

# *The Saydelphic*

Volume 58- Special Issue by Publications Class

Friday, May 27, 2016

Saydel High School

5601 NE 7th Street

Des Moines, Iowa 50313

[www.saydel.k12.ia.us](http://www.saydel.k12.ia.us)



# After Prom

by Emily Harden

**W**hile some people like to pop and lock on the dance floor, a lot of people like hanging out and playing games with their friends at After Prom. Whether it was your first or last prom, a lot of people agree After Prom was a lot more fun. If you were to ask someone what their favorite part of After Prom was, some might say it was the inflatable obstacle course, or the bungee run, while others might say go-go racers or human hungry hippos. There was a lot to choose a favorite from out of everything there.

If you were a junior or senior you had the option of getting a prize. These prizes varied from a 32" TV to a Buffalo Wild Wings Wing Party, to gift cards for different restaurants and stores.



A Saydel student shows victory in a sumo suit.

Q: How was your first After Prom, and what was the best part?

A: "Spectacular, very fun, exciting! The best thing was challenging friends in the games!"

-Freshman Nick Fagen



A group of seniors have fun with the hypnotist.

Q: How was your first After Prom, and what was your favorite part?

A: "Fun! The best thing was the hypnotist!"

-Sophomore Alexah Lewellin

Q: What would have made After Prom more fun?

A: "If it was earlier because I was really tired and more prizes!"

-Junior Alitzel Rodriguez

Q: How do you feel about this being your last After Prom?

A: "It was an experience. I could feel my muscles aching and my knees hurting. I should have been in bed by 8 o'clock."

-Senior Brett Guy



Seniors Betsy Breitbarth and Lesa Wicks hang out at After Prom.

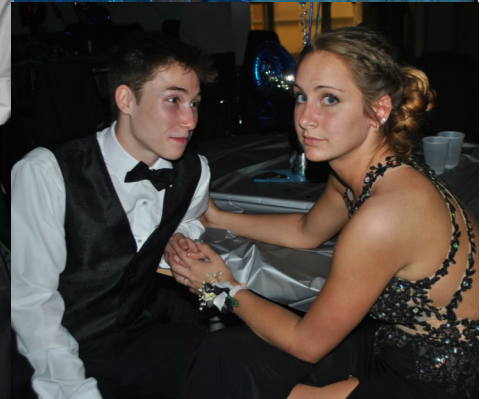
# After Prom

by Emily Harden



# Prom

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# Oh the Places You'll Go!

*Seniors reflect on the past as they plan for the future*

By B'Elanna Trulove



Brett Guy plans to attend Wartburg College and major in business once he graduates. When asked where he thinks he will be in 5 years, he says, "In 5 years I see myself graduated from Wartburg with a business degree in a couple different concentrations. I'll hopefully be started at a job to further my career." His favorite part of high school was the friends, free time, and the fun he had. "College will have some similar experiences but not the same as high school." When Brett was asked what the most exciting thing about the future was he replied, "I'm excited to be off on my own and have a bunch of new experiences but I'm also afraid of the responsibility. I'll miss the ease of high school, but I'm looking forward to college more than fearing it."



Cassie Chubb plans on playing basketball and studying secondary education at Simpson College. When asked about her thoughts on where she sees herself in 5 years, she says, "I see myself teaching high school students and coaching basketball." Cassie's favorite part of high school was playing basketball and beating the school record for number of wins. When asked what she is nervous about for the future, she responds with, "I'm most nervous about not meeting the expectations I have set for myself." She is excited about being independent in the future while living a happy life.



"My plans after high school are to attend the University of Northern Iowa." says Jacob Philipsen when asked what his plans were after graduation. When he was asked where he sees himself in 5 years, he said that he sees himself graduated from college and holding a steady job. He was asked what his favorite part of high school was, and he replied, "My favorite part of high school is playing sports with my friends, no doubt. I will definitely miss having the competitive drive for sports. I will play sports for fun in college, but it will never be the same." Jacob says that the thing that he is the most excited about for the future is studying abroad. "I have always looked forward to it and I would like to do it."



Victoria Trulove plans on going to DMACC for a year after she graduates, then she plans on attending Trevecca Nazarene University. She wants to major in psychology and minor in art therapy. When asked where she would be in 5 years, she replied, "I see myself still working on my schooling in Tennessee, hopefully volunteering somewhere and stabilizing my life." Victoria said the part that she will miss the most about high school is choir. She explained that she made her best and closest connections through choir, and that she grew as a person throughout the program. When asked what she was most excited about for the future, Victoria said, "My biggest fear is not really knowing what is going to happen, the simplest but most prominent fear that settles in everyone. Although I am scared in that sense I am excited for the adventures that are going to occur during my life, and I am excited on starting to become more independent. Even though I am an adult, you don't really learn how to be an adult until you leave home and have to look after yourself."



"After high school I will be attending DMACC for 2 years and then transferring to Iowa State to study environmental science," said Hannah Van Houten when asked what her post-graduation plans were. After being asked where she sees herself in 5 years she replied, "In 5 years I hope to be graduated from college and have a job as a naturalist, preferably somewhere in Iowa. I'd also like to be working towards having my own house and eventually a family of my own." Hannah's favorite part of high school (or Saydel in general) was "how much of a family everyone at Saydel is and how many opportunities Saydel provides." She also loved being involved in multiple sports and activities, and enjoyed the many relationships that were made while being involved in different things. Hannah explained how she will miss things such as Homecoming Week, football games, wrestling tournaments, having Crispitos for lunch, and getting to spend every day with her friends and the people she grew up with. The thing that Hannah is most excited about for the future is, "Moving on to the next step in life, experiencing college and adulthood, and working towards a career and the rest of my life."

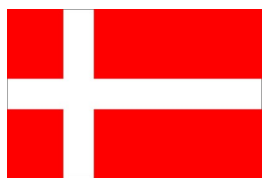
# What are your plans this summer?

by Gracie Bear



**“Skate-boarding and hanging out with Connor Lydic”  
- Matt Gilliam**

**“I’m going to have surgery so I won’t  
be able to do much.” - Taylor Dhabolt**



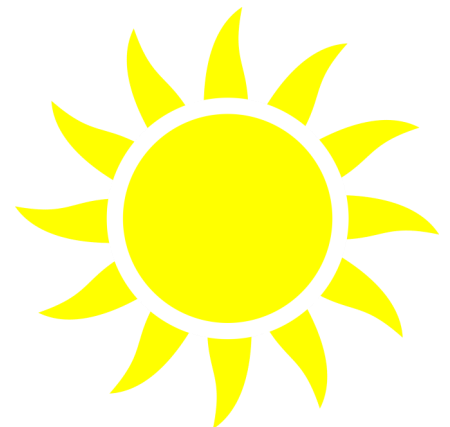
**“I’m going home to Denmark” - Oliver Rosengreen**

**“I plan on getting tan and getting a job so I  
can make money.” – Reilly Aagesen**



**“Baseball and taking naps.” - Devin Porter**

**“Hang out with friends and make as  
many memories as I can before I go off  
to college.” - Makenzie Pyles**



# Play Together, Win Together

## Saydel Softball

by Lexi Carney

Spring is here which means softball is near! The Saydel softball team has already started spring ball and is only a week away from the first school ball game. The team has put in a lot of work, and have played up to 30 games since April. The team practices for two and a half hours every day. "Our practices are long and the girls work hard to improve themselves," said Coach Marty Van Houten.

The practices and games are very time consuming, but it doesn't matter when you're doing something you love. "Time flies by, you'll be playing your last year of school ball before you know it," said senior Jenna Jackson.

The season starts in less than two weeks and they should be very prepared to win some ball games! Coach Marty says, "We all plan to go to state this year and with all the hard work and talent, I think we will get there." The girls will continue to put in hard work during their season.

The Saydel softball team is great; all the girls get along and play like a team. "Attitude and effort are things the girls control," said Coach Marty. Jenna Jackson added, "We all encourage each other. If someone makes an error, the whole team will give her feedback and encourage her to keep playing hard." Everyone makes errors in a game, and the Saydel girls know how to make up for their mistakes. The softball team is in good shape and are ready to play! Come support your wonderful Eagles on the field for their first home game, June 6. They will show you what softball is all about!



Kaylee Polke warms up pitching.



The team is 'breaking down' after practice.



Carissa Boley warms up a pitcher before practice.



# Saydel Senior Art Show

*Kassie Bailey and Kaitlin Conklin reveal their artwork, inspiration, and plans regarding the Senior Art Show.*

by Ana Green



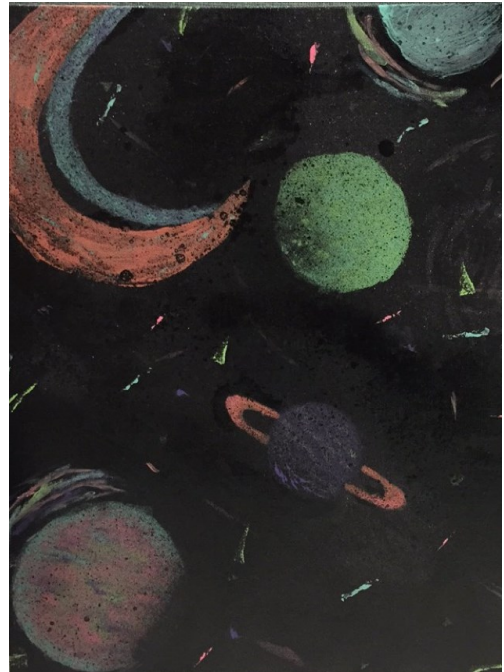
## *Kassie Bailey*

Her inspiration evolved mostly on Pinterest or anything that came to mind gave her ideas. She would like to pursue her art career to become a teacher and give her students new techniques and different ways to look at creating art.



## *Kaitlin Conklin*

Along with Kassie, Kaitlin's inspiration came from Pinterest. While she would be creating her sketch ideas, she would think 'colorful or random designs.' She isn't going to pursue her art career any further than Saydel High School.



# Back to the Old Days!

by Alyssa Monroe

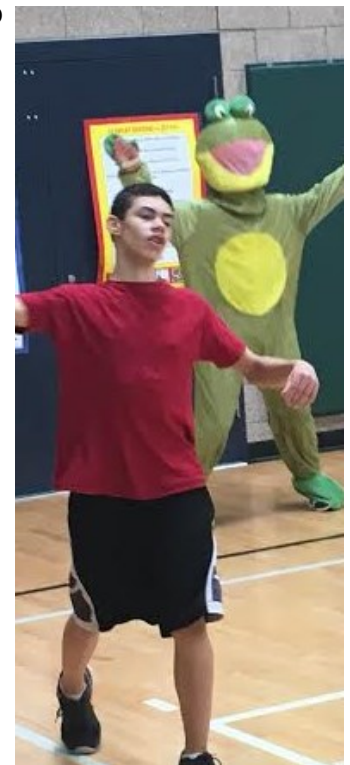
Do you remember the old days back in elementary school playing games in gym and being upset when you didn't win all the games or yelling at someone in frustration? Well, a group of freshmen went back to Cornell to teach the younger kids about sportsmanship and bullying for a Life and Leadership project. After teaching them, we played Pins and People and Four Corners together. These games focused on teamwork and good sportsmanship. Even Principal Mr. Kevin Schulte joined in and showed great sportsmanship; he received an Eagle ticket for showing great teamwork!

While playing these games, we learned that the kids can teach us too. They taught us that it is important to have fun while competing in the games. During the four hours we spent with them, they also taught us some new games. As we played, the focus was on teamwork and supporting your teammates. Also, it is fine if you lose a game, as long as you work together and have fun.

While spending time with the elementary students, we got to know the students better and saw that they were able to put the skills we taught them into practice. Caleb McCoy said the experience was “ fun getting to instill good sportsmanship into the minds of the next generation of Saydel sports. The more we



do



Top: The Life and Leadership class and a first grade class poses for a picture after the lesson and games. Bottom: The life and leadership class gathers for a group shot with the kindergarten class. Right: Mr. Frog (Caleb McCoy) and Dayton Cady play Pins and People.

# What's in your bag?

Learn what's in your classmates' bags!

by Alyssa Monroe

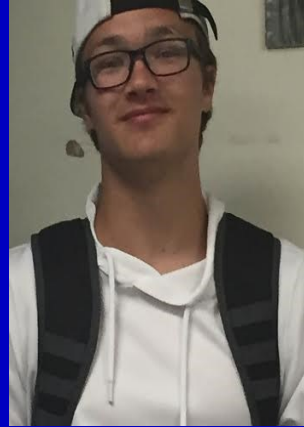
Manfredo Mazariegos: Freshman



Items: laptop, notebooks, shoes, soccer ball, charger, highlighters, pencils, pens and wallet



Devin Walker: Sophomore



Items: laptop, phone, phone charger, hat, homework, water bottle, binder and glasses case



Mikaela Becker: Junior



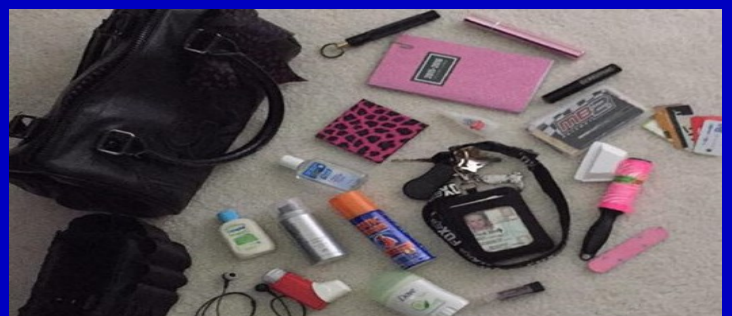
Items: art supplies, perfume, books, laptop, one sock (not hers by the way), wallet, banana phone case, smashed up crackers and spaghetti noodles



Breck Briley: Senior



Items: purse organizer, headphones, inhaler, lotion (female products like lipstick) emergency mascara lint roller, reward cards, key lanyard and mace





## *“All it takes is all you’ve got.”*

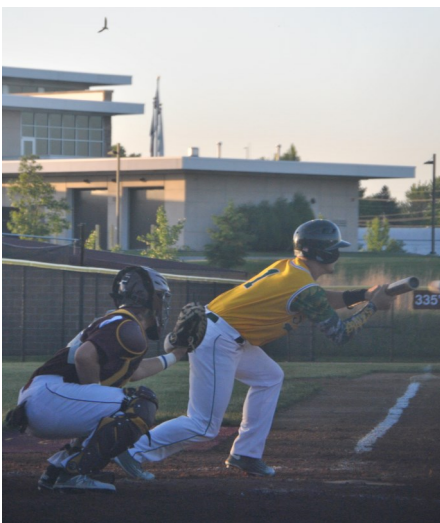
by Nick Hofbauer

What’s something you really like to do? For many boys at Saydel, it’s baseball. Baseball is a very fun sport and is easy to learn and play. The Saydel baseball team has already finished spring league and is ready for the real season. With their first game in a little over a week, they’re working hard to make sure they have a good season.

The coaches of the high school team are J.R.Gebhart and Steve Gebhart. Coach J.R. Gebhart said, “Having a good season isn’t just on the weight of the coaches’ shoulders; players have to work hard to achieve a good season.” The baseball team has practice every day for three hours; you have to be dedicated and ready to play for this sport. Working hard and being dedicated is only half of it, you have to help your teammates out, and never give up.

I asked sophomore Craig Garrison, what makes a baseball team? I also asked how he thinks the season is going to go, he said “I think our season is going to go very well; we have been playing together for a long time and we have very good team chemistry. We also did not have any seniors on the team last year, and we had one of the best seasons for Saydel.”

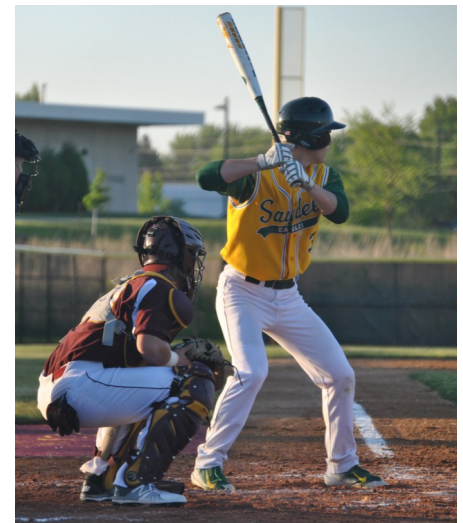
The Eagle’s next game is on Tuesday, May 31, at Norwalk at 7:30pm. You can check out the baseball schedule at <http://www.heartofiowaconference.org>.



Dylan Coffin prepares to lay down a bunt.



Joe Seuferer is in his batting stance ready for a hit.



Rece Martin steps up to the plate for a big hit.

*Photos courtesy of Taylor Newell.*

# Q & A

by Raegan Fitch

If you could vote for a candidate in the upcoming presidential election, who would it be and why?

“Bernie Sanders, because he shares my beliefs and he seems like a nice fellow. I wish he was my grandpa.”

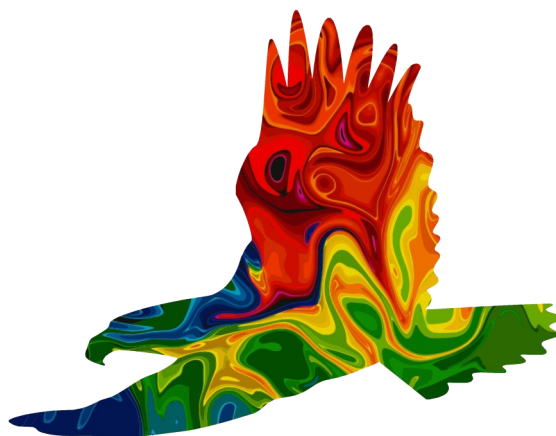


—Gracie Bear

## Who has the best breakfast food?

“Americana.”

—Mr. Kevin Schulte



Would you rather spend money on going to prom or spend the same amount of money with your friends on a fun weekend?

“Friends on a fun weekend, because they’re friends and they’re awesome and they’re people.”

—Manfredo Mazariegos

If you knew your favorite actor/artist was in the car ahead of you, would you give them a fender bender in order to meet them?

“Yeah, Scarlett Johansson. She’s hot.”

—Connor Lydic



# Reality vs. Expectations During Senior Year!!

by Brittany Irlbeck

## Kimberlyn Knutson

Did your senior year go as planned?

“No, it didn’t go as planned because it was lot less stressful than I thought it would have been. It was kind of a chill last semester before going out to the real world.”

Would you want to change anything about senior year? Explain why.

“If I could change anything about senior year, I would change how graduation works. I would let students begin the checkout process sooner rather than giving them barely two and a half days to get everything turned in, fines paid, and the paper signed.”

Do you have any big plans for this upcoming summer?

“My plans for the summer include playing with Rey (her doggy) , possible finding an apartment or mobile home, and working.”

Do you think seniors leave a impact on the younger students?

“Yes, seniors leave an impact on younger classmen. I don’t think it is a huge impact but all classes leave their own mark. “



## Sam Bullock

Did your senior year go as planned?

“Yes it did, my goals for my senior year was to graduate with a 3.85, and figure out my college plans, I completed both of my goals..”

Would you want to change anything about senior year? Explain why.

“Nope, everything happens for a reason so even though there was heartache and bad times this year, ‘God will use them to glorify him.’”

Do you have any big plans for this summer?

“Yes, I am going to spend a week in a giant house on the Lake of the Ozarks with my dad’s side of the family.”

Do you think seniors leave an impact on the younger students?

“Everyone you come in contact with will leave some sort of impression on you whether it is good or bad, big or small.”





## **Breck Briley**

### **Did your senior year go as planned?**

“No, senior year didn’t go as she planned “ in a good way of course.” Breck thought she was going to one college then she changed her mind. “I took advantage of an internship (Peak Agency through the class Work Based Learning Internship) this year, and I couldn’t be happier of the outcome.” In return, I went to Los Angeles in January. Then I was traveling back and forth to Chicago in February. The traveling slowed down once March hit, but man did the auditions never stop going out... I also decided to go out on a limb and participate in Variety Night. I thought since it was my last year, I could show everybody a little bit of what I can do acting wise. An even bigger surprise is that I am auditioning with a peer to give a speech at graduation. Freshman me would be so proud of the person I am becoming.”

### **Would you want to change anything about senior year?**

“Yes, actually, I really wanted to start new traditions. For example, I got everyone on board for making a poster for seniors to hang in the concourse. Surrounding that are green and gold caps that have each seniors’ name. Overall, I wouldn’t change anything about my senior year. I’m just glad I could give out ideas that people appreciated.”

### **Do you have any big plans for this coming up summer?**

“I have “HUGE” plans this summer!! In June I plan on being very family oriented and going camping a lot. Then in July, I will be getting six college credits from a summer program at The New York Conservatory for Dramatic Arts. I will make it back just in time for Iowa State Fair to start, and then I’ll start classes at Drake University.”

### **Do you think seniors leave a impact on the younger students?**

“Oh gosh, yes we do. I don’t think everyone understands how much even kids in elementary look up to seniors... Especially with social media nowadays. I can’t tell you how many times I have run into little girls at the store or just walking into Cornell and they remember me from football cheer when I helped them with Little Eagle Cheer. It’s moments like these that I will cherish for a lifetime.”

# Dodge Cancer

by Connor Lydic

Dodge, duck, dip, dive, dodge, are the 5D's of dodgeball. On Friday, May 13, Saydel had a dodgeball tournament and donated all the proceeds to patients who are ill with all types of cancer. The entry fee was 5 dollars a person with a total of 50 dollars a team, and the teams consisted of 10 people--7 males and 3 females or the other way around whatever the preference. The teams consisted of Saydel students, staff members, alumni, and/or parents.

When asked about why he chose dodgeball for the fundraiser rather than another sport, Ben Holmes had this to say, "Because there is more interest I feel in dodgeball than anything else." I proceeded to ask him how he got the idea for this kind of fundraiser instead of a car wash or something of the sort. He responded with "I picked to do a dodgeball tournament to raise money for cancer patients because I know a lot of students that have or had parents with cancer. So it's to show support for those families and to also have fun with people you normally don't hang with."

The winners of the tournament were the Dodge Fathers and the event raised over 600 dollars.



Senior Ben Holmes catches a ball during the dodge ball tournament.



The team Lights Out (left to right: Mikel Nuzum, Drew Nuzum, Zach Bobenhouse, Colin Van Der Sluis, B'Elanna Trulove, John Seuferer, Gracie Bear, Cash Lee, and Jordan Nuzum) celebrate their second place finish in the tournament.



# S.H.S Poll Responses

by Jessica Guzman

## What's the dorkiest thing you've done?

"I shaved my head." - Alex Condon

"Get in a hug position but the person runs by you." -Oscar Ruiz

"Put bacon and cake in people's May Day baskets because we ran out of popcorn and M&M's." -Anneliese Barton

"Making faces in choir at other members until they notice but usually Mr. Puffett sees me first." -Keely Woods

"On National Doughnut Day, I made a video of my doughnut sitting on a table with the "Universal" theme song playing. Then when the music changed, I popped up from underneath the table with my upper lip tucked. It's on YouTube..." -Breck Briley

## Biggest pet-peeve?

"Chewing with your mouth open." -Cassie Chubb

"When students walk so slow in the halls when I'm trying to go to class ." -Jayda Tolentino

"Quoting movies" -Jacob Bartleman

"Politics"- Keely Woods

"When someone opens a bag of chips upside down." -Lacey Brown

"Hearing people chew." -Breck Briley

"People (and me) being late." -Anneliese Barton

## Most creative excuse you've heard or used?

"My mom said I can't". -Andrea Seals

"My cat" -Cassie Chubb

"I was bleeding out of my ear (so I could study)." -Jayda Tolentino

"I had work." -Andrew Smith

"My dog ate my homework." -Oscar Ruiz

"I was not feeling the best, so I decided to stay home and play video games (courtesy of Matt G.)" -Jacob Bartleman

"I got trapped in my driveway because the city workers were working on the light pole and that's why I was late to school." -Anneliese Barton

# Best Advice you've gotten?

"To keep my head held high and walk by the people who hurt me like nothing happened and to keep my family close." -Andrea Seals

"If you haven't learned not to care what people think in high school, then you probably missed out on one of the most important lessons in your life." -Cassie Chubb

"Be involved." -Keely Woods

"If you fail to prepare, then prepare to fail." -Oscar Ruiz

"Take care of one and one will take care of you." -Breck Briley

"Enjoy the moment." -Anneliese Barton

"Never give up on something even after you've failed multiple times." -Lacey Brown

"If you don't succeed the first time, come back and try again next time." -Jacob Bartleman

"Live in the moment, you will never get it back. You have to let the little things go and keep the things that make you happy." - (Coach Wederquist) Jayda Tolentino

# What would you tell underclassmen?

"No matter what you do in life, give it your all!" -Alexander Condon

"You only get high school once don't rush it." -Cassie Chubb

"Don't be annoying or stupid, but enjoy the high school years; embrace it and don't care what other people think of you. Just be yourself." -Jayda Tolentino

"Give your studies your best effort and don't take anything lightly." -Jacob Bartleman

"Don't screw up 'cause if you do, then you lose." -Oscar Ruiz

"Don't let Daren the Lion down! We went through the D.A.R.E. program for a reason." -Breck Briley

"Don't quit an activity you really enjoy for work or just because you don't get along with anyone else doing the same activity." -Lacey Brown

"Have fun, don't get caught up in useless drama that you won't remember in a few years. Enjoy yourself." -Anneliese Barton

# What quotes do you live by?

"If you get killed, walk it off". -Jackson Jarrell

"Whatever you do in life, give it your all. They never said it would be easy, they said it would be worth it." -Alex Condon

"You have to be odd to be number one. And Lions don't lose sleep over the opinion of sheep." -Cassie Chubb

"Enjoy the little things. Your life is short so live it and don't care what everyone else says." -Jayda Tolentino

"Do or do not, there is no try." -Jacob Bartleman

"Laugh it off." -Keely Woods

"Be the change you wish to see in the world." -Lacey Brown

"Insanity is doing the same thing over and over again and expecting different results." -Andrew Smith

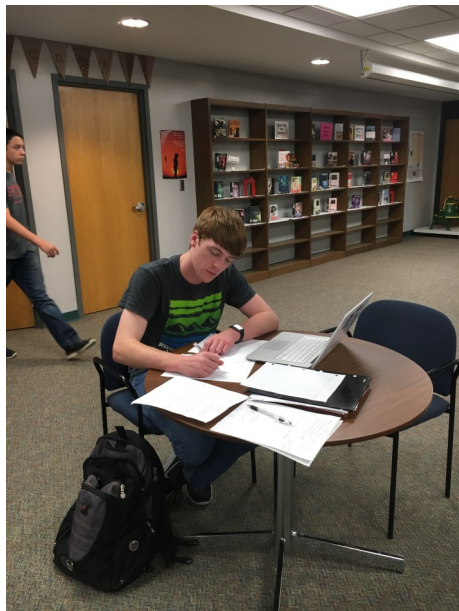
# The Library is More Than Books

by Elsie Moon

Ms. Aileen Meyer has been the head librarian for two years here at Saydel. Her goal is to have more kids come to the library and to enhance Maker Space.

A lot of high school libraries have Makers Space, which is a place where you build fun projects. You could build a house of cards, make straw structures, use snap circuits, or check out robots or GoPro cameras. Not many people come to the library, and if they do, it's not for this reason. "It's not just for study hall, it's not just for reading," Meyer said. She would love students to come enjoy everything the library has to offer!

Ms. Meyer has created many book displays, which have helped double the number of books checked out. Her goal for next year is to have a bigger Maker Space and have more students come in. If you have any books or magazines you would like to see in the library or any other suggestions, contact her at [meyeraileen@saydel.net](mailto:meyeraileen@saydel.net).



Top left: Daniel Way works on a school project.

Bottom left: Larry Yates and Mason Burk use the snap circuits.

Right: The rules of Maker Space.

# Spotlight on Artist Ms. Lindsay Nickol

by Chris Garrett

## How do you start a drawing?

*"When drawing, I start out by lightly sketching the contours of the drawing to make sure my proportions are correct. I also think about what media I want to use, paper, size and what I may be doing with the final picture."*

## What steps do you take to make what you draw look how you want it to?

*"In order to get my picture to the mastered level that I am wanting to achieve, I like to take my time and push the boundaries of highlights and shadows. When drawing, adding higher contrasts of color adds more richness and depth. "*

## How do you figure out what you want to draw? Do you just randomly draw whatever comes to mind?

*"I draw from whatever inspires me. It may be a landscape that I saw on a vacation, my family, pets etc. I like to draw a variety of things to keep building my skills."*

## What kind of art do you like or specifically enjoy creating?

*"My favorite type of art to do is paint. More specifically, I am an abstract expressionist oil painter. I work on large canvases and start my paintings with no plan in mind. Oddly, I work on these the exact opposite way that I start a drawing for myself. Realism vs. Abstract."*



# Senior Advice from Brittany Irlbeck

by Kimberlyn Knutson

You walk into school on your first day of your senior year. You are not sure exactly what to expect, but you figure it can't be too different than the previous three years. You get through the first semester and nothing new happens. Then you get to second semester, you get handed a piece of paper that tells you all of the mandatory dates you have to attend prior to graduation. Looking through the dates, you realize that the first one is next week.

If you had one piece of advice for the juniors preparing for their senior year what would it be?

“Get your homework done on time and ask teachers if you need help with things. Because the teachers love to help their students when they get stuck on things.”

What is the most stressful part of the graduation process?

“Doing the trifold because it has to have a lot of work put into it.”

How do you keep from over stressing?

“ I do sports; it helps me to stay stress free. Like the sports that I did were volleyball, basketball, and track.”

What has been the best part of your senior year?

“ That I am able to spend time with my friends. I will not see them much more after high school.”

What do you wish you had known as a junior to prepare for senior year?

“That senior year is way easier than I thought it would have been.”

