prudent manner. The processing of a complaint or allegation will be handled confidentially to the maximum extent possible. All employees are required to assist in the investigation when requested to provide information and to maintain the confidentiality of the reporting and investigating process.

### General Education Interventions

Each Local Education Agency (LEA), in conjunction with the Area Education Agency (AEA), shall attempt to resolve any presenting problem or behaviors of concern in the general education environment prior to conducting a full and individual evaluation. In circumstances when there is a suspicion that a child is an eligible individual, the AEA, in collaboration with the LEA, shall conduct a full and individual initial evaluation. Documentation of the rationale for such action shall be included in the individual's educational record.

Each LEA shall provide general notice to the parents on an annual basis about the provision of general education interventions that occur as a part of the agency's general program and that may occur at any time throughout the school year.

General education interventions shall include consultation with special education support and instructional personnel. General education intervention activities shall be documented and shall include measurable and goal-directed attempts to resolve the presenting problem or behaviors of concern, communication with parents, and collection of data related to the presenting problem or behaviors of concern, intervention design and implementation, and systemic progress monitoring to measure the effects of interventions.

If the referring problem or behaviors of concern are shown to be resistant to general education interventions or if interventions are demonstrated to be effective but require continued and substantial effort that may include the provision of special education and related services, the agency shall then conduct a full and individual initial evaluation.

The parent of a child receiving general education interventions may request that the agency conduct a full and individual initial evaluation at any time during the implementation of such interventions.

### Equal Educational Opportunity

Saydel Community School District does not discriminate in its education programs or educational activities on the basis of race, color, gender, national origin, creed, sexual orientation, gender identity, age, religion, marital status, socioeconomic status, or abilities/disabilities in its educational programs, activities, or employment policies as required by Title VI and Title XII of the 1964 Civil Rights Act, Title IX of the 1972 Education Amendment, Federal Rehabilitation Act of 1973, and the Iowa Code #216.9. Students are educated in programs which foster knowledge of, and respect and appreciation for, the historical and contemporary contributions of diverse cultural groups, as well as men and women, to society.

Students who feel they have been discriminated against are encouraged to report it to the school district's Equity Coordinator Julie McKibben, Director of Student Services, 5740 NE 14th Street, Des Moines, IA 50313; [mckibbenjulie@saydel.net](mailto:mckibbenjulie@saydel.net); 515-264-0866. Inquiries may also be directed in writing to the Iowa Civil Rights Commission, Grimes State Office Building, Des Moines, IA 50319-0201, 515-281-4121 or the U.S. Department of Education, Office for Civil Rights, 500 West Madison Street, Suite 1475, Chicago, IL, 60661.

The district, in its educational program, has a process to assist students experiencing behavior and learning difficulties. Building response to intervention (RTI) teams, facilitated by building administrators and/or school counselors are responsible for this process. Representatives from the area education agency may also assist the district in this process. Parents wanting access to this process should contact the principal or counselor.

### Notice Concerning Highly Qualified Teachers/ Professionals

Parents and guardians in the Saydel Community School District have the right to learn about the following qualifications of their child's teacher: state licensure requirements for the grade level and content areas taught, the current licensing status of your child's teacher, and baccalaureate/graduate certification/degree. You may also request the qualifications of an instructional paraprofessional who serves your students in a Title I program or if your school operates a school-wide Title I program.

Parents and guardians may request this information from the office of the superintendent by calling 515-264-0866 or sending a letter of request to:

**Saydel Community School District Office**  
5740 NE 14th Street, Des Moines IA 50313

Saydel Community School District ensures parents will be notified in writing if their child has been assigned or has been taught by a teacher for four or more consecutive weeks by a teacher who is not considered highly qualified.



## Homeless Students

In accordance with 281 IAC Chapter 33 Iowa Administrative Code, the Saydel Community School District is required to give written notice to homeless children and families if the district is going to deny access to their educational programs. Homeless children and families may obtain free legal services by contacting: *Legal Aid Society of Polk County*  
1111 9th Street – 3rd Floor, Des Moines, IA 50314  
515-243-1193

Chapter 33 of the Iowa Administrative Code defines “homeless child or youth” as a child or youth from the age of three years through 21 years who lacks a fixed, regular and adequate nighttime residence and includes the following:

- A child or youth who is sharing the housing of other persons due to loss of housing, economic hardship, or a similar reason; is living in a motel, hotel, trailer park, or camping grounds due to the lack of alternative adequate accommodations; is living in an emergency or transitional shelter; is abandoned in a hospital; or is awaiting foster care placement;
- A child or youth who has primary nighttime residence that is a public or private place not designed for or ordinarily used as a regular sleeping accommodation for human beings;
- A child or youth who is living in a car, park, public space, abandoned building, substandard housing, bus or train station, or similar setting; or
- A migratory child or youth who qualifies as homeless because the child or youth is living in circumstances described in paragraphs “1” through “3” of this section.

## Iowa Concussion Legislation

Effective July 1, 2011, Iowa law requires that students in grades 7-12 who participate in extracurricular interscholastic activities, cheerleading and dance; and their parents/guardians; must sign a copy of the acknowledgement form and return it to their school.

Students cannot practice or compete in those activities until this form is signed and returned.

In addition, please note this important information from Iowa Code Section 280.13C, Brain Injury Policies:

1. A child must be immediately removed from participation (practice or competition) if his/her coach or a contest official observes signs, symptoms or behaviors consistent with a concussion or brain injury in an extracurricular interscholastic activity.
2. A child may not participate again until a licensed health care provider trained in the evaluation and management of concussions and other brain injuries has evaluated him/her and the student has received written clearance from that person to return to participation.
3. Key definitions:
  - a. “Licensed health care provider” means a physician, physician assistant, chiropractor, advanced registered nurse practitioner, nurse, physical therapist, or athletic trainer licensed by a board.
  - b. “Extracurricular interscholastic activity” means any extracurricular interscholastic activity, contest, or practice, including sports, dance, or cheerleading.

## Open Enrollment

Per Iowa Code 282.18 open enrolling is a process that allows parents/guardians residing in an Iowa school district the option of enrolling their children into another Iowa school district. There are two deadlines that must be kept in mind when considering applying for open enrollment. March 1 is the deadline for open enrollment grades 1-12. September 1 is the deadline for kindergarten open enrollment.

By Iowa state statute, unless Saydel Community School District can show insufficient classroom space, the district must allow open enrollment into the district if the application is received by the established March 1 and September 1 deadlines. Students seeking open enrollment after the March 1 and September 1 deadlines must first secure release from their resident district and sufficient classroom space must be available. Saydel Schools can accept open enrollments after the deadline if the student has been released. The Saydel Schools can choose to end acceptance of all new open enrollment requests at any time after the deadline.

For more information:

- To obtain an open enrollment handbook, application or for more information, please refer to the Iowa Department of Education website.
- Contact the Saydel District Office with open enrollment questions, 515-264-0866.

## Handbooks & Board Policies

Each year, students receive a copy of the student/parent handbook for their grade-level, and handbooks and School Board policies are posted on the district website at [www.saydel.k12.ia.us](http://www.saydel.k12.ia.us). Parents are strongly encouraged to review the handbook and policies of the Board of Education with their student so both understand the regulations and expectations of the district for students. Handbooks include many important annual notices and information about policies students and their parents are responsible for knowing and understanding. Ignorance of the contents of the handbooks and policies of the Board of Education excuses no one from complying with these regulations.

## Corporal Punishment, Restraint and Physical Confinement and Detention

State law forbids district employees from using corporal punishment against any student. Certain actions by district employees are not considered corporal punishment. Additionally, district employees may use “reasonable and necessary force, not designed or intended to cause pain” to do certain things, such as prevent harm to persons or property. State law also places limits on district employees’ abilities to restrain or confine and detain any student.

The law limits why, how, where, and for how long a district employee may restrain or confine and detain a child. If a child is restrained or confined and detained, the district must maintain documentation and must provide certain types of notice to the student’s parent. If you have any questions about this state law, contact your student’s school. The complete text of the law and additional information is available on the Iowa Department of Education website: [www.educateiowa.gov](http://www.educateiowa.gov).

*Continued on page 14*



**Annual Notices:** *Continued from page 13*

## Use of Video Cameras On School Vehicles/Property

The Saydel Community School District Board of Directors has authorized the use of video cameras on school district buses and sites. The video cameras will be used to monitor student behavior to maintain order on the school buses to promote and maintain a safe environment. Students and parents/guardians are hereby notified that the content of the real and electronic files may be used in a student disciplinary proceeding. The contents of the files are confidential student records and will be retained if necessary with other student records.

## Section 504 – Notice of Rights

Section 504 is a federal statute that prohibits discrimination based upon a disability. Section 504 covers eligible students for accommodations that enable them to work or learn. The great majority of academic accommodations should take place in the general education classroom. A school team knowledgeable of the student determines, with evaluation data, if the student meets eligibility criteria.

Saydel Community School District does not discriminate in its educational programs and activities on the basis of a student's disability. If it has been determined that your child has a qualifying disability for which accommodations may need to be made to meet his/her individual needs as adequately as the needs of other students, as a parent, you have the right to the following:

- Participation of your child in school district program and activities, including extracurricular programs and activities, to the maximum extent appropriate, free of discrimination based upon the student's disability and at the same level as students without disabilities;
- Receipt of free educational services to the extent they are provided students without disabilities;
- Receipt of information about your child and your child's educational programs and activities in your native language;
- Notice of identification of your child as having a qualifying disability for which accommodations may need to be made and notice prior to evaluation and placement of your child and right to periodically request a re-evaluation of your child;
- Inspect and review your child's educational records, including a right to copy those records for a reasonable fee; you also have a right to ask the school district to amend your child's educational records if you feel the information in the records is misleading or inaccurate; should the school district refuse to amend the records, you have a right to a hearing and to place an explanatory letter in your child's file explaining why you feel the records are misleading or inaccurate; and
- Hearing before an impartial hearing officer if you disagree with your child's evaluation or placement; you have a right to counsel at the hearing and have the decision of the impartial hearing officer reviewed.

It is the policy of the Saydel Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identify and socioeconomic

status (for programs), in its educational programs and its employment practices.

There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to the policy, please contact Equity Coordinator Julie McKibben, Director of Student Services, 5740 NE 14<sup>th</sup> Street, Des Moines, IA 50313; mckibbenjulie@saydel.net; 515-264-0866.

## Student Records

The Family Educational Rights and Privacy Act (FERPA) affords parents and students over 18 years of age ("eligible students") certain rights with respect to the student's education records. They are:

1. The right to inspect and review the student's education records within 45 days of the day the district receives a request for access. Parents or eligible students should submit to the school principal a written request that identifies the record(s) they wish to inspect. The principal will make arrangements for access and notify the parent or eligible student of the time and place where the records may be inspected.

2. The right to contest placement of a controversial record in the student's education records. Parents or eligible students may ask Saydel Community School District to amend a record that they believe is inaccurate, misleading or a violation of the student's right to privacy. They should write the school principal, clearly identify the part of the record they want changed, and specify why it is inaccurate or misleading. If the district decides not to amend the record as requested by the parent of eligible student, the district will notify the parent or eligible student of the decision and advise them of their right to a meeting with a district employee who is not directly interested in the outcome. Additional information regarding the meeting procedures will be provided to the parent or eligible student when they are notified of their right to the meeting.

3. The right to consent to disclosures of personally identifiable information contained in the student's education records, except to the extent that FERPA authorizes disclosure without consent. An exception which permits disclosure without consent is disclosure to school officials with legitimate educational interests. A school official is a person employed by the district as an administrator, faculty member, staff member, member of the Board of Directors, or others acting on their behalf who the superintendent has determined to have a legitimate educational interest in obtaining access to information in a student's education records. This may include outsourced law enforcement and security units contracted with the school district. A legitimate educational interest exists when the official needs to review an education record in order to fulfill his or her professional responsibility. Upon request, the district will disclose education records without consent to officials of another school district in which a student seeks or intends to enroll.

4. The right to inform the district that the parent or eligible student does not want the district's designated directory information, as defined below, to be released to the public. To object to the designation and release of certain student records as directory information, the parent or eligible student must notify the principal in writing, prior to August 1 of each school year (or two weeks from the date of enrollment in the district if



such enrollment occurs after August 1), of the information not wished to be released. This objection to the release of directory information must be renewed annually.

Examples of school or media publications include; but are not limited to:

- A playbill showing our student's role in a drama production
- The annual yearbook
- Honor roll or other recognition lists
- Graduation programs
- Sports activity sheets such as for wrestling, showing weight and height of team members
- Newspaper articles or television news stories
- Photos, podcasts, videos or information posted on the district website
- Athletic or activities team photos or class photos
- Website articles

Directory information means information contained in an education record of a student that would not generally be considered harmful or an invasion of privacy if disclosed. The Saydel Community School District has designated the following student information as directory information:

- Student's name
- Curriculum (major field of study)
- Section/Team
- Year in school
- Participation in recognized organizations, activities and sports
- Weight and height of members of athletic teams
- Degrees, awards and honors received
- The most recent educational institution attended by the student
- Photographs, audio recordings and video recordings of the student
- Date of attendance at the school district (general periods of time during which an individual attended or was enrolled in an educational agency or institution)
- Student work

Any information not designated by the district as directory information will be considered an educational record under FERPA and may not be released to the public without parental or eligible student consent. Two federal laws require local school districts receiving assistance under the Elementary and Secondary Education Act of 1965 (ESEA) to provide military recruiters, upon request, with three directory information categories – names, addresses and telephone listings – unless parents have advised the school district that they do not want their student's information disclosed to the military recruiters without their prior written consent. (1) If you do not want the district to disclose directory information from your child's education records without your prior written consent, you must notify the district in writing by August 1.

5. The right to file a complaint with the U.S. Department of Education concerning alleged failures by the district to comply with the requirements of FERPA. The name and address of the office that administers FERPA is: *Family Policy and Compliance Office U.S. Department of Education, 400 Maryland Avenue, SW, Washington, D.C. 20202-4605*

6. The district may share information contained in a student's record with officials of the juvenile justice system if such information will assist in their ability to serve the student. These laws are: Section 9528 of the ESEA (20 U.S.C. 7908), as amended by the No Child Left Behind Act of 2001 (P.L. 107-110), the education bill, and 10 U.S.C. 503, as amended by section 544, the National Defense Authorization Act for Fiscal Year 2002 (P.L. 107-107), the legislation that provides funding for the Nation's armed forces.

Your student's information will be used as defined above unless you choose to opt-out.

If you have no objections to use of your student's information as defined above, no further action is necessary and you do not need to fill out the form.

If you object to use of your student's information as defined above and you do not want your student's directory information included in class lists, yearbooks, school programs, brochures, athletic programs, newspaper articles, and other publications such as are noted above, please request and fill out the opt-out form. The form should then be returned to your child's school no later than August 1.

## Student Media Interviews

During the course of the school year, students may be interviewed from time to time by newspaper, television, radio or other reporters in regard to projects, activities and other school events. This is considered a part of the district's directory information consent policy (Student Records), along with photos, video, audio recording and other media.

If you object to your student being interviewed in this manner, you should deny Photo Use Permission in your student's profile in PowerSchool and electronically sign the photo status update.

## Parents' Role During Emergencies

The best action parents can take in an emergency is to stay close to their phone and email and to monitor local radio and TV reports for regular updates and instructions.

- Do not report to your child's school during emergency situations. Law enforcement officials will not allow entry to the school site during a lockdown or shelter-in-place.
- Avoid calling the school or the district offices during the emergency.

*Notification and Communication:* The school district is committed to providing parents and guardians with the latest and most accurate information available. In most cases the district will post information on the district website. In some forms of emergency, the district may also send automated phone and email messages and use news media outlets to distribute information.

Parents should monitor official emergency information updates using the district's website, automated call/text system, and local media. In today's world, students will be texting and calling parents immediately. Be aware that information you receive from your child may not always be accurate as they may only have a portion of the information; ensure the information you are using

*Continued on page 16*



**Annual Notices:** *Continued from page 15*

is official and comes directly from Saydel Community Schools.

- **Emergency notification system:** The automated calling/ email/text system used by the school district can store a primary home phone and email address, as well as up to four additional phone numbers per parent and one additional email address per parent.
- **School emergency response protocols:** A school crisis can take a number of forms including an environmental event, such as a chemical spill or gas leak; a weather emergency, such as a tornado warning; or an intruder in or near the school. The nature of a school crisis dictates whether school officials will put in place a lockdown, shelter-in-place, evacuation, or any combination of two of these protocols, as a means to ensure the safety and well-being of students and staff. To ensure timely communication, please make sure your contact information at the school is up to date.

**EDUCATION FOR LEADERSHIP;  
LEARNING FOR LIFE**

We're on the Web: [www.saydel.k12.ia.us](http://www.saydel.k12.ia.us)

**SAYDEL MUSIC BOOSTER SPONSORSHIPS**

*Thanks to the following businesses and individuals who support the Saydel Music Boosters through sponsorship.*

**PLATINUM EAGLE**

*Skywalk Global*

**BUSINESS GOLD EAGLE**

*Diane Boatwright  
Gary & Dawn Guy  
Jerry & Sheila Jennings  
Doug Kayser  
Kevin & Kelly Schulte*

**SILVER EAGLE**

*Capitol City Church  
Linda Sargent, Alumnus*

**DONATIONS**

*Victoria Freel & Michael Hatchitt  
Goldfield Trim & Upholstery*

**GIFTS IN KIND**

*Garland's Inc.  
Putco  
Techniplas (Dickten Masch Plastics)  
Wynde Brown  
Michael Gaddis  
Kelly Sprague*



**Employee & Family Resources  
Student Assistance Program (SAP) Service Summary**

Employee & Family Resources is dedicated to helping students and their families manage life's challenges so they can reach their full potential.

Licensed mental health counselors and clinical workers are available to assist all students and family members experiencing the stress of life's ups and downs. Services are free and are strictly confidential.

**Concerns may include:**

- Stress
- Anxiety
- Emotional or mental health
- Family or relationships
- Bullying or peer conflict
- Substance abuse



**EFR EMPLOYEE & FAMILY RESOURCES**

**Convenient In-Person Appointments**

Up to three visits per year, per separate issue with qualified counselors. Referrals to additional services are available if needed. SAP offers services in Spanish and interpreting as needed at no cost to the student or family.

**24 Hour Support**

For immediate support from counselors, call 800.327.4692. Day & evening appointments are available Monday-Friday.

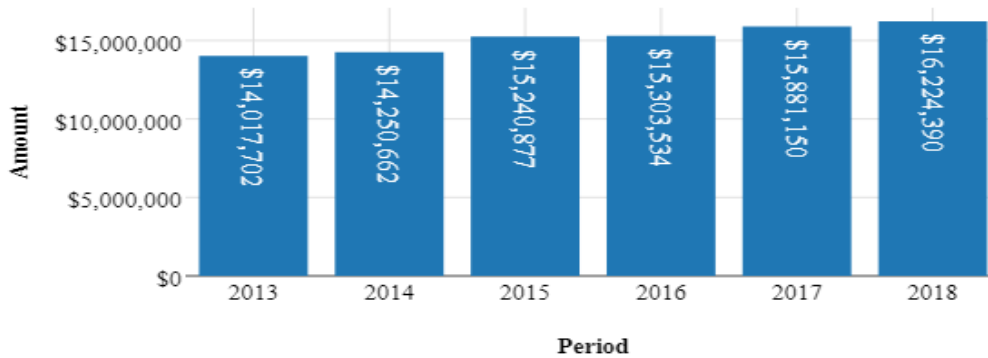


# Financial Focus

The spring 2018 article provided background on the purpose of each of the main funding sources for Saydel. The general fund is the primary financial operations fund for the District including costs such as personnel (salaries and benefits for employees) and utilities.

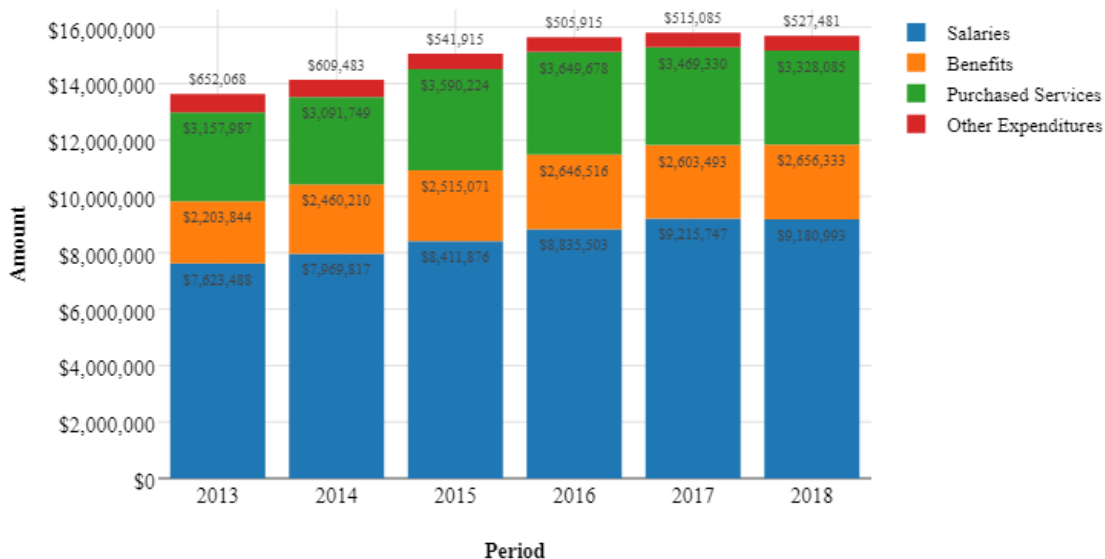
How much general fund revenue does Saydel generate annually? Last year Saydel had over \$16 million of general fund revenue, an increase of 2% from the previous year.

**General Fund Revenues**



Where have we been spending our general fund dollars? Last year Saydel spent 75% of its total general fund expenditures on personnel costs. Total general fund expenditures have been nearly flat for the last three years.

**General Fund Expenditures by Object Category**



How does that position Saydel for the future? Business Manager Patricia Townsend reviewed the fiscal year 2018 results with the school board on October 8, 2018. (Additional information available at the new school board webpage: <https://simbli.eboardsolutions.com/Index.aspx?S=150115>)

The financial indicators for the school district (Unspent Authorized Budget Ratio and Financial Solvency Ratio) show the district is financially healthy. In the next issue of *The Saydel Communicator* we will take a closer look at these financial indicators.





## Student Services & Special Education Update

Director of Special Education & Student Services Julie McKibben



The 2018-19 school year is off to a great start with some new changes to student services. The area of student services includes special education, ELL program, registration, open enrollment, family outreach, and much more.

This fall has been busy with the addition of Azra Atajic, Eagle's Nest Coordinator. Azra brings with her a depth of knowledge in the areas of management, customer service, and childcare. She has continued to engage the students

with a variety of activities that included a multi-sensory approach to meet the needs of all Eagle's Nest participants. The program will be structured with age appropriate

activities that include hands-on activities, free play, sports and games. When not

working at Eagle's Nest, Azra spends her time with her daughters, Aubrey and Riley, ages 6 and 4. The Eagle's Nest before and after school program will continue to provide childcare throughout the school year. Please watch for closures

during holiday breaks. You can find Azra at the Eagle's Nest office which is located across from the cafeteria at Cornell Elementary. Feel free to contact Azra for enrollment information at 515-263-3037 or visit the district website.

Along with the addition of our new coordinator, we are also introducing the online payment option, Revtrak, that can be found on the district webpage. This option allows for payments to be made in advance with confirmation of payment. Just a reminder, the Eagle's Nest program accepts payment in the form of check, online using a debit/credit card, or through Childcare Assistance.

This year our special education program is introducing a student run coffee shop at Saydel High School. The coffee shop

provides work experience through a hands-on, practical approach. With the support of a job coach, the students can practice skills learned in the classroom before applying them to a work experience placement in the community.

Through this placement, the students spend one to two periods a day setting up The Roost, preparing for service, waiting on customers, balancing the cash register, and closing down at the end of the shift. The Roost is located across from the library in the main concourse of the high school. It offers a variety of warm beverages, including coffee, cappuccino, cider and hot chocolate. Along with drinks, the students serve fresh baked cookies in a variety of flavors. The hours of operation are 9:00-10:00 AM daily.

If you have any questions regarding student services or special education, please contact me at the Saydel District Office, 515-264-0866.



AZRA ATAJIC



## Activities

Communication & Information



### Email

Check your email for updates, communication & information.  
\*Update your email on PowerSchool

### Social Media

Follow on Social Media  
Saydel Activities & Community Education  
Twitter - @SaydelIAD  
Facebook - Saydel Comm Ed





### Activities Calendar

[www.saydel.k12.ia.us](http://www.saydel.k12.ia.us)  
Select "ACTIVITIES" Tab  
Click "SAYDEL ACTIVITIES CALENDAR"  
<https://heartofiowaconference.org/public/genie/67/school/1136/>

**Community Ed Registration at [Saydel.revtrak.net](http://Saydel.revtrak.net)**

## Saydel Community School Food Services

### Another Year Serving Fresh Fruit and Vegetable to Cornell Students!

Cornell Elementary has been awarded again The Fresh Fruit and Vegetable Program (FFVP) for another year. The FFVP is a grant opportunity for schools to provide children with fresh fruits and vegetables during the school day, at no cost to the children. It aims to help children establish healthy eating habits. Improvements were seen in the knowledge, attitude, and perception of fruits and vegetables for students who participated in the program.



Through this program, Cornell Elementary offers fresh fruits and vegetables as a snack in the classroom during the school day outside of breakfast and lunch five times per week. Examples of some of the snacks include: grapefruit, green and red peppers, strawberries, purple cauliflower and pineapple.

### Saydel Food and Nutrition Department Welcomes New Staff This School Year

Sarah Miller is Woodside Middle School's kitchen manager. Prior to working at Saydel, Sarah's experience includes healthcare. She is currently ServSafe certified.



Terry Lowe joins us as the High School's kitchen manager with 15 years of school food service experience and over 30 years of general food service experience. He has a Culinary Arts Degree from DMACC and Hotel/Restaurant Management from ISU.



Brandi Little is serving as Woodside Middle School's head cook. Brandi brings with her a few years of school food service experience from a neighboring school district.



Gage Hasstedt serves as the head cook at the High School. He is a DMACC graduate with a Culinary Arts Degree. Prior to school food service, Gage's experience included healthcare and restaurant dining.



Katie Fischer joins us as one of the kitchen aides at Woodside Middle School. Katie's experience includes but is not limited to customer service.



Barbara Foster is one of the kitchen aides at Saydel High School. Barbara is new to school food service. Prior to this year, she worked as an administrative assistant and assistant manager in an accounting office to a property manager.



Brooke Northway also join us as the newest kitchen aide at Woodside Middle School. She is also new to school food service and is eager to learn the ropes.



Lydia Hernandez is the newest kitchen aide at Cornell Elementary. Prior to working at Cornell, Lydia's experience included working in the Hy-Vee bakery.



### BREAKFAST & LUNCH ARE FREE FOR ALL SAYDEL STUDENTS!

Saydel students are offered a **daily free breakfast and lunch** this school year as part of the Community Eligibility Provision (CEP), funded by the federal government, regardless of their economic status. Free and Reduced Meal application or documentation will not be collected unless a fee waiver form is needed. Studies have shown that children who are not hungry perform better in school. By providing breakfast/lunch to all children at no charge, we can create a better learning environment for our students.

***Each student will need to have money in their account if they wish to purchase a la carte items, extra entrees, extra milk, or a milk to go with their lunch brought from home.***



## What Is a Reimbursable Meal?

A reimbursable meal is a federal formula in which helps each district determine whether they receive a monetary reimbursement from the Federal Government for each meal given to students. This does not include adult meals or a second full meal for a student. In order to get that reimbursement, the USDA guidelines and the “Offer versus Serve” program must be followed. The lunch and breakfast programs are a little different, so let’s just start with lunch:

### Lunch:

At lunch, we are required to “offer” students five components with each meal. Students are required to take three of those five components in order for us to count it as a “reimbursable meal”. Students are also required to take a serving of a fruit *or* vegetable for us to count it as a reimbursable meal.

The components offered are:

- Milk (must be skim or 1% for flavored milk)
- Meat/meat alternate (meat, cheese, cottage cheese, yogurt, beans/legumes)
- Bread/grains (All Grains served must be “whole grain rich” including breading, cookies, cereal, pretzels, etc.)
- Fruit /vegetables (There is a requirement for certain subcategories of vegetables according to their color and nutritional content.)



There are different requirements for different age groups for certain components. For example, at the High School level, we need to offer 10-12 bread/grain servings each week. At the Middle School we need to offer 8- 10 bread/grain servings each week. At the Elementary level, we are required to offer 8-9 servings of bread/grain items each week.

Meal Pattern	Breakfast Meal Pattern			Lunch Meal Pattern		
	Grades K-5 <sup>a</sup>	Grades 6-8 <sup>a</sup>	Grades 9-12 <sup>a</sup>	Grades K-5	Grades 6-8	Grades 9-12
	Amount of Food <sup>b</sup> Per Week (Minimum Per Day)					
Fruits (cups) <sup>c,d</sup>	5 (1) <sup>e</sup>	5 (1) <sup>e</sup>	5 (1) <sup>e</sup>	2½ (½)	2½ (½)	5 (1)
Vegetables (cups) <sup>c,d</sup>	0	0	0	3¼ (¾)	3¼ (¾)	5 (1)
Dark green <sup>f</sup>	0	0	0	½	½	½
Red/Orange <sup>f</sup>	0	0	0	¾	¾	1¼
Beans/Peas (Legumes) <sup>f</sup>	0	0	0	½	½	½
Starchy <sup>f</sup>	0	0	0	½	½	½
Other <sup>f,g</sup>	0	0	0	½	½	¾
Additional Veg to Reach Total <sup>h</sup>	0	0	0	1	1	1½
Grains (oz eq) <sup>i</sup>	7-10 (1) <sup>j</sup>	8-10 (1) <sup>j</sup>	9-10 (1) <sup>j</sup>	8-9 (1)	8-10 (1)	10-12 (2)
Meats/Meat Alternates (oz eq)	0 <sup>k</sup>	0 <sup>k</sup>	0 <sup>k</sup>	8-10 (1)	9-10 (1)	10-12 (2)
Fluid milk (cups) <sup>l</sup>	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)

## What Is a Reimbursable Meal? *Cont.*

*Example 1 of a Reimbursable Lunch:* The main item is WG spaghetti and with meat sauce. We put the pasta and meat sauce on the student’s tray. Because it contains a bread/grain component and the meat component, the student then only needs to take a serving of a fruit or vegetable to meet the minimum requirement for a reimbursable meal. They also can take a carton of milk or other item offered as part of the regular lunch, such as one breadstick, and not be charged.

*Example 2 of a Reimbursable Lunch:* The main item is chili. The chili counts as the meat/meat alternate item. Students would have to take 2 more components for us to count that as a reimbursable meal. They could choose from an 8 oz. carton of milk, a serving of fruit, a serving of vegetables, or a serving of a bread/grain item. Again, one of the three components on their tray has to be a serving of a fruit or vegetable.

### **Breakfast:**

At breakfast, we are required to offer four components:

- 1-2 ounce equivalent servings of bread/grain
- ½ cup serving of fruit
- ½ cup serving of 100% juice
- Milk

Students are required to take a serving of a fruit to be counted as a reimbursable meal.



Offer vs. serve at breakfast requires students to take 3 of the 4 components. At minimum, we can count a breakfast as reimbursable if a student takes either milk or one 4 oz. juice serving with a combination of the bread/grain and meat components. Without being charged for an extra item, students can take a carton of milk, 4 oz. juice/fruit and a combination of the bread/grain and meat components.

### *Example 1 of a Reimbursable Breakfast:*

Whole Grain Pancakes, ½ cup fruit, and a carton of milk

### *Example 2 of a Reimbursable Breakfast:*

Cereal (1oz container), 1 piece of toast or 1 package of graham crackers, 1 carton of milk, and ½ cup of fruit.

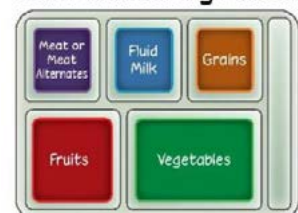
All of our Food and Nutrition staff are trained to ensure that each tray holds a reimbursable meal!

### **Food and Nutrition Services Office:**

Director: Jessy Sadler  
Phone: 515.264.0866

Follow us on Twitter: @saydelnutrition  
Fax: 515.264.0869

### Build a Healthy Lunch





## Saydel District Donations



Saydel parent Doug Kayser, pictured far right, and his family recently donated a Milwaukee tool chest for the Saydel High School Robotics Club. The donation was made in memory of the late Laura Kayser. Pictured with Mr. Kayser from left are Robotics Club members Makail Brooks, Cody Deets, Ben Kayser, Jake Jennings, McKenna Jacobs, Justin Scott, and Megan Ford.



Affinity Credit Union recently presented Saydel Community School District with a donation of \$300 to purchase school supplies for students. Pictured from left: Saydel Director of Student Services and Special Education Julie McKibben, Saydel District Social Worker Ann Herrera, Affinity Credit Union Vice President of Marketing Kris Laufer, Affinity Credit Union Marketing Coordinator Melissa De Doi, Saydel Business Manager Patricia Townsend, and Saydel Superintendent Todd Martin. Thank you to Affinity Credit Union for this generous donation.

## Upcoming Events

**DECEMBER 13, 2018**

After Prom Meeting for Junior Parents at High School Library, 6 PM

**DECEMBER 21, 2018 - JANUARY 2, 2019**

Winter Break; No School

**JANUARY 3, 2019**

Classes Resume

**JANUARY 8, 2019**

Cornell PTO Meeting, 6:30 PM

**JANUARY 9, 2019**

Music Boosters Meeting at High School, 6:30 PM

**JANUARY 10, 2019**

Wrestling Senior Night, 6 PM

**JANUARY 14, 2019**

Regular School Board Meeting, 6 PM

**JANUARY 16, 2019**

Athletic Boosters Meeting at High School, 6 PM

**JANUARY 24, 2019**

Little Eagles Cheer Clinic

**JANUARY 25, 2019**

- Basketball Senior Night, 7 PM
- Little Eagles Cheer at Basketball Game

**FEBRUARY 4, 2019**

Kindergarten Music Concert at Cornell, 6:30 PM

**FEBRUARY 6, 2019**

Music Boosters Meeting at High School, 6:30 PM

**FEBRUARY 7, 2019**

Woodside PTO Meeting, 6:30 PM

**FEBRUARY 9, 2019**

Jazz Night for Grades 6-12 in Auditorium, 7 PM

**FEBRUARY 11, 2019**

- No School; Professional Development Day
- Regular School Board Meeting, 6 PM

**FEBRUARY 12, 2019**

- 8th Grade Parent Meeting for High School Course Registration in High School Auditorium, 7 PM
- Cornell PTO Meeting, 6:30 PM

**FEBRUARY 23, 2019**

Cornell PTO Carnival, 4:30 - 7 PM

**FEBRUARY 28 & MARCH 5, 2019**

Parent Teacher Conferences

**FEBRUARY 28, 2019**

HOIAC Fine Arts Festival at North Polk, 6 PM

**MARCH 11, 2019**

Regular School Board Meeting, 6 PM

**MARCH 12, 2019**

Cornell PTO Meeting, 6:30 PM

**MARCH 15-22, 2019**

Spring Break; No School

**APRIL 9, 2019**

Cornell PTO Meeting, 6:30 PM

**APRIL 11, 2019**

Woodside PTO Meeting, 6:30 PM

**APRIL 19, 2019**

No School; Professional Development Day

SAYDEL COMMUNITY SCHOOL DISTRICT  
5740 NE 14TH STREET  
DES MOINES IOWA 50313

NONPROFIT ORGANIZATION  
US POSTAGE PAID  
DES MOINES, IOWA  
PERMIT NO. 57

ECR WSS EDDM  
POSTAL CUSTOMER

## SAYDEL SCHOOLS:

### Cornell Elementary School

Grades PK - 4  
5817 NE 3rd Street, Des Moines, IA 50313  
1-515-244-8173  
Mr. Brian Vaughan, Principal

### Woodside Middle School

Grades 5-8  
5810 NE 14th Street, Des Moines, IA 50313  
1-515-265-3451  
Mr. Joshua Heyer, Principal

### Saydel High School

Grades 9-12  
5601 NE 7th Street, Des Moines, IA 50313  
1-515-262-9325  
Mr. Kevin Schulte, Principal  
Mr. Alex Stubbers, Associate Principal  
Melissa Crosse, Director of Activities/Community Education

**Saydel District Office** (Adjacent to Woodside Middle School)  
5740 NE 14th Street, Des Moines, IA 50313  
1-515-264-0866

**Mr. Todd A. Martin**, Superintendent of Schools  
**Patricia Townsend**, Business Manager  
**Mary Salazar**, Director of Curriculum, Instruction, Assessment  
**Julie McKibben**, Director of Student Services, Special Education  
**Jessy Sadler**, Director of Food Services

## SAYDEL BOARD OF EDUCATION

**Brian Bowman**, Board President  
**Jennifer Van Houten**, Board Vice-President  
**Julie Jennings**, Board of Director  
**Doug Kayser**, Board of Director  
**Roland Kouski Jr.**, Board of Director  
**Rob Strickler**, Board of Director  
**Chad Vitiritto**, Board of Director

Superintendent: Mr. Todd A. Martin  
Board Secretary: Beth Vitiritto  
Board Treasurer: Patricia Townsend



School Board meetings are held at the  
Saydel District Office on the second  
Monday of each month at 6 PM

It is the policy of the Saydel Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination.

If you have questions or a grievance related to this policy, please contact the district's **Equity Coordinator, Julie McKibben, Director of Student Services, 5740 NE 14<sup>th</sup> Street, Des Moines, IA 50313; 1-515-264-0866; mckibbenjulie@saydel.net.**

Office for Civil Rights, Citigroup Center, 500 W. Madison Street,  
Suite 1475, Chicago, IL 60661.