

SAYDEL HIGH SCHOOL

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The Saydelphic

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DES MOINES, IA 50313

WWW.SAYDEL.K12.IA.US



by Casey Campbell



Band & Choir

by Carolyn Rose

What have the Saydel band and choir been up to lately? On February 21, the band and choir had a concert with the middle school music students. “It was a wonderful turn out and it was great to see all of the families that showed up to support their kids,” mentioned freshman Casey Campbell about the concert. The band performed the song “1812 Overture,” by Peter Tchaikovsky, with the middle school students at the end of the concert. The choir also performed the song “Make Them Hear You,” from the musical *Ragtime*, with the middle school choir. According to freshman Seth Plascencia, singing with the middle school students was a blast, “It was a great opportunity for all of us to come together and sing.”

What’s so fun about band? When asked what her favorite part about band is, freshman Katherine Tylavsky said, “We’re all just one big family.” She also mentioned how being in band is an easy way to make friends. At the moment the band is working on learning a new piece of music called “Kirkpatrick Fanfare,” by Andrew Boysen Jr.

“I would have to say my favorite part of choir is the family bond we have and the spark of joy we all get after completing a piece of music in perfect harmony,” said Seth Plascencia when he was asked his favorite part about choir. The choir is now working on a new song for competition.

The Saydel band and choir will also perform at IHSMA State Large Group Contest at Saydel High School on the evening of May 5, the Music Celebration Concert on May 16 at 7p.m., and at graduation on May 21.

How are you Spring Breaking?

by Taylor Newell

What's your favorite way to spend your spring break? Some people like to go on extravagant trips and explore new places, while others like to enjoy the time off of school and relax at home with friends. Find out how some students from Saydel plan on spending their spring break and what their favorite part of it is!

Carly Woods



What are your plans for spring break?

"I plan to catch up on sleep and get outside, go for a run, and probably take my dog for a walk."

What's your favorite part about spring break? "I like not having to be on a schedule for anything for a whole week."

Emily Harden



What are your plans for spring break?

"I'm going to New Orleans and Florida with my mom and Hayden. We're going to go see haunted houses and go to the beach."

What's your favorite part about spring break? "I'm not sure what my favorite part about [spring break] is."

Skylar Cardenas

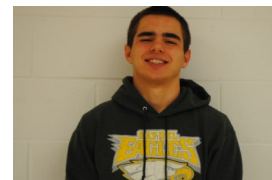


What are your plans for spring break?

"I plan on playing baseball all of spring break."

What's your favorite part about spring break? "My favorite part is not having any stress from school for a little bit."

Trevor Sprague



What are your plans for spring break? "I plan on going to our first track meet of the season and working. I'm also going to Corn Cob Nationals, a big wrestling tournament in Iowa. I also plan on welcoming my niece into the world."

What's your favorite part about spring break? "My favorite part is it gives me time to relax, and catch up on family time and school work."

FUN in the SUN

by Casey Campbell

What is your favorite thing about spring?

When freshman Kylie Rink was asked this question, she replied, “The rain because it rains a lot and I like it.” Whether you enjoy clear, warm weather or you enjoy fluctuating weather, spring can be a blast.

Spring is a great time to get outside and be active, but some people just can’t decide what to do. You could walk your dog, go to a park, or even just relax with a good book. Whatever it may be, remember to appreciate this season because it won't last forever.

A common activity that nearly everybody loves in late spring is going to water parks. Kylie Rink recommends the wave pool in the Adventureland Amusement Park. Pools are a great way to cool down in the hot sun and have some fun.

With the perks of nice weather also comes a disadvantage-- bees. Or even just insects in general. Many people are allergic to bees and some of them don’t even know! According to the website, Government Executive, about 2 million Americans are allergic to insect stings. You can avoid attracting bees by not wearing fragrances such as perfume, scented soaps, and lotions.

With spring just around the corner, it’s time to start thinking about your favorite seasonal foods. “My favorite drink is a slushie because slushies are rad,” said freshman Kylie Rink. While cool drinks are a popular spring cuisine, everybody can enjoy some fresh fruit to keep themselves hydrated. Fruits like watermelons, strawberries, and oranges have around a 90 percent water content.

Just make sure to have fun, stay cool, and do what you love to do during this wonderful season and you will find yourself having a very enjoyable few months.



Prom Prep: Where Should I Go?

by Megan Schmidt

Do you ever struggle with prom details like what to wear, where to eat, and how many pictures to take? In senior Keely Woods' case, "I Google [places]." For those of you who are tired of trying to find places "fancy" enough for prom here is a helpful list.

Places to Eat

Here are some places that are fancy enough, yummy enough, and (for some people) expensive enough for prom!

Johnny's Italian Steakhouse in Altoona

Johnny's Italian Steakhouse is in the same area as the Za-Ga-Zig Temple where the dance will be held. It has a wide selection of steak, seafood, salad, and pasta. It's impossible not to find something you like!

Latin King in Des Moines

Latin King is a fancy Italian restaurant. You'll fit right in all dressed up for prom and the food is delicious!

Spaghetti Works in Des Moines

Now Spaghetti Works is a classic and everyone knows it—full of many kinds of pasta and sauces; you're sure to find something you enjoy. The old fire truck is cool too!

Outback in Ankeny

Known for its specially prepared steak, the Outback is a great place to go for a nice meal with friends. If you don't like steak, there are many other options as well!

Waterfront Seafood in Ankeny

If you love fish, this is the place for you! They serve different kinds of seafood for all different kinds of people!

Centro in Des Moines

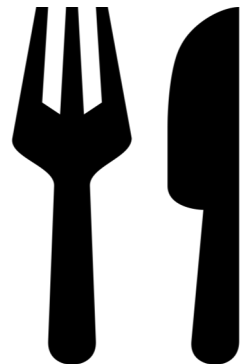
A sleek looking restaurant filled with pizza, pasta, burgers, and everything Italian! Put it on your list as an upscale downtown restaurant.

Biaggi's in West Des Moines

Biaggi's has lots of Italian food in a very Italian looking restaurant. If you want a nice meal in a nice place, this is the place for you!

Americana in Des Moines

There is a lot of variety at this shiny restaurant. From nachos to crab rangoons to lamb chops—this place has it all!



Places to Take Pictures

Places that are just too pretty to pass up for prom photos!

Sculpture Park in Des Moines

A popular place for pictures, the whole area has a wide variety of sculptures to pose with friends.

Jordan Creek Pond in West Des Moines

A fun use of water, plants, and rocks to give a outdoor feel to your prom pictures. Then your group could head right over for some great food at the The Cheesecake Factory!

DMACC Pond in Ankeny

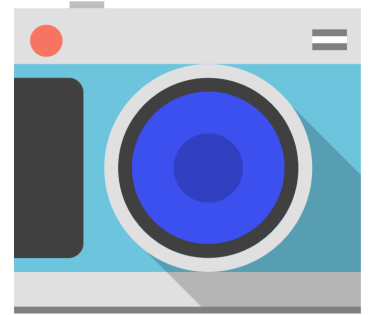
There is a beautiful white gazebo and deck for a spring theme. It also helps that it is close to home!

Botanical Center in Des Moines

It is a wonderful place full of colorful flowers within the center and on the outside as well. While this place is very beautiful it does cost \$6-8 for admission and closes at 5pm.

Amphitheater in Des Moines

A stage overlooking the Des Moines River would be a great place to take pictures with the water and the city in the background.



Why Buy a Yearbook?

by B'Elanna Trulove

When it comes to remembering the best years of your life, what better way to do it than with a yearbook? Having a yearbook is like having memories in your hand. Whether it's memories of graduation, prom, or wacky outfits during Homecoming Week, you'll want to remember these four short years. Senior Megan Schmidt is the editor of the yearbook at Saydel. She explains why she thinks yearbooks are important. "They help you remember your high school experience. We as a staff work very hard on the yearbook, and it's awesome having other people see our work."

Many elements are required in order to make a yearbook what it is. Everyone has his or her own opinions on what the best part of a yearbook is. "My favorite part is that they're put together by students. We understand more about high school because we are actually experiencing it," said Megan. She also explained how much she loves the creativity that goes into yearbooks. "You get to take the pictures and build something from scratch."

John F. Kennedy once said, "We celebrate the past to awaken the future." Yearbooks are a great way to celebrate your past, as you look forward to the future. By buying a yearbook, you're buying a piece of your personal history. Support your staff and your school by ordering a yearbook today.

How do I buy a Yearbook?

How much?	Yearbooks are just \$45
Where?	You can order them online! Go to the Saydel website and find the link underneath the parent tab.
When?	The deadline is <u>May 1st</u> . Order Now!

Renovations!

Out with the old, and in with the new!

by Alyssa Monroe



So you may have heard this little rumor about renovations happening in the high school. Well, guess what, it's true! The renovations are taking place this summer. All these renovations will be surface upgrades, meaning there will be new whiteboards, carpet, new wall colors, new furniture and skylights. This will be happening in the English and history hallway.

Some classrooms are getting renovations because they have no natural light. Research says natural light has a positive affect on students. Also, the new furniture will make the rooms seem more spacious. Mr. Schulte says, "It's time to upgrade," therefore, we have to do it. Since these are surface projects, the changes will be visible when you walk into classrooms.

Many are asking how we are funding this project. The state gives schools money for certain areas, and Saydel has facility funding called PPEL (Physical Plant and Equipment Levy). This whole renovation is part of a master plan that will benefit Saydel students in the upcoming years. You can see all these renovations in the fall when school starts back up. Check out the pictures above for a sneak peak!

