

SAYDEL COMMUNITY SCHOOL DISTRICT

HEALTH EDUCATION

Students in grade levels one through twelve will receive, as part of their health education, instruction about personal health; food and nutrition; environmental health; safety and survival skills; consumer health; family life; human growth and development; substance abuse and non-use; human sexuality; self-esteem; stress management; interpersonal relationships; emotional and social health; health resources; prevention and control of disease; communicable diseases, including sexually transmitted diseases and acquired immune deficiency syndrome; and current health issues. The purpose of the health education program is to help each student protect, improve and maintain physical, emotional and social well-being.

The areas stated above will be included in health education and the instruction will be adapted at each grade level to aid understanding by the students.

Parents who object to health education instruction in human growth and development and/or human sexuality may file a written request that the student be excused from instruction. The written request will include a proposed alternate activity or study acceptable to the Superintendent. The Superintendent will have the final authority to determine the alternate activity or study.

Legal Reference: Iowa Code §§ 256.11; 279.8; 280.3-.14 (2013).
281 I.A.C. 12.5.

Approved: April 21, 1997

Reviewed: December 2016

Revised: January 2017