



Cornell Elementary School

Big City Opportunities, Small Town Commitment for Students

January 2016 Newsletter

Upcoming Events

Cornell Elementary

JANUARY 27

Deadline to Sign Up for Eagle's Nest Care on Feb. 8

JANUARY 29

Kindergarten Round-Up Online Pre-Registration Opens

FEBRUARY 5

Pre-school 3-Year-Old & 4-Year-Old Online & Walk-in Pre-Registration Opens

FEBRUARY 8

No School

FEBRUARY 9

Cornell PTO Meeting, 6:30 PM

FEBRUARY 12

Valentine's Day Parties, 2:30 PM

FEBRUARY 16

Kindergarten Round-Up Meeting, 6:30 - 7:30 PM in Cornell Library

FEBRUARY 23 *(correction)*

Kindergarten Concert, 6 PM

School Hours

CORNELL ELEMENTARY

8:35 AM - 3:30 PM

Wed.: 9:45 AM - 3:30 PM

NOTE: Each Wednesday school begins one hour later for teacher in-service.

MISSION: Serving the Unique Learning Needs of Each & Every Student

Principal's Message

It is with great enthusiasm that I connect with you again! Boy have we been busy at Cornell Elementary School. I am so PROUD to be a part of this school and amazing community!

As many of you are aware, our district is unique in the way that we approach teaching and learning. We operate under the TAP system. As a review, the program uses teacher collaboration and mentoring to improve the instructional ability of teachers. It fosters a culture of collaboration and continuous improvement by supporting teacher needs and providing opportunities for each teacher to succeed and then rewarding that success. Through this approach, teachers can excel in their profession, and students benefit.

Recently our staff at Cornell learned that we earned the rating of a "3" on a five point scale by NIET. This rating tells us that we are doing a rock solid job of teaching the amazing students here at Cornell. Just as important, it is an indication that our students are learning and growing.

The work that our teachers put in on a daily basis to help our students grow and learn both academically and socially doesn't happen overnight. There is a great deal of dedication that goes into preparing for each and every day on this job.

In sports they talk about the analogy of "keeping the eye on the prize" as you work toward becoming champions. For us in education that prize is continued student achievement. Much like the world of sports there is a ton of work that goes into becoming champions (both during the season and the off-season).

So far this year our teachers have been engaged in:

1. Learning how to present lessons to students so they understand not only "why" of the work, but "how" they will meet their learning standards.
2. Working on multiple ways to check for student understanding of new learning, including "Quick Checks" and "Written Checks" to collect evidence from student work to make decisions about their own teaching.
3. Creating common formative assessments in math and literacy so teachers ensure all students in each grade level are being asked to perform at the same level and pace throughout the year.
4. Use of student data to focus on class, small group and individual needs of students so we are able to support the academic growth of each student.

We are proud of the work we are doing, and we are proud of our students! Our staff and students earned a much-needed holiday break, and we are excited to continue our championship quest in 2016!

Go Eagles! ~ BE AWESOME TODAY!



Principal Brian Vaughan

Winter Is A Great Time To Read!

By Aileen Meyer, District Librarian

Greetings from Cornell Library! At Cornell, the students have library class every other week. During class time, we have been sharing seasonal stories as well as award winning literature.

We have also been working on library skills such as care of books, library citizenship, and organization using the Dewey Decimal system. Students should be able to search for resources at the public library by using the skills that they learned in school. We will be focusing on genres of literature and award winning authors during the next few months.

Our students are encouraged to check out books during the week that they do not have class.

Winter is a great time to curl up with a good book. Share the gift of reading by encouraging your children to check out books and share the stories together by reading to each other.



Jeanette Plascencia displays a popular book in the Cornell Library.

New Year Is A Busy Time for Kindergarteners

By The Kindergarten Team

We all are very excited to be back and to keep moving along with our learning! This time of year is when students seem to grow the most, both academically and physically. We will be spending a significant amount of time, especially these first few weeks back, on reviewing classroom and school-wide expectations and practicing going through our different routines.

In Math, we are currently working on finishing up patterns and then will be moving into how to measure items and compare which is greater than, less than, or if they are equal to. In Literacy, we are going to be working on asking questions and what question words mean, the difference between informational and literature text, as well as adventures.

As always, we are hear to answer any questions, comments, or concerns you may have. We hope you had a great holiday season and appreciate all that you do!



THANK YOU

 **Brown's SHOE FIT CO.**

Making Your Feet Happy

Your partnership with Saydel Community School District to provide shoes for some of our students is much appreciated!

Fitness Fun In P.E.

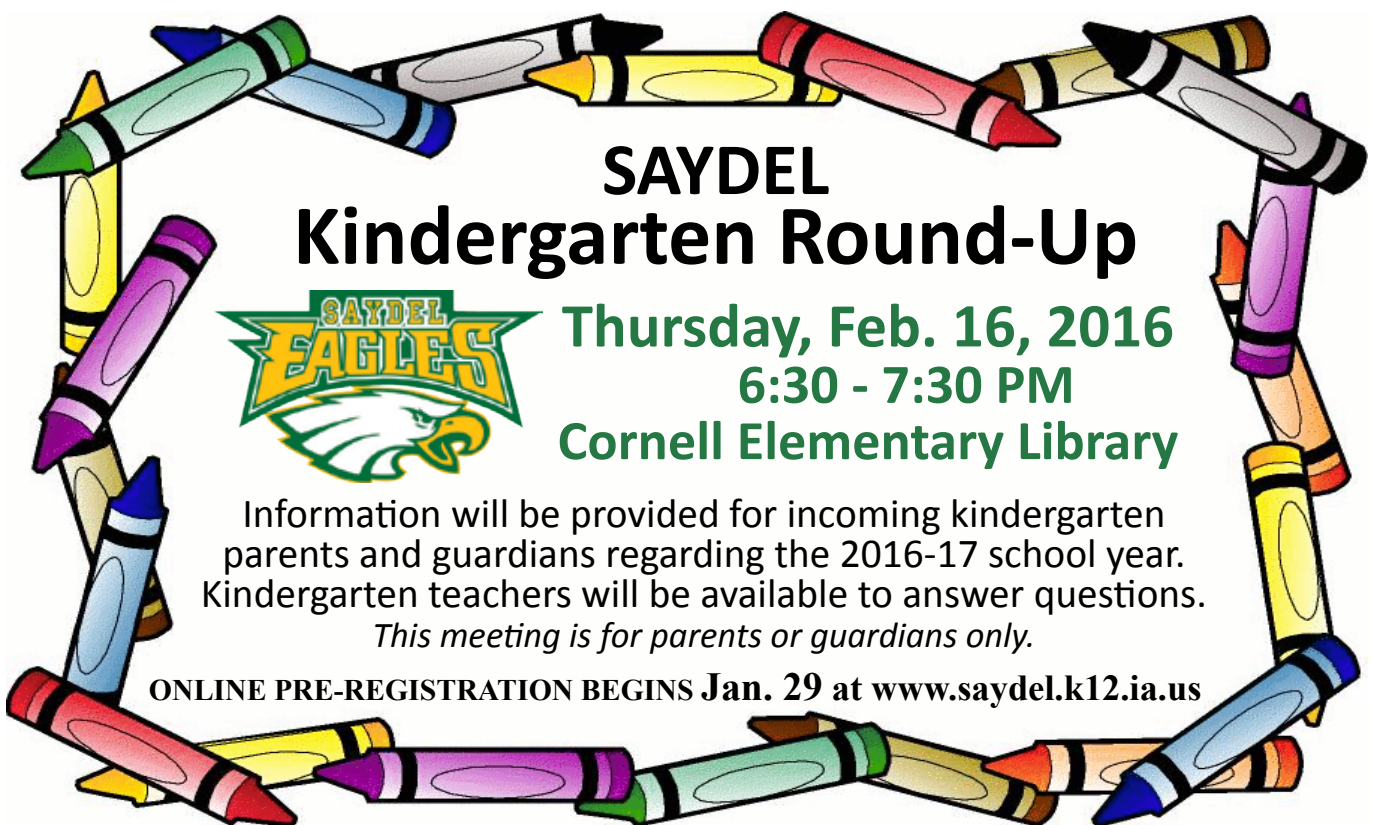
By Melissa Cogdill, PE Teacher

Kindergarten, first, and second grade students have been working hard on spatial awareness and loco motor movements such as skipping, running, galloping, and jumping! We have been doing festive stations such as snow man building with equipment, snowball throwing, and scooting around on scooters. Ask your child why movement is important and how does it help their health! Strive for 30-60 minutes daily of physical activity. The students continue to amaze me with their overall participation and joy for movement in my class!




Third and fourth grade students have been participating in tinikling. Tinikling is a traditional Philippine dance, which originated during the Spanish colonial era. The dance involves two people beating, tapping, and sliding bamboo poles on the ground and against each other in coordination with one or more dancers who step over and in between the poles in a dance. They are doing a great job cooperating with one another!





SAYDEL Kindergarten Round-Up

 **Thursday, Feb. 16, 2016**
6:30 - 7:30 PM
Cornell Elementary Library

Information will be provided for incoming kindergarten parents and guardians regarding the 2016-17 school year. Kindergarten teachers will be available to answer questions.
This meeting is for parents or guardians only.

ONLINE PRE-REGISTRATION BEGINS Jan. 29 at www.saydel.k12.ia.us

It is the policy of the Saydel Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact the district's Equity Coordinator, Julie McKibben, Director of Student Services, 5740 NE 14th Street, Des Moines, IA 50313; mckibbenjulie@saydel.net. Office for Civil Rights, Citigroup Center, 500 W. Madison Street, Suite 1475, Chicago, IL 60661.

SAYDEL COMMUNITY SCHOOL DISTRICT



Nurse's Notes

The flu season is still here. Please remember to keep your student at home if they are sick.

Your child must be fever free for 24 hours, without the use of medication, before returning to school. Good handwashing is the best way to prevent the spread of germs.

All medications, (including cough drops and over-the-counter pain relief), must have a signed permission slip in the nurse's office before they will be administered at school. Medication permission slips are available in the office and on the Cornell website.

Fresh air is important for everyone. Please remember to dress your student appropriately for cold weather as we do go outside for recess unless the temperature/wind chill is below 0.

If your student's health status has changed from the beginning of the year, please notify the nurse's office at Cornell.

News from Cornell PTO

By Amanda Stone, PTO Vice-President

Welcome back from break! At our first meeting of 2016, we had a special presentation from Mrs. McCauley and four of her 4th grade ELP students – very fun! You never know what you'll see at one of our meetings, so please mark your calendars for Tuesday, February 9 6:30 PM for our next meeting!

Our various community night fundraisers have been successful; you helped us make approximately \$500 from Smokey D's, \$83 from Buffalo Wild Wings and we are waiting to find out how Chuck E. Cheese and Wendy's nights went! These monies get deposited into our general fund and are used throughout the year to pay for items such as t-shirts that every student received and the craft and juice boxes that your students enjoyed on Mini-Sessions day! We also used these funds to purchase gift cards for all the teachers along with a poinsettia plant to help brighten their holidays. The teachers use the gift cards to offset some of their out-of-pocket expenses for classroom items. Keep your eyes open for information about a new Box Tops Challenge coming in February. You should also be hearing from your Homeroom Parents in the next couple weeks about the upcoming Valentine's Parties on February 12. Thank you so much for your continued support!

Third Grade Jumps Into New Year With New Learning

By The Third Grade Team

Third grade has jumped right back into the new year with new learning. In reading the kids have been reading books about some innovative people like the Wright Brothers, Alexander Graham Bell, and Thomas Edison. While reading about these fascinating people they have been working on asking and answering questions. The third graders will end this unit by doing some research on notable people and then turning that into a project that they will share with their classmates.

In math the third graders are working on discovering the concepts of perimeter and area. They are using their measurement skills to help them find the perimeter of 2-dimensional shapes. They will also learn about the concept of finding the area of 2-dimensional shapes. The last thing they will learn about in this unit is different kinds of angles.

In science the students are learning about the relationship between forces and motion. We have been discovering forces and motions around the school. We also read a book about some silly sheep in a jeep. They learned the hard way about force and motion. We will get to do some experiments with our own jeeps and animals to see what we can discover about force and motion.

The new year is off to a great start! The third grade teachers are looking forward to the kids showing us all they know on the Children's progress tests in January. The information about how they did will be coming home soon. The kids will also be doing their mid-year FAST test soon. Reading out loud at home every night is a great way to help get the kids ready for this test.

The third grade team appreciates all your help in making sure that the kids get the most out of their school experience. Together we can do great things!

Happy New Year!

**EDUCATION FOR LEADERSHIP;
LEARNING FOR LIFE**

We're on the Web:
www.saydel.k12.ia.us

Eagle's Nest Will Be Open Feb. 8

There is no school on February 8. Eagle's Nest will be open that day from 6 am until 5:30 pm at Cornell Elementary. Cost will be \$20 per student. There will be arts, crafts, karaoke, and lots of fun! Lunch will be provided. If you are interested, please sign up your child at Cornell's Eagle's Nest before January 27 or contact Christine Bailey at 515-244-8173, extension 3207.

School Emergency Closing Information

2015-2016 School Year

Emergency Closing Notes:

- ✓ For AM Delays, Eagles Nest delays from its original start time
- ✓ For PM early release, Eagles Nest will be open one hour after school dismisses
- ✓ If there is a delay, AM preschool will be cancelled
- ✓ Check the school website for information on practices and events for your child

1-Hour Delay Start Times

- ⇒ Cornell - 9:35
- ⇒ Woodside - 8:45
- ⇒ HS - 8:45
- ⇒ Eagles Nest - 7:00

2-Hour Delay Start Times

- ⇒ Cornell - 10:35
- ⇒ Woodside - 9:45
- ⇒ HS - 9:45
- ⇒ Eagles Nest - 8:00

Automatic e-mail / text alerts available from:

www.kcci.com
www.who-tv.com
www.woi-tv.com

Emergency closing information will be communicated through the following:

1. School Messenger (voice & e-mail) by 6:00 the day of a closing
2. District Website
3. www.facebook.com/saydelcsd
4. www.twitter.com/saydelcsd

We Notify the Following Television, Radio and Internet News Stations for Emergency Announcements:

WHO Channel 13
KCCI Channel 8
KDSM Fox 17
KCWI Channel 23.1
WOI Channel 5
Kiss 107.5
WHO 1040 Radio
The Bus 100.3
Alt 106.3
KXNO 1460
13Now Smartphone App
The Des Moines Register

Please note: While these sites allow us to communicate delays and cancellations, we are not able to provide details through these services. The most detailed information regarding how delays and cancellations affect events, practices, meetings etc. can be found on our website and school messenger broadcasts

What Is a Reimbursable Meal?

A reimbursable meal is a federal formula in which helps each district determine whether they receive a monetary reimbursement from the Federal Government for each meal given to students. This does not include adult meals or a second full meal for a student. In order to get that reimbursement, the USDA guidelines and the “Offer versus Serve” program must be followed. The lunch and breakfast programs are a little different, so let’s just start with lunch:

Lunch:

At lunch, we are required to “offer” students five components with each meal. Students are required to take three of those five components in order for us to count it as a “reimbursable meal”. Students are also required to take a serving of a fruit *or* vegetable for us to count it as a reimbursable meal.

The components offered are:

- Milk (must be skim or 1% for flavored milk)
- Meat/meat alternate (meat, cheese, cottage cheese, yogurt, beans/legumes)
- Bread/grains (All Grains served must be “whole grain rich” including breading, cookies, cereal, pretzels, etc.)
- Fruit /vegetables (There is a requirement for certain subcategories of vegetables according to their color and nutritional content.)



There are different requirements for different age groups for certain components. For example, at the High School level, we need to offer 10-12 bread/grain servings each week. At the Middle School we need to offer 8- 10 bread/grain servings each week. At the Elementary level, we are required to offer 8-9 servings of bread/grain items each week.

Meal Pattern	Breakfast Meal Pattern			Lunch Meal Pattern		
	Grades K-5 ^a	Grades 6-8 ^a	Grades 9-12 ^a	Grades K-5	Grades 6-8	Grades 9-12
	Amount of Food ^b Per Week (Minimum Per Day)					
Fruits (cups) ^{c,d}	5 (1) ^e	5 (1) ^e	5 (1) ^e	2½ (½)	2½ (½)	5 (1)
Vegetables (cups) ^{c,d}	0	0	0	¾ (¼)	¾ (¼)	5 (1)
Dark green ^f	0	0	0	½	½	½
Red/Orange ^f	0	0	0	¾	¾	1¼
Beans/Peas (Legumes) ^f	0	0	0	½	½	½
Starchy ^f	0	0	0	½	½	½
Other ^{f,g}	0	0	0	½	½	¾
Additional Veg to Reach Total ^h	0	0	0	1	1	1½
Grains (oz eq) ⁱ	7-10 (1) ^j	8-10 (1) ^j	9-10 (1) ^j	8-9 (1)	8-10 (1)	10-12 (2)
Meats/Meat Alternates (oz eq)	0 ^k	0 ^k	0 ^k	8-10 (1)	9-10 (1)	10-12 (2)
Fluid milk (cups) ^l	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)

What Is a Reimbursable Meal? *Cont.*

Example 1 of a Reimbursable Lunch: The main item is WG spaghetti and with meat sauce. We put the pasta and meat sauce on the student's tray. Because it contains a bread/grain component and the meat component, the student then only needs to take a serving of a fruit or vegetable to meet the minimum requirement for a reimbursable meal. They also can take a carton of milk or other item offered as part of the regular lunch, such as one breadstick, and not be charged.

Example 2 of a Reimbursable Lunch: The main item is chili. The chili counts as the meat/meat alternate item. Students would have to take 2 more components for us to count that as a reimbursable meal. They could choose from an 8 oz. carton of milk, a serving of fruit, a serving of vegetables, or a serving of a bread/grain item. Again, one of the three components on their tray has to be a serving of a fruit or vegetable.

Breakfast:

At breakfast, we are required to offer four components:

- 1-2 ounce equivalent servings of bread/grain
- ½ cup serving of fruit
- ½ cup serving of 100% juice
- Milk

Students are required to take a serving of a fruit to be counted as a reimbursable meal.



Offer vs. serve at breakfast requires students to take 3 of the 4 components. At minimum, we can count a breakfast as reimbursable if a student takes either milk or one 4 oz. juice serving with a combination of the bread/grain and meat components. Without being charged for an extra item, students can take a carton of milk, 4 oz. juice/fruit and a combination of the bread/grain and meat components.

Example 1 of a Reimbursable Breakfast:

Whole Grain Pancakes, ½ cup fruit, and a carton of milk

Example 2 of a Reimbursable Breakfast:

Cereal (1oz container), 1 piece of toast or 1 package of graham crackers, 1 carton of milk, and ½ cup of fruit.

All of our kitchen staff are trained to ensure that each tray holds a reimbursable meal!

Foodservice Office:

Visit www.saydel.k12.ia.us for menus and more information

Email: sadlerjessy@saydel.net

Phone: 515.264.0866

Fax: 515.264.0869

Follow us on Twitter: @saydeldining

Build a Healthy Lunch



Cornell Students Learn About Friendship in Guidance Class

By Courtney Anderson, Guidance Counselor

The Guidance class focus in December continued to be on friendship. Some classes also started talking about bullying. The third and fourth graders worked a lot on conflict resolution skills and now know eight different strategies that can be helpful to use in a conflict. The second grade students talked about how to be good friends at recess. Kindergarten and first grade students focused on how to be buddies instead of being bullies. Before the holidays, we performed random acts of kindness. The second through fourth graders made cards for people around the building to thank them for what they do for us. The cards that the students made really brightened people's day! In January, we are working on self-esteem and accepting others.

The Holidays Were Fun at Cornell

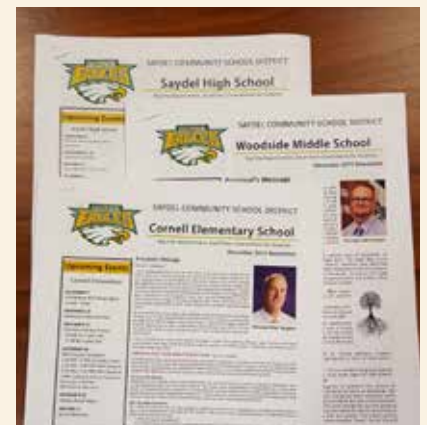


Staff at Cornell showed their holiday spirit by wearing Christmas sweaters.

Subscribe to All of Saydel's Newsletters

Thanks for reading the Cornell newsletter.

If you would like to receive the monthly newsletters that feature what is happening at Woodside Middle School & Saydel High School, you can subscribe by emailing newsletter@saydel.net.



SAYDEL BOARD OF EDUCATION

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Board Secretary: Beth Vitiritto



School Board meetings are held at the Saydel District Office on the second Monday of each month at 6 pm

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LEARNING FOR LIFE

Cornell Elementary School
5817 NE 3rd Street
Des Moines, IA 50313
515-244-8173 FAX 244-0084

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If you have questions or a grievance related to this policy, please contact the district's **Equity Coordinator, Julie McKibben, Director of Student Services**, 5740 NE 14th Street, Des Moines, IA 50313; mckibbenjulie@saydel.net. Office for Civil Rights, Citigroup Center, 500 W. Madison Street, Suite 1475, Chicago, IL 60661.