



Woodside Middle School

Big City Opportunities, Small Town Commitment for Students

November 2016 Newsletter

Upcoming Events



Woodside Middle School

- NOVEMBER 14**
School Board Meeting, 6 PM
- NOVEMBER 18**
Quarter 2 Mid-term
- NOVEMBER 23-25**
Thanksgiving Break; No School
- DECEMBER 3**
 - 7th & 8th Grade Winter Dance, 6 PM - 8 PM in Cafeteria
 - PTO Craft & Vendor Fair, 9 AM - 2 PM at Woodside
- DECEMBER 12**
Jazz Band Performance, All Day at Capitol Square
- DECEMBER 15**
Christmas Concert, 7 PM at High School Auditorium
- DECEMBER 22 - JANUARY 2**
Winter Break; No School
- JANUARY 5**
PTO Meeting in Library, 6:30 PM



School Hours

WOODSIDE MIDDLE SCHOOL
7:45 AM - 2:45 PM
Wed.: 8:45 AM - 2:45 PM

NOTE: Each Wednesday school begins one hour later for teacher in-service.

MISSION: Serving the Unique Learning Needs of Each & Every Student

Principal's Message

While this fall has been relatively warm, we all know the cold Iowa winter is quickly approaching. The cold outdoor temperatures will bring the inevitable student colds. We understand that there are circumstances when a child should not attend school. These circumstances include:



Principal Joshua Heyer

- **Fever** - A fever that exceeds 100 degrees. Students should be fever free for 24 hours before returning to school.
- **Contagious disease** - This includes but is not limited to strep throat, chicken pox, and pink eye.
- **Significant illness** - If a student's illness has symptoms of vomiting, diarrhea, wheezing, rash, or aches they should stay home.

If your child is out of school for multiple days due to circumstances outlined above, the school encourages the parents to take your child to a health care provider. Health care providers provide written documentation to school when the absence is deemed excused. School policy states a parent/guardian may excuse a student from school up to five times each semester. Any absences beyond the five days will need documentation from a health care provider. To prevent fever, contagious disease, and significant illness, consider the following:

- **Proper sleep** - Experts suggest students of the age of 10-14 should get 9-11 hours sleep a night.
- **Proper diet** - Encourage your child to make healthy food choices inside and outside of school.
- **Washing of hands** - Students should wash hands regularly to prevent the spread of germs.
- **A proper coughing technique** - Teaching students to cough into their elbow reduces the spread of germs.
- **No sharing rule at school** - Kids have big hearts, but sharing personal items such as lipstick, water bottles, brushes, ear buds, and towels can spread germs.

School should be considered your child's career. It is imperative children attend school as much as possible so we can continue to educate and prepare them for their future. We recognize life happens and students will become sick. With that being said, if your child does not have any of the circumstances outlined above, they are probably okay to attend school. Our nurses would be glad to help determine if your child is healthy enough for school. We look forward to working with you and your child over the next several months. Stay healthy!

Woodside Earns Picnic as PBIS Reward

This year Woodside Middle School students are competing in a school-wide PBIS challenge called Woodside RAGBRAI. Grade level teams are working together to earn PBIS points by demonstrating positive behaviors at school. Grade level PBIS points are tallied and converted to miles traveled. On October 21, all grades made it to Woodside's first RAGBRAI stop, Shenandoah Iowa, resulting in students being able to enjoy a beautiful fall day with a school-wide picnic. Pictured from left: Brooklyn Reese, Katilynn Spicer, Rylie Pardekooper, and Deserayee Townsley.



8th Graders Host Successful Pancake Breakfast



Our 4th Annual Pancake Breakfast for the 8th Grade Trip to Washington, D.C., was another success, and we couldn't have done it without the help of all of the people from our Saydel family, especially the men and women from the Delaware Township Fire Department. We do not know how many people we served, but the 29 students who worked earned over \$161 each for their trip account. We also want to thank all of the businesses that donated food and supplies so that the youth could apply 100% of the profits toward their trip expense. Our gratitude to all of the businesses and homes who allowed us to place our signs in their yards. All of our sponsors make a difference, and we appreciate all you do for us.

Our 4th Annual Trip to Washington, D.C., will take place June 6 -10. If anyone is interested in sponsoring a child or making a general donation to be spread among the student's accounts, contact Doug Cline at Woodside Middle School for more information. All payments go directly to Star Destinations -- our sponsor and tour company for the past four years.

Saydel, don't forget, our annual pancake breakfast will always be the last Saturday of October, from 7 AM - 11 AM at the Delaware Township Fire Department. We will see you next year!



5th Grade Experiences JA BIZTOWN



5th Grade students attended JA Biztown October 27. This program is run by Junior Achievement of Central Iowa and allows students to work in Biztown for a school day. Students learned how to apply for a loan, work together in a business, deposit a paycheck, and use a checking account. This opportunity could not have taken place without the hard work of Mrs. George and Ms. Griffin and many amazing parent volunteers. Thank you for your time and effort. It was a fun learning opportunity for our students!



Woodside Students Learn About Finances During Pennies to Paychecks to Paychecks Presentation

Students at Saydel's Woodside Middle School were treated to a presentation called Pennies to Paychecks.

The event, made possible through the Iowa Insurance Division, is a play performed by two professional actors who engage students through a series of improvisational comedy sketches while teaching about financial literacy.

Taking suggestions from the audience, the actors allow the students to help create the show that they see, forming a unique program with each presentation. In the top photo, Jared Mogen, left, takes suggestions from students in the audience before the presentation began.

In the middle photo, 6th grade student Mason Sutton, right, assists Jared Mogen, left, during one of the comedy sketches

In the bottom photo, Mason Sutton competes with actor Jared Mogen, right. Actor Sascha Streckel, middle, hosted the competition that taught students at Woodside Middle School about financial literacy.

Thank you to the Iowa Insurance Division for making this presentation possible. The students enjoyed it and learned about protecting their finances.



Saydel Community School Food Services

National School Lunch Week 2016



Saydel Community School District recognized National School Lunch Week from October 10th-14th. Events were held in all 3 schools throughout the week. The 2016 NSLW theme was “School Lunch: Show Your Spirit” which challenged students to come together to show just how much school spirit they have for school lunch. This week recognized the importance of a healthy school lunch on a child’s life both inside and outside of the classroom.

Luke Vitiritto and Emily Lowe, both in 8th Grade from Woodside Middle, got to enjoy a day trip to Des Moines Central Library and attended the Super Power Summit workshop that promoted an active lifestyle and choosing healthy food options. A morning snack and lunch were provided and schools that attended had the opportunity to apply for a \$500 sub-grant. Students got to participate in multiple activities that promoted wellness.



Exercise and yoga at the Sculpture Park



Vermicomposting



CPR training

Saydel CSD is seeking parents and staff to serve on the district wellness policy committee. We recognize that healthy students are prepared to learn and succeed in school. The wellness committee will focus on developing and advancing the district wellness policy in order to create a healthier school environment focused on improving health and wellness outcomes for school children and staff. If you or someone you know is interested please contact Jessy Sadler at sadlerjessy@saydel.net for additional information and to indicate your interest in serving on the committee.



Foodservice Office:

Visit www.saydel.k12.ia.us for menus and more information

Email: sadlerjessy@saydel.net

Phone: 515.264.0866

Fax: 515.264.0869

Follow us on Twitter: [@saydeldining](https://twitter.com/saydeldining)

Build a Healthy Lunch



NEWS FROM WOODSIDE PTO

By Julie Jennings, PTO President

The Woodside PTO is sponsoring a Craft and Vendor Fair on Saturday, December 3 from 9 AM to 2 PM. In addition to the many vendors, various student groups will be represented. Three 7th Grade Life Skills classes will be selling items and collecting donations for three charities they have chosen to assist.

The 8th Grade students will be running the concession stand selling, beef burgers, hot dogs and various concession stand items in addition to setting up a bake sale. The money they raise will help pay for their Washington, D.C., trip.

If you are interested in selling your handiwork or know of someone who would like to participate, please refer to the flyer found in this newsletter for details. We are hoping to make this a new winter tradition at Woodside. Please come out and support the vendors, crafters and students on December 3 and make this a successful event!

A big Thank You to everyone who turned in Box Tops for Education – you helped us raise \$154. We will announce the winners of our first drawing in the next newsletter. Remember to continue to turn these in. Our next drawing will be on December 16 for iTunes gift cards. Turn in 25 Box Tops in a Ziploc baggie with your name on it to be entered in this drawing as well as the Grand Prize drawing – a Discovery Flight provide by Exec1 Aviation.

Our next meeting will be January 5 at 6:30 PM in the library. Hope to see you then.

PTO Board Members for 2016-17

Julie Jennings – President
Amanda Stone – Vice President
Connie Tague – Secretary
Melissa Smith – Treasurer
Amanda Kouski – Fundraising Coordinator
Sandy Barton – Box Tops for Education
Linda Ford – Conference Meals

Woodside PE Update

By Travis French, PE Teacher

Physical Education at Woodside Middle School is off to a great start so far this year! We began the year by doing our initial Fitness Combine Unit. The students participated in multiple Health-Related Fitness (cardio, flexibility, muscular strength, and muscular endurance) assessments, with the 7th & 8th grade students also assessing their Skill-Related Fitness (agility, coordination, balance, power, reaction time, and speed). The students will participate in the Fitness Combine two more times this year to track the progress they are experiencing. Ask your student about their performance!

After the Fitness Combine Unit, the PE students moved on to working on various motor skills during the following two units. The month of October has seen the students refining their volleying, throwing and catching skills through multiple activities such as volleyball, ultimate frisbee and flag football. Moving forward, the PE curriculum will continue to focus on motor skills through rhythmic movements and long-handled implements (e.g. hockey sticks, badminton) while constantly working to develop our fitness!



WINTER BREAK CAMP

Eagle's Nest will be open during Winter Break at Cornell! There will be arts, crafts movies, gym and a lot more fun!

The dates Eagle's Nest will be open are
December 22, 23, 26, 27, 28, 29, 30, and
January 2. Hours will be 6:00 AM to 5:30 PM
Fee is \$20 per day/per child.

You will be charged for the days you sign your child up even if they do not attend (unless there is a cancellation due to weather).

This is so the program can be staffed accordingly.

If you have any questions or to get signed up, please contact Christine Bailey at 515-244-8173, extension 3207 or email baileychristine@saydel.net

Woodside 'Welcome Winter' Craft and Vendor Show

Saturday, Dec. 3, 2016

9:00 am to 2:00 pm

Woodside Middle School

5810 NE 14th St.

Des Moines, IA



Begin (or finish!) your
Holiday Shopping Here!!

Crafters, Vendors, and Concessions!

For more information,
or to reserve a space,

(8X10 spaces, \$20) please contact:

Colleen Babcock 515-577-7519 colleenbabcockevents@gmail.com

Saydel Booster Memberships

Thanks to the following businesses and individuals who support the Saydel Athletic Boosters through membership.

BUSINESS PLATINUM EAGLE

Chemorse
Rising Star/All Iowa Stone & Gutter
The Results Group, L.L.C.
Iowa Demolition Inc.
R Rogers Septic LLC
Jason's Lawn & Tree Care
Goode Greenhouses
Teddell Electric

BUSINESS GOLD EAGLE

Heartland Chiropractic & Wellness Ctr.
Capital City Equipment Co.
Iowa State Bank
Affinity Credit Union

BUSINESS GREEN EAGLE

Struthers Brothers Kawasaki-Suzuki, Inc.

BUSINESS SILVER EAGLE

Walker Construction & Painting
John Sandin Painting
Decarlo Demolition Company
Seth Wicks Construction
Schneider Graphics
Xtreme Liners of Central Iowa

INDIVIDUAL GOLD EAGLE

Doug & Lisa Wheeler
Kevin & Kelly Schulte
Roland & Shari Kouski
Randy & Joleen Stephenson
Kevin Farnsley
Doug & Susan Cline
Rollie Madison
Brett Hersom
Ric Powell

INDIVIDUAL SILVER EAGLE

Missy Burr
Joshua & Denna Heyer
Ruth Kouski

INDIVIDUAL GREEN EAGLE

Roland & Shari Kouski
Brian & Diba VanHouten

INDIVIDUAL PLATINUM EAGLE

Corey Myers
Scott Myers
Kelly & Tana Sprague

STAFF DUAL ATHLETIC & MUSIC MEMBERS

Jerry Young
Penny Smith
Cheri Tingley
Caleb Hales
Dia Fenton
Melissa Sensor
Kyle Luttenegger
Julie Rolf



Learning About Dia de los Muertos

The Woodside Middle School 5th and 6th Grade Spanish students read about the special and popular holiday Día de los Muertos and watched touching short films to gain a better understanding of it. They also created calavera (sugar skull) masks before the quarter ended.

Woodside Holds Mock Election



The Woodside Middle School Library hosted an all-school election on November 7 for the students and staff at Woodside. After talking about the privilege and right Americans have to vote, students were given an opportunity to vote for their favorite candidate. Students waited in line to fill in their ballot in an authentic voting booth. Students were also given the opportunity to vote on issues most important to them. The results from the Woodside election were as follows: Clinton 167, Trump 137, Johnson 36, Other 62. The 5th Grade students pictured from left: Cameron Delude, Jordan Nuzum, Bryce Tague, Brodie Figgins, Sophia Ritter, Paige Davis, and McKayla Wood.

Red Ribbon Week at Woodside



One of the themes for Red Ribbon Week at Woodside Middle School was “Say Boo to Drugs” and students were able to wear costumes. Pictured from left: Taylor Kouski, Samantha Way, Emma Van Zandt, Jada Gruhn, Teacher Carolyn McCauley, Payton Ballard, Gwyneth Beltrame, Dorian Packard, and Gavin Godwin.



A door decorating contest for Red Ribbon Week was also held at Woodside Middle School. The winning door, leading into ELP Teacher Carolyn McCauley’s room, was created using the theme “Drugs Will Put You in Grave Danger.” Pictured from left: Kyrah Strickler, Clara Tylavsky, Ella Rivas, Carolyn McCauley, Alyssa Neddermeyer, and Deric Van Houten.

6th Grade Academic Update

By The 6th Grade Team

In 6th Grade Math, we are currently wrapping up Module 1 covering ratios and unit rate. We will be starting Module 2 which we will be covering arithmetic operations, including division of fractions.

In 6th Grade Geography, we are currently working on understanding South America climate and landscapes.

In 6th grade ELA, we are currently working on reading *Esperanza Rising*. The students are discussing how immigrants change when they come to America.

In 6th grade Science, we are currently wrapping up our first unit Digging In. The students have been working on answering the question, How do scientist work together to solve? The students last challenged involved researching what causes erosion as well as methods to control erosion. The students took the knowledge they gained and applied it to the basketball court challenge.

In the picture, students are working in a group to solve the problem of how to control erosion at the proposed basketball court.



Saydel's 3rd Annual Monster Dash Memories

The 3rd Annual Saydel Monster Dash 5K/1 Mile walk/run took place October 22. Runners wore their favorite Halloween costumes, and proceeds went to Cornell PTO, Woodside PTO, and Saydel Eagle Endowment.



Woodside Staff Focus

Highlighting staff members new to Woodside Middle School



Name: Colleen Babcock

Position at Woodside: 5th-8th Vocal Music Teacher

Family: "My husband is Tim and he is an elementary guidance counselor at Whittier Elementary in Indianola. My son Ryan is a sophomore at Indianola and my son Brady is a sixth grader at Melcher-Dallas."

Previous work/College Experience: "I attended UNI for two years and graduated from Iowa State University. I worked for nine years in North Central Missouri and then worked at Melcher-Dallas."

One thing you have enjoyed about working at Woodside: "The staff and students! They have been amazing to work with!"

One thing you did not realize about Saydel before starting this position: "How much I would fall in love with it!"

One thing you want others in the community to know about Woodside: "Our students have an amazing support system in place for them, and we are always striving to meet their needs."

Woodside ROCKS!

The rock band GOODING performed at Woodside Middle School Monday morning thanks to the sponsorship of Iowa Insurance Division and Funding the Future. The band delivered a great performance of original music. In addition, they gave a powerful message on financial literacy and making smart financial decisions in life. Band members are pictured here taking a selfie with Woodside students.



8th Graders Enjoy Poetry Reading Day

Eighth grade students recently created poetry portfolios in Literacy. They demonstrated the narrative arc (beginning, middle, end) of a life event. Choices for poem formats were spoken word, definition, list, free verse, ode, and/or found materials. Chase Stone is pictured here listening to Kaleb Jaschke read from his portfolio.



8th Grade Students Enjoy Transformation Project

The 8th Grade students have been applying their knowledge of transformations to a figure they created. Students had to show how they could translate (slide), reflect (flip) and rotate (turn) a figure on the coordinate plane. The figure had to contain at least 10 points and had to fit inside one of the four quadrants. The students had fun with this project and they all did an amazing job. Mrs. Sandquist hopes to laminate some of the projects and put them out for display in the 8th Grade hallway.



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SAYDEL BOARD OF EDUCATION

Brian Bowman, Board President
Jennifer Van Houten, Vice-President
Melissa Sassman, Board of Director
Henry Wood, Board of Director
Chad Vitiritto, Board of Director
Doug Kayser, Board of Director
Roland Kouski, Jr., Board of Director

Superintendent: Mr. Douglas Wheeler
Board Secretary: Beth Vitiritto



School Board meetings are held at the Saydel District Office on the second Monday of each month at 6PM

EDUCATION FOR
LEADERSHIP;
LEARNING FOR LIFE

Woodside Middle School
5810 NE 14th Street
Des Moines, IA 50313
515-265-3451

We're on the Web:
www.saydel.k12.ia.us

It is the policy of the Saydel Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination.

If you have questions or a grievance related to this policy, please contact the district's **Equity Coordinator, Julie McKibben, Director of Student Services**, 5740 NE 14th Street, Des Moines, IA 50313; mckibbenjulie@saydel.net. Office for Civil Rights, Citigroup Center, 500 W. Madison Street, Suite 1475, Chicago, IL 60661.