

The Saydelphic



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Saydel High School

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Hello, Fall!

Goodbye Summer, Here Comes Fall

by Carolyn Rose

The leaves are changing colors and the weather is getting a bit colder. “I don’t *not* like anything about fall,” said sophomore Ericka Palapa, when talking about what she likes and dislikes about fall. Along with the falling leaves comes delicious food and a couple holidays. Thanksgiving and Halloween are good times to eat a lot of food and candy. Ericka mentioned that candy corn is her favorite food to eat in the fall.

Want to make and try some fall desserts? Click the links below to see some recipes:

[Snickerdoodle Cheesecake Bars](#)

[Reese's Peanut Butter Balls](#)



Snickerdoodle Cheesecake Bars



Reese's Peanut Butter Balls

New Year, New Faces

Let's Get Familiar

Interviews by Casey Campbell, Darian Garcia, Alyssa Monroe, and
B'Elanna Trulove

Article by Darian Garcia and Alyssa Monroe

As we enter the new year we have seen a lot of new enthusiastic faces in the hallways.
Let's get to know the new staff that is working hard to make each day better than before!



Mr. Justin Blake

What is your teaching philosophy?

"Every student is capable of more than they know. I keep that as my philosophy to remind me that I am part of something big in teaching."

What is your favorite way to spend your free time?

"I like to do a lot of backpacking and fixing up old vintage motorcycles."



Ms. Ashley Gilles

What was your inspiration to become a teacher?

"I come from a family of teachers. When I was in UNI, I helped teach a class and I loved it."

What's your teaching style?

"I use a lot of TED talks and group discussions to bring different views that I didn't think of."



Why did you become a teacher?

“I actually never wanted to become a teacher. My high school science teacher kind of talked me into it.”

What is your favorite way to spend your free time?

“I like going to the dog park with my dogs and my boyfriend.”

Ms. Breannah Krips

What is your hometown and what did you love the most about it?

“My hometown is Pocahontas, Iowa, which is up in northwest Iowa. I just liked it because it was really kind of everyone knew everyone and just kind of a really small town atmosphere that I really liked.”

What is your favorite way to spend your free time?

“I like to golf, fish, wood carve, and spend time with my twin grandbabies.”

What brought you to Saydel?

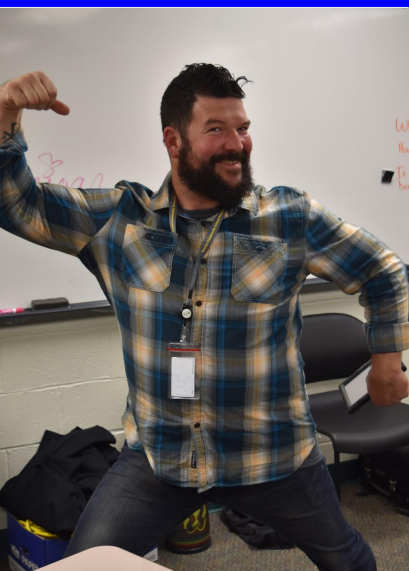
“I made a switch in teaching. I taught art--elementary art--for 10 years, and I wanted to make a switch to high school to teach industrial technology. Saydel had an opening....it seemed like a good fit.”



Mr. Terry Voss

Favorite thing about teaching?

“Watching kids ‘get it’ when they actually see what we are doing. That’s kinda why we do it [teach].”



What is your favorite way to spend your free time?

“I enjoy riding my bike, I enjoy fixing things. That stuff I like to do, but I also like being able to do things where I can help others.”

Mr. Daryl Wright

What is your teaching philosophy and why?

“My teaching philosophy is to create a space for every student to find what moves them. I think that way because I know people are so different, everybody has a different motivator. So helping people find what moves them, what challenges them, what pushes them--those are the important things.”

What is your favorite way to spend your free time?

“I love to train for races.... I have run three marathons this past year and qualified to run the Boston Marathon. I also love to coach running sports. I love to see young people excited about the sport.”



Mrs. Marcey Norland

What is your favorite thing about teaching?

“I love when I can make a difference in a student's life. If I can help them understand math better, I feel successful as a teacher.”



Mr. Lukas Odland

What brought you to Saydel?

"I student taught here. I also live in Des Moines. So I called Mr. Schulte first about becoming a substitute, but then he said that he had a position open for me. From there it evolved into a full time position."

What is your favorite way to spend your free time?

"I love cheering on ISU. I spend a lot of time there."

If you could change one thing about teaching, what would it be?

"If I could change one thing about teaching, I would change how much importance and weight there is on assessments. I wish it would be more about the actual learning."



Mrs. Samantha Nolte

What is ELL? What do you do as an ELL teacher?

"ELL stands for English Language Learner. I teach students of Asian, African, and Hispanic ethnicity, and I teach them how to learn, read, and write in English."



Mr. Justin Russell

Do you have any children or pets?

"I have a baby girl, and two dogs named Jozie-Karelian bear dog, and Luna- American bulldog/pointer mix."

What is your favorite thing about teaching/librarian?

"My favorite thing about teaching was connecting students with books which led to me being a librarian."

Favorite way to spend your free time?

"I like bike riding. I play on a co-ed softball team. I also like to try new restaurants and travel--I love Colorado."



Ms. Nichole Foxhoven

Do you have any kids or pets? "No kids, but I do have a little dog named Luna named after the Harry Potter books. She is a mini Australian shepherd and is a year and a half old."

Favorite thing about teaching?

"Interactions with all of the students, and getting a wide variety of personalities."

What brought you to Saydel?

"I graduated here, had always wanted to teach and coach here, it just worked out nicely."

RENOVATIONS

by Alyssa Monroe

OUT WITH THE OLD AND IN WITH THE NEW!

Saydel has added big changes to their learning environment. Over the summer, Saydel completed renovations in the English/social studies hallway. The renovations were part of a master plan to renovate the high school along with the whole district. The middle school also had renovations in their science wing over the summer.

The purpose of the renovations was to bring natural light into the classrooms. Bringing in natural light creates a positive environment and enhances performance in the classroom. As part of the new renovations, color was added to the classrooms. The colors chosen make the rooms more vibrant and also match the elementary school. Many teachers have said that the renovations were needed; the old classrooms were a thing of the past. Mr. Cole Albright said, "I really like the renovations. It gives a good environment and gives more opportunity to collaborate together, and with the technology upgrades it makes teaching easier."

There are more renovations to come in the future; the next renovation will be the classrooms by the lunch room.



(Left) Ms. Gilles' classroom as it appeared this summer during the renovation. (Right) Mrs. Keegan-Bayeur's classroom is being prepared for the addition of a skylight.

The Dreaded Transition

Was going from summer break to school hard for you?

by Carolyn Rose

“Getting up early and having to do stuff,” was sophomore Brenna Vitiritto’s response to what was hard about going back to school. In August we all have to go from being able to sleep all day long to having to wake up early to go to school. “I get to see all my friends again,” said sophomore Jalynn Wood when talking about what she likes about coming back to school. Even though it is liked by some people, going back to school is dreaded by quite a few students.

Going back to school means doing school work and having homework, so it can get really stressful. Brenna said that she took naps to help her get back on a school schedule.

Now that we’ve been in school for a little while, is it easier or harder to wake up early? “It’s harder because you get behind on sleep,” Brenna said. Since we have all this homework and some students have jobs, going to bed at a decent time doesn’t always happen. Jalynn also mentioned how it’s easy to get behind on sleep. Though the transition is dreaded by most, it means that we are one step closer to graduation.

New Coaches, New Spirit

The sports department has had some pretty big changes as of late, and it's all for the better.



by Casey Campbell



With both volleyball and football season at full speed, it's about time to talk through the new changes. As you may have noticed, there are some different coaches around Saydel High School. First-year head volleyball coach, Karlee Lippert, and first-time head football coach, Justin Russell, are here to stay.

The Saylorville, Iowa, native has big plans for the football boys. "There are a lot of successful aspects in this team, and we are always finding something to work on and are getting better week by week," said Coach Russell.

Russell, who has always had a huge passion for the game, and who played football in high school at Saydel and in college at Central, is ready to bring his team to their best season yet. When asked what aspects he brought to the team that weren't there before, he said "The realistic approach of training and building athletes, but also having that education mindset that turns [the football boys] into well-rounded citizens."

Coach Lippert, born and raised in Des Moines, Iowa, is in her first year of coaching, after having played competitive volleyball for ten years, four of those being at Saydel High School. Lippert has always loved the game of volleyball, and when her last year of college was over, she decided it wasn't time for her to end her career just yet. "All the volleyball coaches I had through college gave me a huge passion for the game, and I haven't been ready to give it up," said Lippert.

When asked what aspects she brought to the Saydel team, Coach Lippert said, "The idea of being a family, of balancing the fun and the competitive, and having the atmosphere of a community."

Both coaches see huge potential in their respective teams. They plan to keep building up the fundamentals of the game, and turning Saydel around for the better. "[I want to] build a championship mindset that revolves around the idea that Saydel isn't a bottom feeder, that we will get better every year, bring our program to grades five through twelve, and keep putting the pieces together," were Russell's final words on his future plans for the Saydel football program.

Football

Starting off the season with a BANG

by Taylor Newell

Starting off the season with 3 wins under their belt, and a new coach? The Saydel football team has been off to a great start in the new school year. Not only have they been winning tough games, they have shown how much of a tight group they are and how far that can get a team. The team also has their goals set high for the rest of the season.

The atmosphere is quite different from four years ago when some of the seniors started out their high school careers. It has all changed for the better though. Senior Chase McClure said, "The whole atmosphere changes and the program starts to get more positive vibes and more positive buzz." Positive buzz is exactly right as the team was WOI ABC 5's Game of the Week on September 1. The boys pulled out a tough win and strive to keep winning.

As they start the season strong, the Saydel Eagles plan to finish it even stronger. Senior Chase McClure commented, "We still have the dome in our heads but we understand it takes one game at a time." The dome is always on players' minds but it's a big goal for our seniors this year, as it's their last year.

As the Saydel Eagle's continue to do big things on the field, make sure you come out and support the team during the last few games of their season!

The football team lines up on the line ready for the play to start.



Cross Country

Running Fast Into This Year's Season

by Darian Garcia

The Saydel cross country team has been pushing themselves past their breaking points this summer and fall to be the best that they can be. Mr. Steve Gebhart returns for his fifth year as head coach alongside Mr. Steven Glenn who returns for his second year as assistant coach. Coach Glenn has coached for 12 years, ran at the collegiate level for two years, and at the high school level for three years. Coach Gebhart ran all six years; two years in middle school and four years in high school.

The boys team placed second at the Colfax meet on Thursday, September 7. They followed the Woodward Academy Knights who won the meet. The Saydel boys team had eight runners medal that night. Following the run, the Saydel Cross Country teams joined the Woodward Knights with post-race exercises. Cross country is one of the most, if not the top sport when it comes to sport-wide support. Senior runner Bailey Moore has experienced the support of fellow runners during races. "The runners, especially during meets and stuff; there is kind of a community aspect to it. Like if you're not doing so hot during a meet, you'll have people running by you encouraging you to go faster and be the best that you can be."

Cross country encompasses more than meets the eye. Coach Glenn explains what he wants the students to know about cross country. "It's much more than running. Everybody just thinks you go out and run long distances, but it's so much more. It's such a positive atmosphere; it's a feeling of accomplishment when you finish a workout or finish a race. The bonds are much tighter between the kids and the coaches than other sports just because it's a mental, not just physical sport. It is fun."



Left to right: junior Cash Lee, sophomore Seth Plascencia, freshman Cole Jaschke, sophomore Ryan Hynick, junior Colton Myers, sophomore Caleb Jurgensen, senior Nathen Nelson, and sophomore Austin Pyles



Guess Who's Back?



Saydel volleyball is setting high standards and acing the competition

by B'Elanna Trulove

The Saydel volleyball team is back and better than ever. The girls competed in the first tournament of the playing season on Tuesday, August 24. They pulled through for their first win! The girls lost 4 seniors, but that hasn't stopped them from starting their year off with a bang. The girls have a new coaching staff and new goals for the year.

The new coaching staff consists of Karlee Lippert, Daryle Wright, and Elizabeth Mashek. Coach Lippert is the new head varsity coach of the Saydel volleyball team. Coach Lippert is a former Saydel student, and she had some things to say about her goals and expectations for the season. "The main goal I have for this season is to help change the atmosphere of the volleyball program. I want the players to feel like the volleyball team is like another family and community they get to belong to. I want to help build confidence and pride in this program. I am expecting the team to improve and grow in the knowledge, skills, and passion of the game of volleyball."

The seniors on the team have some bittersweet moments to look forward to during this season. "I'm looking forward to making lots of fun memories and gaining more wins," said senior Katie Schmidt. While the seniors look forward to the future, they also have some thoughts on the past. "My favorite part about being in volleyball is playing with fun, crazy, awesome people who are willing to put in time and effort to get better. As a senior, I'll probably miss the players and coaches the most," Katie explains.

The Saydel volleyball team has started out the season with confidence. They are proving that they are a force to be reckoned with. Please come out and support your Eagles!



Last Year, Best Year



Freshman year felt like it was just yesterday

by Taylor Newell

As some students get into their last year of high school, they're able to reflect on memories and look back on the years. They get a chance to look back on the past three years and ask themselves, "Am I the same person I was three years ago?" Not only do they get to reflect on memories, they also get to think about all the things they get to experience for one last time as a senior in high school.

Favorite memories always vary between school dances, after school activities, and sporting events. Senior Alexah Lewellin said her favorite memory was "painting and spray painting the hill because I feel like it brought everyone together and everyone was having a good time." Sometimes favorite memories revolve around being with others and experiencing them with others, while some are individual accomplishments. For senior Trevor Sprague it was sports related: "being a state qualifier [for wrestling] my junior year and having the first winning season in football in 20 years." High school brings about so many different activities and fun times that having a favorite memory is easy to come across. Maybe you can't pick just one. "I said both [favorite memories] because I couldn't choose which one," said Sprague.

When somebody reflects on the past three years, there's usually no question that they have changed as a person. Trevor Sprague gained the mentality of "control what I can control and whatever happens, happens." There's so many things in high school that can change someone's whole viewpoint on life. "The biggest thing I learned from being at Saydel is that you shouldn't have to care what others think about you," said Alexah. Enjoy your senior year and make the most of every moment!

The Brothers Grimm Spectaculathon

The Saydel High School Drama Department will be presenting a production of "The Brothers Grimm Spectaculathon" on November 2 & 3 at 7:00 PM. This play is a hilarious re-telling of the beloved tales of Rapunzel, Hansel & Gretel, The Frog Prince, Snow White, Cinderella, and Little Red Riding Hood. However, these tales are filled with many twists as the actors challenge the accuracy of the originals and the motivation of the characters.

Rehearsals have been filled with nearly constant laughter as the actors work out their parts and the "bits" that bring so much humor to the show. The actors have also been eager to read the parts for students who are at another school activity during rehearsal time. This has allowed them to further explore character development.

The large cast is a testament to the students' excitement to try new things. Please join them on November 2 & 3 for a night of great fun.

CAST

| ACTOR | ROLE |
|----------------------------|---------------------------------|
| Nelson, Karlee | Narrator 1 |
| Jarrell, Jackson | Narrator 2 |
| Guy, Trent | Actor |
| Aagesen, Reilly | Rapunzel's mother |
| Gist, Ray | Dirt Merchant |
| Ford, Megan | Enchantress (Rapunzel's captor) |
| Garcia, Darian | Rapunzel's Devil |
| McClure, Chase | Prince (Rapunzel's father) |
| Bowman, Hannah | Rapunzel |
| Hiatt, Gabe | Rapunzel's Prince |
| Boozell, Cody | Audience Instructor |
| Leeper, Cameron | Hansel |
| Neddermeyer, Gabby | Gretel |
| Nelson, Karlee | Hansel & Gretel Witch |
| Floyd, Kelsey | Girl w/o hands |
| Loghry, Jessica | Mother |
| Swafford, Payton | Father |
| Gillespie, Darlene | Book Presenter |
| Guzman, Jessica | Princess (w/ Frog) |
| Mazariegos, Manfredo | King (Frog Princess' dad) |
| Campbell, Bryce | Snow White Dwarf 1 |
| McClure, Chase | Snow White Dwarf 2 |
| Plascencia, Katie | Snow White |
| Webb, Brandon | Snow White's step-mother |
| Carolus, James | Walt |
| Leeper, Cameron | Devil |
| Schmidt, Katie | Devil's Grandmother |
| Jones, Madi | Doctor |
| Conley, Taylor | Little Red Riding Hood |
| Sprague, Trevor | The Wolf |
| Garcia, Darian | Grandma |
| Guy, Logan | Woodcutter |
| Aagesen, Reilly | Cinderella |
| Starnes, Rylee | Wicked Step-Mother |
| Hiatt, Gabe | Wicked Step-Sister 1 |
| Conley, Taylor | Wicked Step-Sister 2 |

TECH CREW

- Gracie Bear
- Bryce Campbell
- Casey Campbell
- Riley Erickson
- Darian Garcia
- Hannah Handeland
- Carleigh Heiss
- Jackson Jarrell
- Michael Nuzum
- Kylie Rink
- Carolyn Rose
- John Seufferer
- Quintin Sheppard
- Jayda Tolentino

