

SAYDEL COMMUNITY SCHOOL DISTRICT

PHYSICAL EDUCATION

Students in grades K through twelve will be required to participate in physical education courses unless the Principal of their attendance center excuses them.

- Students may be excused from physical education courses if the student presents a written statement from a doctor stating that such activities could be injurious to the health of the student.
- Students in grades nine through twelve may be excused from physical education courses with Principal approval if carrying a full academic load that creates schedule conflicts that do not allow scheduling of PE, including but not limited to enrollment in a cooperative work study/internship, or other program authorized by the school as part of a student's college/career plan. Requests must be made in writing to the Principal prior to the start of the semester in consideration and will be considered on a semester by semester basis.
- A student will not be required to participate in a physical education program if the student's parent or guardian files a written statement with the school principal that the course conflicts with a student's religious beliefs.
- Physically able students in grades K through twelve will engage in physical activity for a minimum of 120 minutes per week.
- Students in grades nine through twelve may meet part or all of physical activity requirement through a waiver or a contract. (See 603.6E1)

Legal Reference: Iowa Code § 256.11 (2013).
281 I.A.C. 12.5.

Approved: April 21, 1997

Reviewed: January 2017

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